

Meet the Sun Valley High School Counseling Department

School Counseling Staff:

Ms. McDuffie	9th Grade Students
Ms. Jaquish	10th Grade Students
Mrs. Grexa	11th Grade Students
Mrs. Johnson	12th Grade Students, Last Names A-K
Mrs. Hill	12th Grade Students, Last Names L-Z
Ms. Clark	Registrar
Ms. Schehl	College Advisor, Room 117



Naviance



<https://succeed.naviance.com/auth/signin>

A Brief Overview

- Request Transcripts
- Request Letters of Recommendation
- Scholarship Search

Complete the SuperMatch College Search this Spring





Let's Talk about Transcripts

- Check historical grades in Powerschool
- Check your transcript for accuracy
 - Personal information
 - Address
 - Phone Number
 - Birthday
 - Courses completed
 - GPA

October 12, 2016
Student Name: Sun Valley High
Student No: School No:

Sun Valley High School
5211 Old Charlotte Hwy
Monroe, NC 28110-7343
(704) 296-3020
Official NC Transcript

10/12/2016
STUDENT INFORMATION
Name: Student No:
Address: Birthdate:
Gender:
Expected Graduation Date: 06/09/2017
Course Of Study: Future Ready Core
Endorsement(s): Yes
CTE Concentrator: No
Math Rigor: Yes

SCHOOL INFORMATION
Principal: Dr. Shaun Poole
(704) 296-3020
L.E.A.: Union County Public Schools
(704) 296-9898
School No: 900360
Grades: 9-12
Accreditation: SA
College Board Code: 342685

CREDIT HISTORY						
Course	Mark	Weighted	Unweighted	Earned Credits	Flags	
Grade: 8	2012/13					
20232Z	Algebra I	98		1.00	EU	
Grade: 9	2013/14					
52552X0	Band (Beginning) / Band I	97	4.000	1.00		
10215X0	English I Honors	98	5.000	1.00	U	
22005X0	Common Core Geometry Honors / Math II Honors	98	5.000	1.00	U	
96012X0	ROTC I / Rotc I-Cadet Field Manual	99	4.000	1.00		
52552X0	Band (Beginning) / Band I sem 2	96	4.000	1.00		
33205X0	Biology Honors / Biology I Honors	95	5.000	1.00	U	
95022X0	ROTC II / ROTC II -Intro to NJROTC	96	4.000	1.00		
43035X0	World History Honors	96	5.000	1.00	U	
Grade: 10	2014/15					
34205X0	Chemistry Honors / Chemistry I Honors	96	5.000	1.00	U	
60492X0	Health and PE Grades 9-12 / Health and Physical Education	97	4.000	1.00		
23015X0	MATH III HONORS	100	5.000	1.00	U	
95032X0	ROTC III / ROTC III Maritime History	100	4.000	1.00		
42095X0	Amer His: Found Prin, Civ & Econ Honors / Civics & Economics Honors	95	5.000	1.00	U	
10225X0	English II Honors	94	5.000	1.00	U	
95022X0	ROTC II / ROTC II -Intro to NJROTC	99	4.000	1.00		
11422X0	Spanish II	100	4.000	1.00	U	
Grade: 11	2015/16					
43046X0	American History I Honors	95	5.000	1.00		
10235X0	English III Honors / English III-H AP Companion	95	5.000	1.00	U	

October 12, 2016					Student No:
Student Name:					School No:
Sun Valley High					
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95032X0	ROTC III / ROTC III Maritime History	98	4.000	4.000	1.00
11435X0	Spanish III Honors	97	5.000	4.000	1.00 U
1A007X0	AP English Language and Composition	95	6.000	4.000	1.00
4A077X0	AP United States History / AP US History/American History II	91	6.000	4.000	1.00
95045X0	ROTC IV Honors / Naval Skills - Honors	97	5.000	4.000	1.00
24035X0	Pre-Calculus Honors	90	5.000	4.000	1.00 U
Grade: 12	2014/15				
23015X0	MATH III HONORS / MATH III HONORS				U
Grade: 12	2016/17				
2A007X0	AP Calculus AB / AP Calculus AB				S
1A017X0	AP English Literature and Composition / AP English Literature and Composition				S
3A027X0C	AP Environmental Science / AP Environmental Science				P
10245X0CC	English IV Honors / English IV Honors - AP Companion				PU
28005X0CAB	Math Local Elective / Adv Calculus Topics AB Honors				P
95042X0C8	ROTC IV / ROTC IV-Leadership Theory-Responsibility				S
95045X0LT	ROTC IV Honors / Leadership Theory - Ethics Honors				P
11445X0C	Spanish IV Honors / Spanish IV Honors				SU
UNIVERSITY OF NORTH CAROLINA BOARD OF GOVERNORS					
MINIMUM COURSE REQUIREMENTS REMAINING					
No Requirements Remaining					
PERFORMANCE INFORMATION					
Cumulative GPA Total Points are Calculated as of the end of 10/12/2016					
Cumulative GPA Weighted:		4.7083	Total Points Weighted:		113.0000
Cumulative GPA Unweighted:		4.0000	Total Points Unweighted:		96.0000
Class Rank as of 10/12/2016:		7 out of 267	Total High School Credits: 24.000		Potential: 24.000
			Total Credits Toward Graduation:		25.000
TESTING INFORMATION					
Test Name / Score Name			Score		Test Date
CPR					11/27/2
CPR_Pass_Fail			P		
Math I End of Course					06/01/2
Math_I_EOC_Percentile			99		
Math_I_EOC_Achievement_Level			IV		
Math_I_EOC_Scale			273		
Biology End of Course					06/01/2
Biology_EOC_Achievement_Level			V		
Biology_EOC_Scale			257		
Biology_EOC_Percentile			96		
English II End of Course					06/01/2
EnglishII_EOC_Achievement_Level			V		
EnglishII_EOC_Percentile			99		
EnglishII_EOC_Scale			169		

GRADING AND GPA DETAILS					
Note: Effective July 1, 2015 North Carolina changed to a standardized 10-point grading scale.					
Prior to July 2015, North Carolina school districts used a variety of 7-point grading scales.					
Note: All courses taken at the middle school for high school requirement(s) will not calculate in the GPA.					
Note: High School Earned Credits only are calculated.					
Grading Scale					
80-100 = 4.0	80-89 = 3.0	70-79 = 2.0	60-69 = 1.0	≤59 = 0.0	WF = 0.0
FF = 0.0	WP = 0.0	INC = 0.0	AUD = 0.0	P = 0.0	
CDM = Credit by Demonstrated Mastery (SBE-GCS-M-001)					
Course Flags					
E	Course is excluded from GPA				
N	Course is non-credit course				
P	Course is in progress				
S	Course is scheduled to be taken				
U	Course contributes toward UNC minimum course requirements				
** CTE CONCENTRATOR DETAILS					
AGNR-Agriculture, Food & Natural Resources	EDUC-Education & Training				
ARCH-Architecture & Construction	HUMA-Human Services				
AVTC-Arts, AV Technology & Communication	INFO-Information Technology				
BMA-Business Management & Administration	LAW-Law, Public Safety, Corrections & Security				
FINA-Finance	MANU-Manufacturing				
HLTH-Health Science	MRKT-Marketing				
HOSP-Hospitality	STEM-Science, Technology, Engineering & Mathematics				
GOVT-Government & Public Administration	TRAN-Transportation, Distribution & Logistics				



Graduation Requirements - Future Ready Track

- Check your transcript to make sure you are on track to graduate
 - English I, II, III, IV
 - Math I, II, III, and 4th Math course aligned with students post high school plans
 - Earth Science, Biology, and a Physical Science (Physical, Chemistry, Physics)
 - World History, Civics, American History I & II
 - Health & PE
 - If you plan to attend a 4 year college, you will need at least 2 credits of the same foreign language
 - This is a minimum requirement so at least 3 years of the same foreign language is recommended - Check your desired 4 year institution as 3 credits may be required
- In addition to core classes, earn enough electives for 28 total credits
- CPR



Calculating GPA

- You receive quality points for each final grade you get in a class
- Honors and AP classes give you more quality points based on the grade you receive

Regular

A=4

B=3

C=2

D=1

Honors

A=4.5

B=3.5

C=2.5

D=1.5

AP

A=5

B=4

C=3

D=2



For Example:

<u>Class</u>	<u>Grade</u>	<u>Quality Points</u>
Honors English III	A	4.5
Math III	B	3
Honors American History I	A	4.5
AP Biology	A	5

- Add up your quality points $\rightarrow 4.5 + 3 + 4.5 + 5 = 17$
- Divide the total by 4 (number of classes) $\rightarrow 17/4 = \mathbf{4.25 \text{ GPA}}$
- Your GPA is calculated at the end of each semester

Preparing for College

- Get your GPA as high as possible in 11th grade
 - Take challenging classes, work hard in your classes, and earn high grades
 - Colleges will only see your final grades through junior year when you apply next year!
- Class Rank
 - Improve your class rank by improving your GPA → take challenging classes and get good grades
- NCAA Clearinghouse
 - Student-Athletes interested in playing NCAA Division I or II sports in college need to register with the Clearinghouse
 - <http://www.ncaa.org/student-athletes/future/how-register>
 - College coaches cannot talk to you until you are registered





Preparing for College Cont.

- ACT/SAT Tests
 - ACT or SAT test scores are required for students interested in attending a 4 year college/university
 - We highly recommend you take both the ACT and SAT test at least once by the the end of your junior year
 - All juniors will take the ACT and SAT at SVHS during the Spring semester
 - Take this test seriously and study for it!
 - You can retake the ACT test by signing up at www.ACT.org
 - You can take practice SAT tests at www.khanacademy.org/sat
 - DO NOT MAKE THE MISTAKE OF COMING INTO YOUR SENIOR YEAR WITHOUT A TEST SCORE!
 - The Counseling Center has fee waivers available for eligible students



ACT vs. SAT

ACT

- 3 hours, 35 min (with optional Essay)
- 4 sections (English, Math, Reading, Science) plus an Optional Essay
- Total Composite Score from 1-36
- No penalty for wrong answers

SAT

- 3 hours, 50 minutes (with optional Essay)
- 4 sections (Evidence-Based Reading, Writing, Math without a calculator, Math with a calculator) plus an Optional Essay
- Total Score out of 1600; 800 for Evidence-Based Reading and Writing, 800 for Math
- No penalty for wrong answers

ACT/SAT Prep

- Studying for the SAT
 - Link your collegeboard account to Khan Academy and get a FREE, personalized study plan based on your PSAT scores
 - Use Khan Academy to take free practice SAT tests
- Studying for the ACT
 - ACT Test Prep booklet
 - Official ACT Prep Guide - costs money online but is covered by a fee waiver
 - FREE full-length tests online (SVHS website)





SAT Test Dates 2018-2019

<u>Test Date</u>	<u>Reg. Registration Deadline</u>	<u>Late Deadline w/ Fee</u>
October 6	September 7	September 8-26
November 3	October 5	October 6-24
December 1	November 2	November 3-20
March 9	February 8	February 9-27
May 4	April 5	April 6-24
June 1	May 3	May 4-22



ACT Test Dates 2018-2019

<u>Test Date</u>	<u>Reg. Registration Deadline</u>	<u>Late Deadline w Fee</u>
October 27	September 28	September 29-October 14
December 8	November 2	November 3-19
February 9	January 11	January 12-18
April 13	March 8	March 9-25
June 8	May 3	May 4-20
July 13	June 14	June 15-24

- All juniors will be given the ACT at Sun Valley High School in February & will be given the SAT at SVHS in April

Community College Programs

- Local community colleges include South Piedmont Community College (SPCC) and Central Piedmont Community College (CPCC)
- Open admission
- 2 year college option that can lead to:
 - **Associates of Art or Science** → degree that is designed for transfer to a 4 year university
 - **Diploma or certificate in a specific program** → lead to entrance into the workforce
 - Early Childhood Education, Automotive Systems Technology, Welding Technology, and many more!





Community College Programs Cont.

- If you are planning to attend a 2 year college, you do NOT need to take the SAT unless your specific program requires it
- Community colleges and many technical colleges require a placement test
 - Used to determine what level of classes you need to obtain your academic goal
 - Study for the placement test - failing the test can delay you getting a degree or completing a program!
- Study guides for the placement tests are available online
 - Check <http://www.spcc.edu/college-placement-test/>

Military

- Different military branches visit SVHS throughout the year
- **The ASVAB test is REQUIRED** (Armed Services Vocational Aptitude Battery) for entrance into the military
- SVHS will offer the ASVAB test in **October (2nd), February (20th) & May (1st)**
- ***ROTC scholarships are available!***
 - <http://todaysmilitary.com/videos/earning-a-degree>
 - Deadlines are usually from October to December, so plan early!



