

Integrating Technology into your Health and Phys Ed Programs Session Handout

1) Using Microsoft PowerPoints

- a. Personal and Physical Health (Lesson)
- b. 4 Pics 1 Word (Classroom Game)

Notes: _____

2) Using Microsoft Word

- a. Newsletters: September and October

Notes: _____

3) Websites

- a. PowToon: <https://www.powtoon.com/>
- b. Classroom Blog: <http://edublogs.org/>
- c. Website: <http://www.wix.com/>

Notes: _____

4) Fitness Cards QR Codes:

- a. Fitness Monopoly: Example using skitch packet
- b. QR Codes: <http://www.qr-code-generator.com/>

Notes: _____

Free Stuff

PowerPoint of Personal and Physical Health (Lesson)

4 Pics 1 Word (Classroom Game)

October Newsletter

Fitness Monopoly Starter

(Extras) With Time Permitting

Notes: _____
