

## **Bold Statement Speech**

*In our class, we discussed several issues/ topics related to health and physical activity in Aotearoa/ New Zealand. In addition, we have described many social issues related to our communities. This assignment requires you to choose a topic of your liking (it can be anything related to health or physical activity) and make a 'Bold Statement' speech. A 'Bold Statement' is something you strongly believe (e.g., 'Our town council should provide mental health counselling for residents who need it' or 'Sexuality Education should not be taught in schools'). In your speech, you must develop an argument and justify it using empirical evidence. To do so, your argument must be lucid, well-researched, and articulated with care.*

### **Overview**

You will develop a 'Bold Statement' that blends storytelling, research, and a speech to convince your classmates of a key idea or a perspective. In your speech, you must make a 'Bold Statement', or a statement that you truly believe will lead to improving our community. In so doing, you need to draw on research that outlines an 'issue' in our society. Then you need to propose a 'Bold Statement' that could help to alleviate the issue within the community. Your idea needs to be substantiated using appropriate research. Lastly, you need to convince your classmates on how this concept can help us think innovatively about that youth health issue in either education or culture. After your 5 minute speech, your classmates will have 10 minutes to ask you specific questions. In so doing, you must be prepared to answer any questions that come your way.

### **Requirements:**

- The speech must be 5 minutes in duration.
- Cannot include powerpoints. Must be completely done without additional props.
- Clearly define the 'social issue' in our society that you are looking to improve.
- Offer your classmates a 'Bold Statement' or an idea that you believe will help improve the issue you previously outlined.
- The talk must be backed up with research and appropriate citations (must be referred to during presentation).
- The talk must be memorised.
- The talk should be delivered in an engaging manner that inspires curiosity and passion.

### **What needs to be submitted:**

- Each student must submit the transcript of their Bold Statement to Canvas.