










Indian Creek News

August 2019

Kelly Kretschmar, Principal

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 eRegistration Opens ~ Log on to PowerSchool to complete your child's eRegistration 	6	7	8	9	10
11	12 Kindergarten Camp Last names beginning with A-L 8:30-10:00 and Last names beginning with M-Z 10:30-12:00	13  Walk in Registration 7:30-3:30 For those who need a computer to complete their eRegistration	14	15	16	17
18	19	20	21  3rd Grade Parent Night 6:00 PM	22 Supply Drop Off with Teacher Meet & Greet from 7:30 - 9:00 AM 	23  1st Day of classes	24
25	26	27  1st Grade Parent Night 6:00 PM	28 2nd Grade Parent Night 6:00 PM 	29 4th Grade Parent Night 6:00 PM 	30  PRIDE Day! Wear your Indian Creek, Linn-Mar or Red & Black Clothing	31

Dear Indian Creek Families,

Welcome to the 2019-2020 school year! We are all excited to be back at Indian Creek and look forward an amazing school year full of high levels of learning for all! We especially want to extend a warm welcome to the families new at our school.

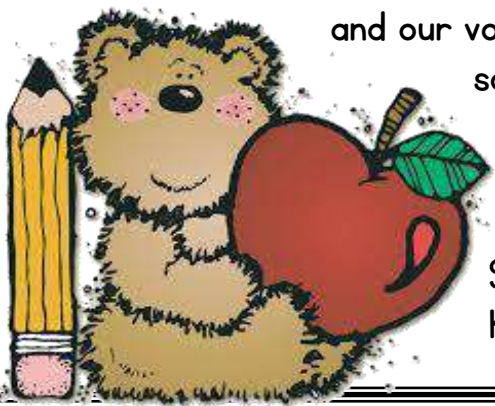
On a personal note, I want you to know I am very excited to be returning to Indian Creek. I have had the pleasure of working for Linn-Mar Community School I am excited to introduce you to new staff members that will be joining our Indian Creek family this year. Laura James is our new guidance counselor. For the past seven years Laura has been the counselor at Regina Elementary. Allison Boyle will join our special education team this year, and she will split her time between Indian Creek and Bowman Woods. Allison has spent the last two years teaching at North Cedar Community School District. Sean Smith will be our building's new Instructional Coach. Sean has been teaching special education in our high school for the past six years. Please help me in welcoming Laura, Allison and Sean to our school.

Indian Creek has an incredible staff who are committed to educational excellence for all students. Our staff collaborates in Professional Learning Communities to improve upon instructional practices and ultimately the learning for our students. We will continue to provide meaningful and challenging learning opportunities for all students in a safe, respectful, and responsible environment.

Collaborating with our parents is important to our student's success. Our families and staff partnership is valuable to every student's learning. Indian Creek's Parent Teacher Organization (PTO) is a group of parents and staff who are committed to enrich curricular and extracurricular experiences through the support they provide each year. Through your child's enrollment at Indian Creek, you are automatically members of our PTO and we strongly encourage you to be an active member of this group. Volunteering in a classroom and/or for other events held throughout the day is another great way to support our partnership. Please watch for more information from PTO and our volunteer coordinators on how you can be involved in our school community!

We all are looking forward to a wonderful school year!

Sincerely,
Kelly Kretschar



Registration for 2019-2020

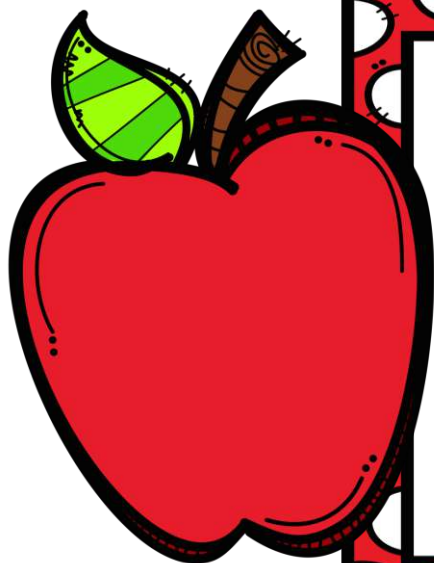
eRegistration on PowerSchool will open August 5.

