

Welcome to
P.E.!!

Mrs. Redfern





Mrs. Redfern's Zoom P.E. Rules

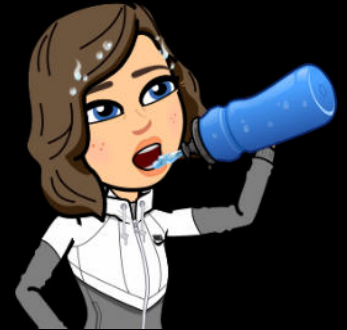


1. If the teacher's talking, you are listening

2. If you have a question, raise your hand.

3. Water at the end of class

4. Keep hands and feet to self



Warm up: The FREEZE!!



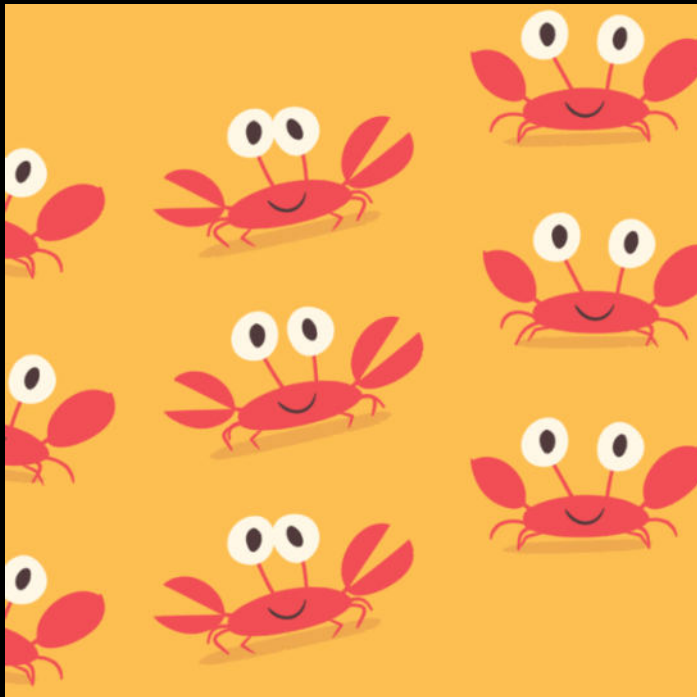
Horse



Puppy



Crab



Frog



Seal



Game: “I See....”



- Teacher says, “I see”
- Students say, “What do you see?”
- Use movement and sounds to show the animal



Cool Down:

