Date	Warm Up Answer	Learning Target	Before Class Rating				Afte Ra	After Class Rating		Reflection Statement	
Monday			1	2	3	4	1	2	3	4	
Tuesday			1	2	3	4	1	2	3	4	
Wednesday			1	2	3	4	1	2	3	4	
Thursday			1	2	3	4	1	2	3	4	
Friday			1	2	3	4	1	2	3	4	

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Tuesday			1	2	3	4	1	2	3	4	
Wednesday			1	2	3	4	1	2	3	4	
Thursday			1	2	3	4	1	2	3	4	
Friday			1	2	3	4	1	2	3	4	

Warm up/Journal Guidelines

- 1. Write each warm up answer in the space provided
 - a. If you are unsure of the answer, make a guess, complete the learning target before class rating, and wait quietly until the answer is reviewed
- 1. Rate how you feel with the learning target by circling one of the numbers 1-4 in the before class rating section
- 1. If you are absent, you must have the teacher initial the box for credit.
- At the end of class revisit the learning target and circle where you now feel you are in the after class rating section. After you circle, write a reflection statement that reflects where you feel you are with the content covered during class
- Your reflection statement should be written using one of the sentence starters provided for you on your "standards based sentence starters for your reflection" journal page. The reflection statement should be as detailed as possible.
- 1. Warm ups are graded every two weeks

Standards Based Sentence Starters for your Reflections

lf ː	you are at a level 1:	
-	I'm a beginner with	
	I'm confused about	
	I need a lot more practice with	
lf :	you are at level 2:	
•	I'm starting to understand	
	I'm starting to get	
_	I need a little more practice with	
lf ː	you are at level 3:	
_	l understand	
_	l can	
	I'm comfortable doing	on my own
lf ː	you are at level 4:	
_	I feel very confident practicing	
	I could teach someone else about	
	I could teach someone else how to	
	I'm an expert on	

Standards Based Grading

1 = I'm a beginner and do not understand this subject/skill. I need a lot more practice

2 = I'm starting to understand this subject, but just need a little more practice

3 = I understand this subject/skill and am comfortable using it/practicing on my own

4 = I'm an expert on this subject/skill and could teach someone else about it

Date	Warm Up Answer	Learning Target	Before Class Rating	After Class Rating	Reflection Statement
Thursday	Answer the graph prompt here:		1 2 3 4	1 2 3 4	
Friday	Answer the joke here:		1 2 3 4	1 2 3 4	