NJAHPERD Convention 2016 "OPEN the Possibilities"

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Register for OPEN

- Step 1: Visit www.OPENPhysEd.org
- Step 2: Click "Login For Free"
- Step 3: Register by entering a username, email, & password
- Step 4: Login using new username & PW
- Step 5: Go to "Curriculum Resources" to view and access the OPEN content





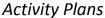






OPEN is a *high-quality* curriculum resource aligned to the SHAPE America Standards and Outcomes. OPEN is free and documents are *customizable* in MS Word or PDF formats.

OPEN Modules Include:





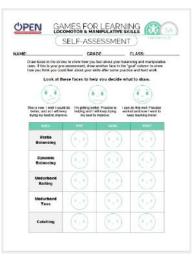
OPEN is more than just games...The back page of each activity has progressions, modifications, DOK questions, teaching strategies (Marzano), AND MUCH MORE!



Station Cards



Academic Language Cards



Assessment Options



Reflection Guide



SPEN is a public service of USGames



Every child deserves as effective physical education program Every teacher deserves quality physical education curriculum

Please visit www.usgames.com for all of your equipment needs.



SELF-ASSESSMENT

	00.00	01 100	
NAME:	GRADE:	CLASS:	
NAME.	GRADE.	CLASS.	

Choose the level that describes your current skills and color that number of stars in the space provided for your assessment. If this is your pre-assessment, choose another level in the "Goal" column to show how much you'd like to improve your skills after some practice and hard work.



Level 1:
I'm in the Minor Leagues.
I wish I could do this better.
And so I will keep trying my
best to improve.



Level 2:
I'm in the Major Leagues.
I'm getting better and I will keep trying my best to improve.



Level 3:
I'm an All Star.
I feel healthy and love it!
I want to help others become more physically active!

SKILL	PRE	GOAL	POST
I'm Physically Active Everyday			
I Eat a lot of Fruits & Veggies			
I Choose Healthy Snacks			
I Stay Well Hydrated			



ACADEMIC LANGUAGE QUIZ

	Working together for a common goal or outcome is called	Support, confidence, or hope offered by someone or some event is called	
	a. Cooperationb. Encouragementc. Benefitd. Critique	a. Cooperation b. Encouragement c. Benefit d. Critique	
2	The set of customary or acceptable behaviors among members of a group or in a specific setting is called	People who are free from an outside control or lead are considered	
3	a. Feedbackb. Critiquec. Teamworkd. Etiquette	a. Dependent b. Mirrored c. Independent d. Interpersonal	
Which skill made it possible for your group to be successful during this lesson's activities?		A person who participates in an activity while showing genuine interest and a desire for excellence is	
5	a. Doing your own thingb. Using teamworkc. Talking loudlyd. Staying quiet	a. Stationary b. Actively engaged c. Difficult to work with d. Very fit	
	Which one of these options is <u>not</u> a physical component of health-related fitness?	The appreciation of someone or something as a result of their abilities, qualities, or achievements is called	
	a. Cardiovascular enduranceb. Muscular strengthc. Flexibilityd. Direction	a. Social interaction b. Respect c. Critique d. Safety	