

# Coming to Eden Valley-Watkins High School:

## Coach Kula

EDEN VALLEY-WATKINS SPEED CAMP FOR STUDENTS IN GRADES 7-12

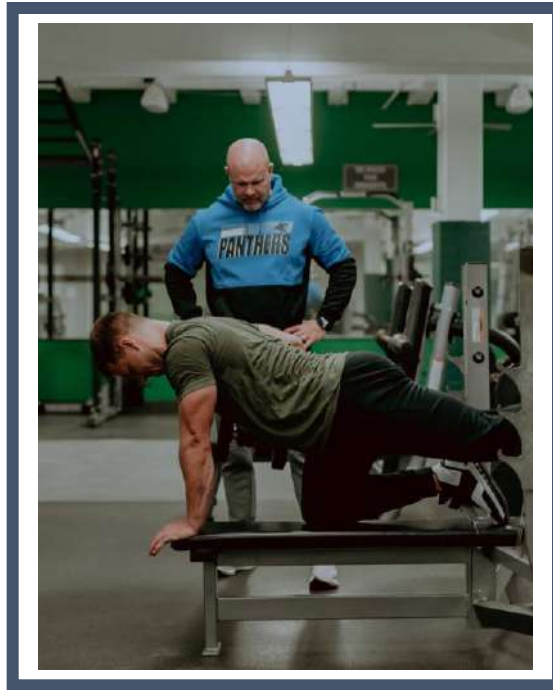
DATES:  
June 30<sup>th</sup> & July 1<sup>st</sup>

TIME:  
7:30-9:00 AM

LOCATION:  
EV-W JP Gym

FEE:  
FREE if participating in the EVW Summer Workout Program.

If not participating in the Summer Workout Program, the fee is \$20.00 per participant.



- Coach Kula's career involves working with thousands of athletes as a track and field, sports performance and football coach.
- Kula has 24 years experience in the athletic development of athletes at all levels from youth to professional.
- He has coached multiple National Champions, All-Americans, Gatorade Players of the Year and State Champions in a variety of sports.
- He directed all facets of strength, speed, agility, conditioning, testing, recovery and nutrition. Kula has been a presenter at coaching clinics for speed development and training programs in a number of states and consulted for various programs around the country.
- Website: <https://www.kulasp.com>
- He currently trains many elite athletes including Carolina Panthers star **Christian McCaffrey** (pictured above).
- He has been certified as a Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association (NSCA).

Please fill out this form ONLY if you want to participate in the Speed Camp and are NOT participating in the EVW Summer Workout Program. Also please include the \$20 registration fee (Checks payable to ISD #463).

Athlete Name \_\_\_\_\_ Athlete Date of Birth \_\_\_\_\_ Grade (for 2021/2022) \_\_\_\_\_

Address \_\_\_\_\_

Athlete Email \_\_\_\_\_ Parent Email \_\_\_\_\_

Athlete Phone \_\_\_\_\_ Parent Phone \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_