Please complete your eRegistration by August 19.

All families will need to log on to PowerSchool and complete an eRegistration for each student at Indian Creek. You will need your PowerSchool username and password to log on (just a reminder the username and password were created by you when you set up your PowerSchool account.) Be sure to go through each screen, making any changes that need to be made and click submit at the bottom of the page (this will save all changes). If you do not need to make changes you will still need to click through the screens on PowerSchool and click submit at the bottom of each screen. Be sure to complete the permissions at the end of the eRegistration as these need to be updated every year. Also, just a reminder, the "Use of Student Photographs, Videos, and Likenesses", "Student Internet Access", and "Student Online Accounts" have changed as of July 1, 2015 and **now require a letter to be written to their building principal** no later than September 15th (or within two weeks of student enrollment if enrollment occurs after this date) if parents/guardians have objections to these three permissions.

You may also pay school fees and deposit money into your family lunch account at this time ~ all online. We encourage you to complete all of your 2019-20 registration online.

For those who are **not** able to complete their eRegistration online, a walk in registration will be held on August 13th during regular office hours (7:30-3:30). The walk in registration will simply consist of completing your eRegistration on a school computer, if needed, and paying your fees in person. If you have completed your eRegistration and have paid your fees online you do ***not*** need to come to the walk in registration.



Indian Creek School Hours

7:45 AM First Bell Rings

(Students may enter the building)

8:00 AM School Day Begins

(Students are expected to be in their seats ready to begin class)

2:45 PM School Day Ends Students are Dismissed

(It is the expectation that all students (with the exception of those attending Hand In Hand after school care) will be picked up by 3:00 PM.)

Welcome to Indian Creek...

Please join us in welcoming the following staff members to Indian Creek for the 2019-2020 school year.

- Mrs. Laura James ~ Counselor
- Mr. Sean Smith ~ Instructional Coach
- Mrs. Allison Boyle ~ Special Education Level 1

We are respectful.
We are responsible.
We are ready.

**We care at
Indian Creek!**



Office Contact Information

Principal: Mrs. Kelly Kretschmar

E-mail: kkretschmar@linnmar.k12.ia.us Phone: 319-447-3271

School Facilitator: Mr. Maurice Frazier

E-mail: mfrazier@linnmar.k12.ia.us Phone: 319-447-3312

Administrative Secretary: Mrs. Pam Harder

E-mail: pharder@linnmar.k12.ia.us Phone: 319-447-3270

Guidance Counselor: Mrs. Laura James

E-mail: Laura.James@linnmar.k12.ia.us Phone: 319-447-3274

Guidance Secretary: Mrs. Kitty Strauser

E-mail: kstrauser@linnmar.k12.ia.us Phone: 319-447-3272

Health Assistant: Mrs. Stephanie Rosendale

E-mail: srosendale@linnmar.k12.ia.us Phone: 319-447-3273



WE ARE **LM** LINN-MAR®

Linn-Mar Website: <https://www.linnmar.k12.ia.us/>

Indian Creek Website: <https://www.linnmar.k12.ia.us/school/indian-creek/>



Morning Drop Off Procedure:

Enter the back parking lot off of 29th Avenue. Pull into lane 5, next to the sidewalk, and as far forward as possible. If you are the first vehicle you will park just beyond the corner of the gym. Students will exit the vehicle on the passenger's side of the vehicle. *Drivers: please REMAIN in your vehicle.* If Lane 5 is full pull behind the vehicles in the lane forming a U shape (see the arrows above) holding pattern. Lane 5 will fill as vehicles exit the lane. All vehicles need to stay in the line (do not pull out and around the vehicles in front of you) following the vehicle in front of them to the end of the lane where vehicles will turn left, staying along the edge of the parking lot back to the 29th Avenue driveway.

Afternoon Pick Up Procedure:

Notice we have five lanes designated for pick up lanes. Lane 1 and 2 are in between the first and second row of the parked cars and lanes 3, 4 and 5 are located between the parking lot and the sidewalk next to the school. Enter the back parking lot off of 29th Avenue filling lanes 1 and 2 first, then lanes 3 and 4. Lane 5 is reserved for the daycare busses and vans. The first vehicle should pull up as far as possible in the lane. If the lanes are full vehicles should form a U shape (see the arrows above) holding pattern and wait for instructions to be given by the staff on duty. Indian Creek staff will use walkie-talkies to communicate. Staff will identify drivers and call for students. Students will walk down the passenger side of each lane to load vehicles and follow instructions given by the staff on duty. *Drivers: Please REMAIN in your vehicles.* If your student has not been loaded and the lane is ready to exit please pull forward and park on the re-load area (located on the north end) of the lot. A staff member will escort your student to your vehicle.

Thank you to all of our families for following these procedures and keeping our students, staff, and families safe during these very busy times of the day.

A Few Reminders For Our Visitors

We require that **ALL** of our Indian Creek visitors sign in at the office and obtain a visitors badge which needs be worn the entire time you are visiting Indian Creek. When leaving the building, make sure to stop in the office to sign out. Please note that this is a safety policy of the Linn-Mar District and is meant for everyone visiting Indian Creek during the school day whether or not you are staying just a few minutes, staying a long time, or you are a frequent visitor/volunteer.

Volunteering:

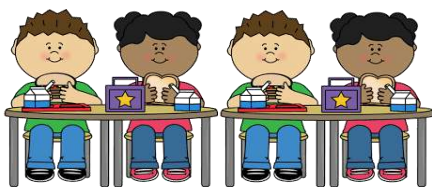
We ask when you are volunteering at Indian Creek to please check in at the office, obtain a visitors badge, and record your volunteer hours on the volunteer computer. The district does host a 100-Hour Volunteer Recognition each year for those volunteers who reach 100 or more hours during the school year.

Visiting For Lunch:

If you will be joining your child for lunch, please be sure to phone Mrs. Strauser (447-3272) by 9:00 AM to order your lunch the day you plan on coming. We do ask that you check in at the office when you arrive to sign in, obtain a visitors badge, pay for your meal, if needed, or you may have the amount deducted directly from your child's lunch account, then you may either wait in the office or on the bench located directly outside of the office for your child to come from their classroom to the cafeteria. Please note that the office does **NOT** keep cash on hand so if you plan to pay in cash please have exact change.

Miscellaneous Reminders:

1. If your child has forgotten something from home, you may leave it in the office and we will make sure your child receives the item. We do ask, to not add distractions to learning, that you do not go to the classroom yourself to deliver the item.
2. All visitors should have made arrangements with the teacher prior to arriving at school for a visit.
3. When visiting please be respectful and remember that school is in session from 8:00 AM to 2:45 PM.
4. Younger siblings should not visit the classroom with you unless approved by the teacher in advance.
5. Visitors should not bring gifts (balloons, flowers, etc.) to students at school.
6. Animals are not allowed in the building; unless approved by the teacher in advance.



Breakfast



Breakfast begins at 7:35. Students who arrive to school by bus or car should go directly to the multi-purpose room for breakfast. Students just need to let the supervisor on duty know that they are going to breakfast, they are not to wait in line with the other students for the 7:45 bell to ring. Students walking to school should plan to arrive at the crosswalk at 7:35 to be in the first group crossed, this will give them plenty of time to cross, eat breakfast, and make it to class by 8:00 AM. Students arriving after 7:48 AM will be offered an alternate version of breakfast, which will be quick to eat so they are on time for class beginning promptly at 8:00 AM.

News from Nutrition Services

Lunch Prices are as follows for the 2019-20 school year

BREAKFAST

Grades K-12: \$1.60
 Reduced Price Grades K-12: \$.30
 Adult: \$2.00

LUNCH

Elementary, Grades K-5: \$2.70
 Middle School, Grades 6-8: \$2.75
 High School, Grades 9-12: \$2.80
 Reduced Price Grades K-12: \$.40
 Adult: \$3.75

Payment Options

1. Cash or checks may be sent to school daily.
2. On-line credits may be entered at <https://intouch.linnmar.k12.ia.us/>. Follow the prompts to access your account.
3. Credit and debit cards are accepted online. Deposits must be completed by 8:00 a.m. in order for funds to be available for same day purchases. There is **no fee** for this service.

Meal Account Balances

Meal account balances from the 2018-19 school year have automatically rolled to the building where your student will attend for the 2019-20 school year.

Free and Reduced Meal Eligibility

If your family is eligible for free school meals based on **food stamp eligibility**, you do not have to complete a new application for the 2019-20 school year. If you qualify for free or reduced meals based on your **income**, we will need a new application completed in August. Forms will be mailed to households this summer. Please return your form on registration day. Sometimes families are surprised to see the upper limits of eligibility. Please take time to read through the information you receive. Reduced price meals are \$.30 for breakfast and \$.40 for lunch. This can be a BIG savings for families. All meal choices are available to all students regardless of their status. Information regarding meal status is confidential and is not "identifiable" at the cashier station. Please contact the Nutrition Services office at 447-3302 if you have questions.

Joining Your Child for Lunch.....



Would you like to join us for lunch? Simply call **Mrs. Strauser** at 447-3272 *before 9:00am* the morning you are planning to come to lunch and order a school lunch (our lunches are made off site and we need to place our order by 9:00 AM to ensure we have enough food for everyone). Sign in at the office and fill out a VISITOR badge before joining your child for lunch.

When coming for lunch, we do ask that you either eat a school lunch or bring a sack lunch from home. **We request you do not buy lunch at a fast food restaurant such as McDonald's, Culver's, or Burger King to bring to school. Pop/soda are not allowed at school.**

Adult lunches may be scanned from your child's lunch account or paid for in the main office. If you choose to pay with cash you will need to have the exact change. Thanks so much for your help. We hope to see you at lunch!

Indian Creek is a Blue Zone School!

What is Blue Zone?

Blue Zone began as a National Geographic expedition to find the longest living cultures and has evolved into a recipe for living longer that is now popping up as Blue Zone Projects across the country.

Blue Zone Projects are a community well-being improvement initiative designed to make healthy choices easier through permanent changes to environment, policy, and social networks.

In keeping with the Blue Zone Project here at Indian Creek we are making healthier choices too. Our lunch program has already made healthier choices for our students. We are also asking snack/birthday treats are in line with Blue Zone guidelines. Listed below are a few suggestions for snacks. Thank you for your cooperation in making Indian Creek a Blue Zone School!

Healthy Snack Options

- Fruits
- Dried Fruits
- Vegetables
- Low and Non-fat Yogurt
- Applesauce (with no added sugar)
- Whole grain crackers
- Hummus
- Canned Fruit
- Popcorn (no trans fat)
- Barnum Animal Crackers (due to peanut allergies Barnum is the only brand)
- Fruit Roll-ups
- Go-gurts
- Pretzels
- Jello
- Snack Pack Pudding
- Welch's fruit snacks
- Cottage Cheese (skim or 1%)
- Sun Chips-Cheddar Harvest
- Whole grain Wheat Thins
- Triscuits



Other guidelines to go by...

- All items must be trans-fat-free
- Snack items must be 200 calories or less per portion as packaged
- Calories from saturated fat must be less than 10% per serving
- Sodium must be limited to less than 230 mg per portion as packaged and less than 480 mg per entrée
- Items should contain no more than 35% of calories from total sugars per portion as packaged
- Products with cereal grains must contain at least 2 grams of fiber per package



The staff at Linn-Mar Community schools has committed to promoting the health and well-being of our students. In accordance with Linn-Mar's Designation as a Blue Zone School District, new procedures have been implemented to provide students with healthier lifestyle choices in regards to

birthday celebrations in the classrooms. Student birthdays may be celebrated at school. However, students will be encouraged to no longer bring food or beverages to share with classmates. Instead, birthdays can be celebrated with non-food options including (but not limited to) name recognition on the school announcements, a special acknowledgement from the school office and classroom recognitions (ie birthday crowns, sit with a special friend at lunch, being designated as the line leader for the day, ect.) Students may also choose to bring in non-food items to share with classmates and school staff such as pencils, special note pads, pens, other writing tools.



Arriving Late to School & Leaving Early From School

All students arriving after 8:00 AM, whether they are tardy or coming from an appointment are required to be signed into school by an adult. An adult will need to escort a student who is arriving to school after 8:00 AM into the school office and sign the student in for the day. Students should not be dropped off without an adult escort.

