

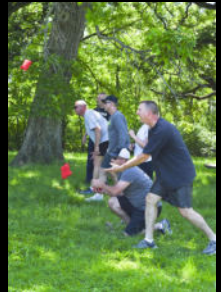
Welcome to
P.E.!!

Mrs. Redfern



Bean bag Ground Rules:

1. If the teacher's talking, bean bag down.
2. Keep track of your bean bag.
3. Keep the bean bag in your own space.



Warm up: Wipe Out!





***GREAT* 8**

BEANBAGS

Free Choice Bean Bags:



Toss and catch

Toss clap catch

Under the leg/catch

Rainbow (one hand to the other)

One handed toss and catch

Toss, spin, catch

-OR-

Make up your own!!

Game: Bean Bag Tag



Bean bag must slide on the floor (underhand).



Bean bag must hit ankle or below.



If hit, perform 5 Jumping Jacks and return to play!

Cool Down: Bubble Breathing

