

Classroom Guidance for JUNIORS



Congratulations Class of
2018!

Meet the Sun Valley High School Counseling Department

School Counseling Staff:

Ms. Johnson
names A-D

Coming Oct 30th
names E-K

Ms. Hill
names L-Q

Ms. Grexa
names R-Z

Ms. Clark

Students with last

Students with last

Students with last

Students with last

Registrar



Let's Talk about Transcripts

- Check historical grades in Powerschool
- Check your transcript for accuracy
 - Personal information
 - Address
 - Phone Number
 - Birthday
 - Courses completed
 - GPA

October 12, 2016 Student Name: Sun Valley High	Sun Valley High School 5211 Old Charlotte Hwy Monroe, NC 28110-7343 (704) 296-3020 Official NC Transcript	Student No: School No:
10/12/2016		
STUDENT INFORMATION		
Name: Address:	Student No: Birthdate: Gender: Expected Graduation Date: 06/09/2017 Course Of Study: Future Ready Core Encroachment(s): Yes CTE Concentrator: No Math Rigor: Yes	
Contacts:		
SCHOOL INFORMATION		
Principal: Dr. Shaun Poole (704) 296-3020 L.E.A.: Union County Public Schools (704) 296-6868	School No: 900960 Grades: 9-12 Accreditation: SA College Board Code: 342085	

CREDIT HISTORY						
Grade:	Course	Mark	Weighted	Unweighted	Earned Credits	Flags
Grade: 8	2012/13					
2023Z2	Algebra I	96			1.00	EU
Grade: 9	2013/14					
52652X0	Band (Beginning) / Band I	97	4.000	4.000	1.00	
10215X0	English I Honors	96	5.000	4.000	1.00	U
22005X0	Common Core Geometry Honors / Math II Honors	98	5.000	4.000	1.00	U
95012X0	ROTC I / Rotc I-Cadet Field Manual	99	4.000	4.000	1.00	
52652X0	Band (Beginning) / Band I sem 2	96	4.000	4.000	1.00	
33205X0	Biology Honors / Biology I Honors	95	5.000	4.000	1.00	U
95022X0	ROTC II / ROTC II -Intro to NJROTC	96	4.000	4.000	1.00	
43035X0	World History Honors	96	5.000	4.000	1.00	U
Grade: 10	2014/15					
34205X0	Chemistry Honors / Chemistry I Honors	96	5.000	4.000	1.00	U
60492X0	Health and PE Grades 9-12 / Health and Physical Education	97	4.000	4.000	1.00	
23015X0	MATH III HONORS	100	5.000	4.000	1.00	U
95032X0	ROTC III / ROTC III Maritime History	100	4.000	4.000	1.00	
42095X0	Amer His: Found Prin, Civ & Econ Honors / Civics & Economics Honors	96	5.000	4.000	1.00	U
10225X0	English II Honors	94	5.000	4.000	1.00	U
95022X0	ROTC II / ROTC II -Intro to NJROTC	99	4.000	4.000	1.00	
11422X0	Spanish II	100	4.000	4.000	1.00	U
Grade: 11	2015/16					
43045X0	American History I Honors	95	5.000	4.000	1.00	
10235X0	English III Honors / English III-H AP Companion	96	5.000	4.000	1.00	U

October 12, 2016 Student Name: Sun Valley High	Student No: School No:				
Course	Mark	Weighted	Unweighted	Earned Credits	Flags
95032X0 ROTC III / ROTC III Maritime History	98	4.000	4.000	1.00	
11435X0 Spanish III Honors	97	5.000	4.000	1.00	U
1A007X0 AP English Language and Composition	95	6.000	4.000	1.00	
4A077X0 AP United States History / AP US History/American History II	91	6.000	4.000	1.00	
95045X0 ROTC IV Honors / Naval Skills - Honors	97	5.000	4.000	1.00	
24035X0 Pre-Calculus Honors	90	5.000	4.000	1.00	U
Grade: 12 2014/15					
23015X0 MATH III HONORS / MATH III HONORS					U
Grade: 12 2015/17					
2A007X0 AP Calculus AB / AP Calculus AB					S
1A017X0 AP English Literature and Composition / AP English Literature and Composition					S
3A027X0C AP Environmental Science / AP Environmental Science					P
10245X0CC English IV Honors / English IV Honors - AP Companion					PU
28055X0CAB Math Local Elective / Adv Calculus Topics AB Honors					P
95042X0CB ROTC IV / ROTC IV-Leadership Theory-Responsibility					S
95045X0LT ROTC IV Honors / Leadership Theory - Ethics Honors					P
11445X0C Spanish IV Honors / Spanish IV Honors					SU
UNIVERSITY OF NORTH CAROLINA BOARD OF GOVERNORS					
MINIMUM COURSE REQUIREMENTS REMAINING					
No Requirements Remaining					
PERFORMANCE INFORMATION					
Cumulative GPA Total Points are Calculated as of the end of 10/12/2016					
Cumulative GPA Weighted:		4.7083	Total Points Weighted:		113.0000
Cumulative GPA Unweighted:		4.0000	Total Points Unweighted:		96.0000
Class Rank as of 10/12/2016:		7 out of 267	Total High School Credits:		24.000
			Total Credits Toward Graduation:		25.000
TESTING INFORMATION					
Test Name / Score Name	Score		Test Date		
CPR			11/27/2		
CPR_Pass_Fail	P				
Math I End of Course			05/01/2		
Math_EOC_Percentile	99				
Math_EOC_Achievement_Level	IV				
Math_EOC_Scale	273		05/01/2		
Biology End of Course					
Biology_EOC_Achievement_Level	V				
Biology_EOC_Scale	267				
Biology_EOC_Percentile	96		05/01/2		
English II End of Course					
EnglishII_EOC_Achievement_Level	V				
EnglishII_EOC_Percentile	99				
EnglishII_EOC_Scale	189				

GRADING AND GPA DETAILS

Note: Effective July 1, 2015 North Carolina changed to a standardized 10-point grading scale.
Prior to July 2015, North Carolina school districts used a variety of 7-point grading scales.
Note: All courses taken at the middle school for high school requirement(s) will not calculate in the GPA.
Note: High School Earned Credits only are calculated.

Grading Scale	SD=69 = 3.0	70-79 = 2.0	80-89 = 1.0	90 = 0.0	WF = 6.0
90-100 = 4.0	SD = 0.0	INC = 0.0	AUD = 0.0	P = 0.0	

CDM = Credit by Demonstrated Mastery (SBE-GCS-M-001)

Course Flags

E	Course is excluded from GPA
N	Course is non-credit course
P	Course is in progress
S	Course is scheduled to be taken
U	Course contributes toward UNC minimum course requirements

CTE CONCENTRATOR DETAILS

AGNR-Agriculture, Food & Natural Resources	EDUC-Education & Training
ARCH-Architecture & Construction	HUMA-Human Services
AVC-Arts, AV Technology & Communication	INFO-Information Technology
BMA-Business Management & Administration	LAW-Law, Public Safety, Corrections & Security
FNA-Finance	MANU-Manufacturing
HEH-Health Sciences	MKT-Marketing
HOSP-Hospitality	STEM-Science, Technology, Engineering & Mathematics
GOVT-Government & Public Administration	TRAN-Transportation, Distribution & Logistics

Graduation Requirements - Future Ready Track

- Check your transcript to make sure you are on track to graduate
 - English I, II, III, IV
 - Math I, II, III, and 4th Math course aligned with students post high school plans
 - Earth Science, Biology, and a Physical Science (Physical, Chemistry, Physics)
 - World History, Civics, American History I & II
 - Health & PE
 - If you plan to attend a 4 year college, you will need at least 2 credits of the same foreign language
 - This is a minimum requirement so at least 3 years of the same foreign language is recommended - Check your desired 4 year institution as 3 credits may be required
- In addition to core classes, earn enough electives for 28 total credits
- CPR

Calculating GPA

- You receive quality points for each final grade you get in a class
- Honors and AP classes give you more quality points based on the grade you receive

Regular

AP

Honors

A=4

A=4.5

A=5

B=3

B=3.5

B=4

C=2

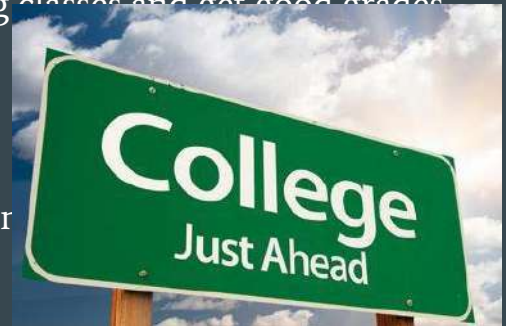
C=2.5

For Example:

<u>Class</u>	<u>Quality Points</u>	<u>Grade</u>
Honors English III	4.5	A
Math III	3	B
Honors American History I	4.5	A
AP Biology	5	A

Preparing for College

- Get your GPA as high as possible in 11th grade
 - Take challenging classes, work hard in your classes, and earn high grades
 - Colleges will only see your final grades through junior year when you apply next year!
- Class Rank
 - Improve your class rank by improving your GPA → take challenging classes and get good grades
- NCAA Clearinghouse
 - Student-Athletes interested in playing NCAA Division I or II sports in the Clearinghouse



Preparing for College Cont.

- ACT/SAT Tests

- ACT or SAT test scores are required for students interested in attending a 4 year college/university
- We highly recommend you take both the ACT and SAT test at least once by the the end of your junior year
- All juniors will take the ACT and SAT at SVHS during the Spring semester
 - Take this test seriously and study for it!
 - You can retake the ACT test by signing up at www.ACT.org
 - You can take practice SAT tests at www.khanacademy.org/sat

ACT vs. SAT

ACT

- 3 hours, 35 min (with optional Essay)
- 4 sections (English, Math, Reading, Science) plus an Optional Essay
- Total Composite Score from 1-36
- No penalty for wrong answers

SAT

- 3 hours, 50 minutes (with optional Essay)
- 4 sections (Evidence-Based Reading, Writing, Math without a calculator, Math with a calculator) plus an Optional Essay
- Total Score out of 1600; 800 for Evidence-Based Reading and Writing, 800 for Math
- No penalty for wrong answers

ACT/SAT Prep

- Studying for the SAT

- Link your collegeboard account to Khan Academy and get a FREE, personalized study plan based on your PSAT scores
- Use Khan Academy to take free practice SAT tests

- Studying for the ACT

- ACT Test Prep booklet
- Official ACT Prep Guide - costs money online but is covered by a fee waiver



SAT Test Dates 2017-2018

<u>Test Date</u>	<u>Reg. Registration Deadline</u>
<u>Late Deadline w/ Fee</u>	
November 4	October 5
October 25	
December 2	November 2
November 25	
March 10	February 9
February 28	
May 5	April 6
April 25	

ACT Test Dates 2017-2018

<u>Test Date</u>	<u>Reg. Registration Deadline</u>
<u>Late Deadline w Fee</u>	
December 9	November 3
November 4-17	
February 10	January 12
January 13-19	
April 14	March 9
March 10-23	
June 9	May 4
May 5-18	

Community College Programs

- Local community colleges include South Piedmont Community College (SPCC) and Central Piedmont Community College (CPCC)
- Open admission
- 2 year college option that can lead to:
 - *Associates of Art or Science* → degree that is designed for transfer to a 4 year university
 - *Diploma or certificate in a specific program* → lead to entrance into the workforce



Community College Programs Cont.

- If you are planning to attend a 2 year college, you do NOT need to take the SAT unless your specific program requires it
- Community colleges and many technical colleges require a placement test
 - Used to determine what level of classes you need to obtain your academic goal
 - Study for the placement test - failing the test can delay you getting a degree or completing a program!
- Study guides for the placement tests are available online
 - Check <http://www.spcc.edu/college-placement-test/>

Military

- Different military branches visit SVHS throughout the year
- The ASVAB test is REQUIRED (Armed Services Vocational Aptitude Battery) for entrance into the military
- SVHS will offer the ASVAB test in October (12th), February (8th) & May (3rd)
- *ROTC scholarships are available!*
 - <http://todaysmilitary.com/videos/earning-a-degree>
 - Deadlines are usually from October to December so plan early!