If your child needs to leave school during school hours, please send a written, dated, and signed note to your child's teacher the morning of the day your child will need to leave school. Please include the name of the individual(s) who will be responsible for picking up your child. It is also helpful if you let the person picking up your child know which teacher your child has, this is also a safety precaution for our staff.

When signing a child out of school early, you will need to go directly to the Indian Creek Office where you will sign your son or daughter out on the computer, at that time we will call your student to the office. Please allow time for your child to be called from class, as we do not call students for pick up until someone is here to get them. When returning to school, we ask all parents and students to please report to the Indian Creek Office to sign your child back in to school. Students should not go to their classrooms before their parents sign them into school and parents are asked to let their students return to their classrooms on their own. Thank you so much for your cooperation.



PINK NOTES

Pink notes are an Indian Creek communication tool. The pink note is sent at the end of the day to students who have a change in their typical way home ~ please remember the notes are not meant to be a daily communication tool for your child. We ask that parents/guardians send a dated and signed note with your child the morning of the planned change indicating how he or she will be going home. If you need to call to make an unplanned change you (the parent or guardian) must call before 2:00 pm. As safety measures to ensure safety for our students we will expect you know who your child's teacher is and what their bus number is, if your child rides the bus. Do not send an e-mail indicating changes for your children as we cannot guarantee the person receiving the e-mail will be able to see the message in time, or they may be out of the office for the day, in meetings or the computer/server may be down. We appreciate your cooperation with keeping the end of day routines as safe as possible for your student.



Indian Creek Newsletters

The Indian Creek Newsletter is published at the beginning of the month. The full version of the monthly newsletter will be posted to the Indian Creek website. A printed version can be sent home with your student if you do not have computer access and would like a copy. Please let Mrs. Harder know if you would like to be added to the list.



Weekly E-Mails



Mrs. Harder (Pam), our school secretary, will send out a weekly e-mail with important information for the week, please look for these e-mails on Monday afternoons. She also sends reminders and notifications throughout the school year as needed. You will want to be sure your e-mail is up to date in PowerSchool in the contact 1, contact 2 and guardian e-mail slots, this is where the e-mail addresses are pulled from. If you have not been receiving the e-mail messages from Mrs. Harder, please email her at pharder@linnmar.k12.ia.us and she will be sure to add you to the list. **Just a reminder; sometimes our e-mail messages end up in your junk folder due to the large amount of recipients we send messages to. A simple way to prevent the e-mail from going to your junk folder is to add pharder@linnmar.k12.ia.us to your address book.

Txtwire

Txtwire will provide district-wide text notifications regarding emergencies and school closures and allow parents to sign up for text alerts for each building they select. Go to the Linn-Mar Cancellations and Delays page to sign up for Txtwire.

Student Directories

Individual grade level directories will be compiled once all eRegistrations and permissions have been completed through PowerSchool (usually directories are available around the first part of October).. Grade level directories, once completed, will be provided upon request.

Linn-Mar's Virtual Backpack

Be sure to check out the Linn Mar virtual backpack at <https://www.linnmar.k12.ia.us/backpack/>
In the virtual backpack you will find lots of information and flyers for various groups and camps.



Indian Creek Elementary School

Collective Commitments

We have agreed upon these collective commitments as a basis for our values as adults working with students at Indian Creek Elementary School. These commitments are intended to serve as a means to guide our conduct, represent our shared purpose and to direct us as professionals. We aspire to align our work to the mission, vision and professional expectations of the Linn-Mar Community School District and Indian Creek Elementary School. We believe that every child deserves instruction and assessment that is tailored to their individual learning needs in order for them to reach high levels of learning and meet with success every day. We will create conditions using collaborative practices and professional conduct to foster an atmosphere conducive to reaching our mission. We honor traditions and culture while embracing innovation and implementation of best practices for student success.

Vision

The vision of Indian Creek Elementary School is "Through cooperation, collaboration and camaraderie among school, family and community, students will become successful, productive citizens in an ever-changing society."

Mission

The mission of Indian Creek Elementary School is "Success and learning for all every day!"



Goals

We will raise every student's achievement.
We will ensure a safe environment for learning.
We will embrace technology as a tool for student learning.

