

THE GREAT DISCOVERY WORKSHEET :

86 THE 7 HABITS OF HIGHLY EFFECTIVE TEENS

Start here!

1 Think of a person who made a positive difference in your life. What qualities does that person have that you would like to develop?

2 Imagine 20 years from now—you are surrounded by the most important people in your life. Who are they and what are you doing?

3 If a steel beam (6 inches wide) were placed across two skyscrapers, for what would you be willing to cross? A thousand dollars? A million? Your pet? Your brother? Fame? Think carefully...

87 HABIT 3: BEGIN WITH THE END IN MIND

6 Describe a time when you were deeply inspired.


5 List 10 things you love to do. In could be singing, dancing, looking at magazines, drawing, reading, daydreaming—anything you absolutely love to do!

4 If you could spend one day in a great library studying anything you wanted, what would you study?


THE GREAT DISCOVERY WORKSHEET (continued):

88 THE 7 WANTS OF HIGHEST EFFECTIVE ITEMS


7 Five years from now your local paper does a story about you and they want to interview three people – a parent, a brother or sister, and a friend. What would you want them to say about you?



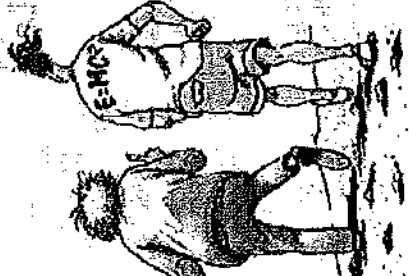
8 Think of something that represents you – a rose, a song, an animal – Why does it represent you?



89 MUST DISCOVER WITH THE END IN MIND



9 If you could spend an hour with any person who ever lived, who would that be? Why that person? What would you ask?



Good with numbers
Good with words
Creative thinking
Athletics
Making things happen
Sensing needs
Mechanical
Artistic
Working well with people
Memorizing things
Decision making
Building things
Accepting others
Predicting what will happen

Speaking
Writing
Dancing
Listening
Singing
Humorous
Sharing
Music
Trivia

10 Everyone has one or more talents. Which of the ones above are you good at? Or write down ones not listed.

ALMOST THERE!



SAMPLE MISSION STATEMENTS :

Mission Statement #1

Religion
Education
Succeeding
Productive
Exercise
Caring
Truthful

■ Steven Strong

Mission Statement #2

Have confidence in yourself and everyone around you.
Be kind, courteous and respectful to all people.
Set reachable goals.
Never lose sight of these goals.
Never take the simple things in life for granted.
Appreciate other people's differences and see these differences as advantages.
Ask questions.
Remember, before you can change others, you must first change yourself.
Speak with your actions, not with your words.
Make time to help those less fortunate or those having a bad day.

■ Adam Sosne

Mission Statement #3

Nothing Less.

■ Katie Hall

Mission Statement #4

I will live by my own policies.
I will sleep with a clear conscience.
I will sleep in peace.

■ Mary Beth Sylvester

Mission Statement #5

CARE — About the world
About life
About people
About myself

LOVE — Myself
My family
My world
Knowledge
Learning
Life

FIGHT — For my beliefs
For my passions
To accomplish
To do good
To be true to myself Against apathy

ROCK — The boat
Don't let the boat rock me
Be a rock

■ Whitney Noziska