Researching Careers

- Not sure what you want to be when you grow up?
 - Take career inventory surveys at www.CFNC.org - these use your interests and skills to determine good major/career options
- What to know what the fastest growing careers are in NC?
 - Look online at www.CFNC.org
 - The top 5 fastest growing careers right now
 - Dental hygienists
 - Medical sonographers
 - Dental assistants



Researching Colleges

- Visit colleges - schedule a tour and information session
 - This is the best way to find out what type of college you are interested in attending
 - If you are unable to schedule a tour, still try to stop by on your own time to visit
- Use BigFuture
 - Go to www.bigfuture.collegeboard.org to research schools
 - Filter through 4,000 colleges and universities to see which ones match what you are looking for



Questions to Ask while Researching

- Does the college I want to attend require any specific high school courses?
- Does my intended major require any specific high school courses?
- Is there something else I can be year and after high school?
 - Jobs
 - Internships
 - Job Shadowing
 - Volunteering



College Profiles

College Name	Avg. HS GPA	Avg. ACT
Avg. New SAT		
UNC Charlotte	3.8-4.5	1130-1280
	22-27	
App. State	3.94-4.48	
1130-1300	23-38	
ECU	3.5	
1030-1180	20-24	
NC A&T	3.3	
910-1070	16-21	

College Adviser

- Still not sure what to do or need help?
- Stop by the College and Career Center (room 117) and schedule an appointment with Ms. Billotto, the College Adviser
 - SAT/ACT registration, searching for colleges, college applications, choosing a major, academic planning and choosing classes, financial aid, etc.
- There is a schedule on the door - sign up for a time.
- Follow Ms. Billotto on instagram for updates and information:
@spartans2college



Senior Year Information

- When you register for senior year classes remember that colleges want to see rigorous courses on your schedule
- Come into senior year with SAT/ACT scores and a list of 3-5 college choices
- Consider online classes through College & Career Promise
- Get ready to start applying to college and seek scholarships
- GET INVOLVED! CLUBS, SPORTS, VOLUNTEERING, PART-TIME JOB
- Research careers to discover what degree or experience you will need to succeed in the work force

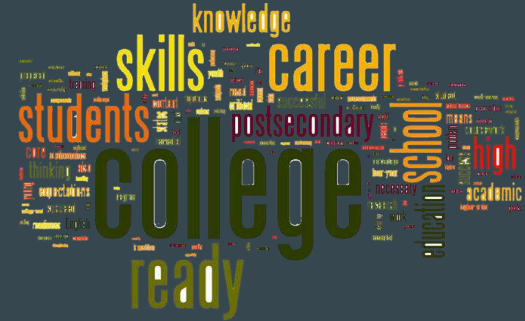
Naviance

<https://succeed.naviance.com/auth/signin>

A Brief Overview

- Request Transcripts
- Request Letters of Recommendation
- Scholarship Search

Complete the SuperMatch College Search this Spring



Resources

- SVHS School Counseling Center
- College Adviser - Room 117
- SVHS School Counseling webpage on the (its)
- www.CFNC.org
- www.collegeboard.org
- www.act.org



Confidentiality

- Confidentiality is an ethical principle upheld by your school counselor, but as required by law, it cannot be maintained in the event that a student reports:
 - The desire to harm oneself
 - The desire to harm others



Sexual Harassment

- The Union County Board of Education defines sexual harassment as:
 - Unwelcome sexual advances
 - Requests for sexual favors
 - Other verbal or physical conduct of a sexual nature
- Sexual Harassment is a “power play” and may include:
 - Suggestive comments, propositions, or gestures
 - Touching someone inappropriately
 - Spreading Sexual Rumors



Bullying

- IS A FORM OF HARASSMENT
- IS AN IMBALANCE OF POWER
- HAPPENS REPEATEDLY OVER TIME TO INTIMIDATE OTHERS
- APPEARS IN VERBAL, PHYSICAL, WRITTEN, OR ELECTRONICALLY TRANSMITTED FORMS
- Bullying Offenses:
 - FIRST OFFENSE: Discretionary action by the principal, Referral to school counselor, and Conversation with parent