September PTO Meeting

When: September 16, 6:30 PM
Where: Indian Media Cntr Room

Your Indian Creek PTO would like to invite and welcome you to join the 1st PTO meeting of the 2019-20 school year. We have a lot planned for the year and would love to have your help and ideas ~ all are welcome to attend. The Indian Creek 1st grade teaching team will be in attendance.

September Volunteer Workshop

When: September 5, 8:30-10:30 AM
Where: Indian Creek Multi-Purpose Room

Children are welcome to attend this volunteer opportunity as all work is completed in the Indian Creek Multi-Purpose Room and we will not be in the classrooms.

INDIAN CREEK VOLUNTEER E-MAIL LIST

If you would like to receive e-mails from the Indian Creek volunteer coordinator pertaining to upcoming volunteer opportunities please be sure to send an e-mail to icvolunteers@linnmar.k12.ia.us and request to be added to the list.

Thank you for all you do to support our school. We ♥ our Volunteers!



Recording Volunteer Hours

Record your volunteer hours online at:

<http://volunteers.linnmar.k12.ia.us/>

Login by entering your email address as your username. If you have not yet created a password, or you have forgotten your password, click on "forgot password," and a password will be sent to your email account. Hours can be logged by clicking on the "record hours" icon. **You may still record your volunteer hours on the volunteer sheets located in the Indian Creek Office. Record your hours on "either" paper or computer, but not both. Thanks!**

Indian Creek Volunteer Coordinator

Stephanie Meier

E-mail: icvolunteers@linnmar.k12.ia.us

Indian Creek Volunteer Orientation



If you are a new volunteer to Indian Creek Elementary, or if you have yet to attend a volunteer orientation, please attend this year's Volunteer Orientation.

September 12

9:00 AM

Indian Creek Multi-Purpose Room



How do I get involved at Indian Creek Elementary?

Complete the Volunteer Registration Process online at <http://volunteers.linnmar.k12.ia.us/>

If you have not already turned in a disclosure form for the 2019-20 school year, print and sign the volunteer disclosure form located at the above site.

Return the Volunteer Disclosure form

with your signature to:

Karla Terry

Community Services Office

2999 N. Tenth Street



PTO Communication

If you would like to be added to the PTO e-mail list, please send an email to indiancreekpto@gmail.com. PTO is a separate organization from Indian Creek, therefore, unable to acquire e-mail addresses from the district database. We need your help to supply us with your e-mail information so we can keep you up to date on our activities, PTO minutes, and various other communications throughout the year.

The Indian Creek PTO Needs You!

We would love to have you join us at one or all of the Indian Creek PTO meetings this year.

Monday, September 16th 6:30 PM ~ 1st grade teachers will attending the meeting.

Monday, October 14th, 6:30 PM ~ Kindergarten teachers will be attending the meeting.

Monday, November 11th, 6:30 PM ~ 3rd grade teachers will be attending the meeting.

Monday, December 9th, 6:30 PM ~ 2nd grade teacher will be attending the meeting.

No January meeting scheduled

Monday, February 10th, 6:30 PM ~ Essentials teachers will be attending the meeting.

Monday, March 9th, 6:30 PM ~ 4th grade teachers will be attending the meeting.

Monday, April 13th, 6:30 PM ~ SSS and Reading teacher will be he meeting.

Monday, May 18th, 6:30 PM ~ Wrap up the year meeting

Indian Creek PTO Events Planned:

Fall Carnival ~ Friday, September 20

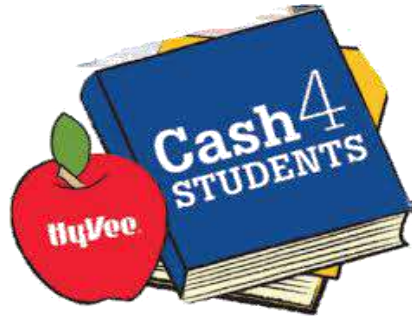
Trunk or Treat ~ Thursday, October 24

Ice Skating ~ November Date to be Determined

Game Night ~ Friday, January 10

Playstation Night ~ February Date to be Determined

Stride for Pride ~ Friday, April 17



Hy-Vee Receipts

You can help Indian Creek earn CASH 4 STUDENTS by saving your Hy-Vee receipts! Indian Creek earned \$2,481.17 by collecting Hy-Vee receipts last year. Receipts must be from any of the Marion/Cedar Rapids Hy-Vee stores, Hy-Vee Drug Stores, or Hy-Vee gas stations to be eligible. Parents, grandparents, aunts, uncles, neighbors can turn receipts into Indian Creek ~ or send them in with a student. We have a collection bin located in the front foyer.