Researching Careers

- Not sure what you want to be when you grow up?
 - Take career inventory surveys at www.CFNC.org - these use your interests and skills to determine good major/career options
 - Take surveys through Naviance
- What to know what the fastest growing careers are in NC?
 - Look online at www.CFNC.org
 - The top 5 fastest growing careers right now are:
 - Dental hygienists
 - Medical sonographers
 - Dental assistants
 - Physician assistants
 - Medical equipment repairers



Researching Colleges

- Visit colleges - schedule a tour and information session
 - This is the best way to find out what type of college you are interested in attending
 - If you are unable to schedule a tour, still try to stop by on your own time to visit
- Use BigFuture
 - Go to www.bigfuture.collegeboard.org to research schools
 - Filter through 4,000 colleges and universities to see which ones match what you are looking for
- Look for schools in your current academic profile
 - Check the average freshman profile of colleges you are interested in to make sure you are on track



Questions to Ask while Researching

- Does the college I want to attend require any specific high school courses?
- Does my intended major require any specific high school courses?
- Is there something else I can be doing now to help me reach my goals for senior year and after high school?
 - Jobs
 - Internships
 - Job Shadowing
 - Volunteering





College Profiles

<u>College Name</u>	<u>Avg. HS GPA</u>	<u>Avg. New SAT</u>	<u>Avg. ACT</u>
UNC Charlotte	3.8-4.5	1130-1280	22-27
App. State	3.94-4.48	1130-1300	23-28
ECU	3.5	1030-1180	20-24
NC A&T	3.3	910-1070	16-21
UNC Chapel Hill	4.5	1280-1460	27-32
Community College	N/A	N/A	N/A

College Adviser

- Still not sure what to do or need help?
- Stop by the College and Career Center (room 117) and schedule an appointment with Ms. Schehl, the College Adviser
 - SAT/ACT registration, searching for colleges, college applications, choosing a major, academic planning and choosing classes, financial aid, etc.
- There is a schedule on the door - sign up for a time.
- Follow Ms. Schehl on instagram for college updates and information: [@spartans2college](https://www.instagram.com/spartans2college)





Senior Year Information

- When you register for senior year classes remember that colleges want to see rigorous courses on your
- schedule
- Come into senior year with SAT/ACT scores and a list of 3-5 college choices
- Consider online classes through College & Career Promise
- Get ready to start applying to college and seek scholarships
- GET INVOLVED! CLUBS, SPORTS, VOLUNTEERING, PART-TIME JOB
- Research careers to discover what degree or experience you will need to succeed in the workforce
- Make a plan for post - high school graduation: 4-YEAR OR COMMUNITY COLLEGE, MILITARY, WORKFORCE

Resources

- SVHS School Counseling Center
- College Adviser - Room 117
- SVHS School Counseling webpage on the SVHS website (Under “For Students”)
- Naviance
- www.CFNC.org
- www.collegeboard.org
- www.act.org





Confidentiality

- Confidentiality is an ethical principle upheld by your school counselor, but as required by law, it cannot be maintained in the event that a student reports:
 - The desire to harm oneself
 - The desire to harm others



Sexual Harassment

- The Union County Board of Education defines sexual harassment as:
 - Unwelcome sexual advances
 - Requests for sexual favors
 - Other verbal or physical conduct of a sexual nature
- Sexual Harassment is a “power play” and may include:
 - Suggestive comments, propositions, or gestures
 - Touching someone inappropriately
 - Spreading Sexual Rumors
 - Repeatedly propositioning someone when he/she has said no
 - Sexually provocative comments about another person’s body



Bullying

- IS A FORM OF HARASSMENT
- IS AN IMBALANCE OF POWER
- HAPPENS REPEATEDLY OVER TIME TO INTIMIDATE OTHERS
- APPEARS IN VERBAL, PHYSICAL, WRITTEN, OR ELECTRONICALLY TRANSMITTED FORMS
- Bullying Offenses:
 - FIRST OFFENSE: Discretionary action by the principal, Referral to school counselor, and Conversation with parent
 - SECOND OFFENSE: Automatic 3-5 days out-of-school suspension, 2-3 days for Block Schedule, Referral to school counselor, and Parent contact
 - THIRD OFFENSE: Automatic 5-10 days out-of-school suspension, 3-6 days for Block Schedule, Recommendation for Long Term Suspension





Questions?