

Opening:

What is the difference between hearing and listening?

The students will answer that question in their bellringer journal.

Mini-Lesson

We will start the class by playing 2 or 3 rounds of the telephone game.

<https://www.youtube.com/watch?v=-4EDhdAHrOg&feature=youtu.be>

https://www.youtube.com/watch?v=W_xLGlw3X2o&feature=youtu.be

We will review what we learned in IBT last year about active listening. How is listening different than hearing? When do we hear but not listen? When someone is venting do you offer advice? When someone is talking are you thinking about what you want to say? We need to learn to live in the moment and really listen. How can you tell if someone is listening to you? What does their body language look like.

What do you think are obstacles preventing you from REALLY listening?

- Active listening is being non-judgmental, with the emphasis on *listening* and not solving the issue or problem. It is being attentive and respectful to the person talking. It involves listening closely, paraphrasing back to the speaker what you hear, clarifying what you think you hear, etc. Active listening is not planning your response to what the person is saying. It is not day dreaming while they are talking. It is not solving their problems or giving advice.

application

We will go outside on the benches in front of the school for this activity.

You will get into partners. You will have a conversation with your partner about yourself, how your year is going, etc. This conversation must be at least 15 minutes long. You CANNOT have your phone or check your phone. you CANNOT talk to anyone else while talking to your partner, you can not do other things while talking to your partner.

You may not sit in silence. You have to ask each other questions, discuss a controversial issue, etc. (provide a list for students of conversation starters)

When we return back in, you will write a one page reflection of what happened.

First half of paper needs to be about your partner. What do you recall of what they told you. What do you think about your partner and their ideas, what kind of communicator were they? were they hard or easy to talk to? hard or easy to hear? etc.

The 2nd half of the paper will be what kind of listener were they? did you feel that you were being listened to and appreciated? What did they do that showed you that they were listening or that they were not listening?