Save those Box Tops!

Please save those Box Tops for Education for Indian Creek. We have a collection bin in our front foyer for you to drop them off. Be watching for more information to come about contests and ways to help our school by saving Box Tops!

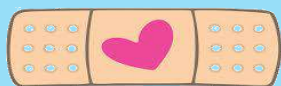


Earn Cash for Our School!

amazonsmile
You shop. Amazon gives.



AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice ~ like Indian Creek PTO! For more information about AmazonSmile donations, go to org.amazon.com Look for Indian Creek Parent Teacher Organization EIN 21-0572257



Notes From the Health Office



PERSCRIPTIONS

If your child comes down with an illness that requires taking medication at school, your pharmacy will split your prescriptions so that your child can bring only the needed amount of his/her medication to school. This will eliminate sending prescription bottles back and forth. Please let Mrs. Rosendale know if your child changes medications, so that the information can be added to their health records.

TOO SICK FOR SCHOOL?

HERE'S HOW
TO TELL



STAY HOME IF ...

Your child feels too sick for regular activities

Yellow or green pus appears

The temperature on an oral thermometer reads 100° F or higher (100.4 for an ear, rectal, or forehead temp)

You suspect flu—it spreads rapidly

Your child has a migraine—throbbing, severe pain with moodiness, fatigue, and sensitivity to light

Redness and itchiness affect all or most of your child's body

Your doctor suspects—or diagnoses—strep throat

Your child is vomiting or has uncontrollable diarrhea

SYMPTOM

← COUGH AND OTHER COLD SYMPTOMS →

← EYE DISCHARGE →



← FEVER →



← FLU →



← HEADACHE →



← RASH →



← SORE THROAT →

← STOMACHACHE →



GO BACK TO SCHOOL AFTER ...

Fever decreases and your child feels better

The amount of pus decreases, using antibiotic eye drops for 24 hours

Body temperature reaches normal

Fever has been gone for 24 hours

Taking pain medication

The rash is gone—or the doctor gives the OK

24 hours after beginning antibiotics

Vomiting stops and your child has control of bathroom breaks

Clothing Donations

For the Nurse's Office

If you are cleaning out closets and have clothing in sizes 4, 6, or 8 we could sure use them in the nurse's office. We are especially in need of pants. Thank you in advance for anything you may be able to share with us.

Health Office Staff:

District Nurse:

Marilyn Calcara

Health Assistant:

Stephanie Rosendale

Indian Creek Health Office

Phone Number:

319.447.3273

3RD Grade Testing

Parents/Guardians of 3rd Grade Students:

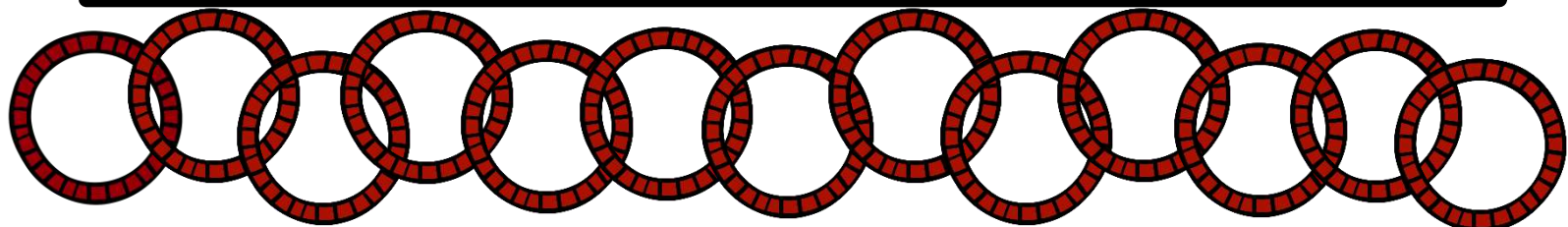
During the first full week of the school year, all Linn-Mar 3rd grade students will take an assessment called the Cognitive Abilities Test (CogAT) Screening Form. This test is the first step in identifying students who show a need for additional academic enrichment through the Learning Enrichment Opportunities (LEO) program which begins in 3rd grade.

