

Music Choice Board - Choose at least 2 per week. They may be repeated!

1 Listen to a piece of instrumental music. Draw what you hear.	2 Play some music and move to the steady beat.	3 Read a book about music or a musician. There are a bunch on Youtube.	4 Sing 2 songs we sing in music class. Perform for your family or teach them the songs.	5 Make up a song about everything you usually put in your backpack.
6 Sit still for 1-3 minutes. Write or draw every sound you hear.	7 Using items at home, create sound effects for a story you like (a book or one you made up).	8 Say the alphabet using three voices: speaking voice, whisper voice, and singing voice.	9 Pick a song you really like. Sing it fast, then slow. Add movement while changing speed (clap, march, jump...)	10 Listen to a song you like. Draw a picture of how it makes you feel.
11 Sing the directions to your reading assignment. Add body percussion for sound effects.	12 Listen to a song and keep a steady beat (clapping, patting, stomping, etc...)	13 Draw a picture of your favorite instrument. Name it and describe how it sounds.	14 Play "Slow Land/Fast Land" - practice moving quickly and slowly	15 Act out your favorite story or book. Add sound effects.
16 Keep a steady beat and count to 100 or count by 2's, 5's, or 10's to 100 while keeping a steady beat.	17 Sing directions to your math assignment or your math facts.	18 Make up an instrument and give it a name. Describe how it sounds.	19 Play freeze dance to your favorite song. Ask your family to join you.	20 Find something metal in your house that makes a good sound. Play a steady beat while singing a song.
21 Find a place to sit quietly outside. Draw a picture of 2-5 things that make a musical sound.	22 Read a short poem using your high voice and low voice. Then read it fast and slow, loud and soft.	23 Say and clap your first and last name. Think and clap them. Then, try someone else's name.	24 Sing a song from a commercial. How many different ways can you sing it (fast/slow, high/low, silly, etc..)	25 Grab 2 stuffed animals and have them sing 2 questions to each other on Lu and Da (or in their animal noises).

Record the activities you do on your music check-in sheets. Send me a picture or video of some of your activities.
d-sherseth@shepherd.k12.mt.us Don't forget about my school website for songs and videos (shepherd.k12.mt.us).