In past years, the CogAT has been given near the end of the year to a small group of 2nd graders who showed a need for academic enrichment as evidenced by the NWEA tests. However, because of recent changes to the district standardized testing requirements, we are now able to provide the CogAT Screening Form to all 3rd graders in the district.

The CogAT is a standardized test, but quite different from Fastbridge Assessments and Iowa Statewide Assessments of Student Progress. The CogAT measures students' learned reasoning and problem-solving abilities in the three areas most linked to success in school--Verbal, Quantitative, and Non-Verbal Reasoning. The CogAT measures the cognitive processes that a child has developed to learn new things and solve problems. Experiences both in and out of school affect this skill development.

The CogAT Screening Form is a shortened form of the CogAT and consists of three separate tests: Verbal Analogies, Number Analogies, and Figure Matrices. The test will be administered in one 45-minute session during the week of August 26. Your child's classroom teacher will notify you with the specific date and time of the test. Based on the results of the CogAT Screening Form, students who show a need for completing the full CogAT will be notified by mail in late September. Results of the full CogAT will be used to identify students who qualify for 3rd grade LEO. Families of students who qualify for 3rd grade LEO will be notified in mid-October.

If you have any questions about the test, please contact Brenda Bauermeister, Elementary TAG Coordinator, at bbauermeister@linnmar.k12.ia.us.





Inspire Learning. **Unlock Potential. Empower Achievement.**

Shannon Bisgard
Superintendent

Nathan Wear
Associate Superintendent
& Chief Academic Officer

JT Anderson
Chief Operating Officer &
Chief Financial Officer

Karla Christian
Chief Officer of Human
Resources & Exec Director
of Public Relations

Leisa Breittfelder
Executive Director of
Student Services

Jeri Ramos
Executive Director of
Technology Services

Sondra Nelson
President
Board of Directors

DISTRICT SCHOOLS
High School
Jeff Gustason, Ph.D.
Principal

Excelsior Middle School
John Christian
Principal

Oak Ridge Middle School
Travis Axen
Principal

Bowman Woods Elementary
Tina March
Principal

Echo Hill Elementary
Dan Ludwig
Principal

Indian Creek Elementary
Kelly Kretschmar
Principal

Linn Grove Elementary
Chad Buchholz
Principal

Novak Elementary
Carol O'Donnell
Principal

Westfield Elementary
Ed Rogers
Principal

Wilkins Elementary
Amanda Potter
Principal

To: Linn-Mar Parents and Students (K-12)

Re: Student Behavior/Supervision at Football Games

Dear Parents and Students,

We need your help! The Linn-Mar Stadium has 5,000 seats on the home side! That means there is enough seating to handle our crowds so we expect our students to stay in the stands and watch the games.

Some of our students prefer to congregate under the stands or run around at top of bleachers, which encourages horseplay and other types of inappropriate behavior that is unsafe. Students should stay in the stands unless they are going to the concession stand or restroom. We need parents to discourage students from loitering beneath the bleachers. Nobody will be allowed on the grassy hillside behind the South end zone, either.

Supervisors will monitor these areas and direct students to return to the stands if they are just milling about. Students who are uncooperative will be asked to leave. If asked to leave, students will be banned from future game(s). Parents will be notified if this happens.

Please avoid bringing backpacks to the stadium. They will not be allowed inside the bleachers and if so will be stored in an area by the front gates.

Seating: There will be separate designated areas for Linn-Mar High School students, the band and Middle School students. These sections are all located in the lower level. All elementary students should be sitting with or in the vicinity of their parents. Please do not just let your children run around unattended or drop them off at stadium without an adult. They will be asked to leave if this is the case.

Our first home football game is Friday, August 30th vs Dubuque Senior. Our sophomore game begins at 5:00 p.m. followed by the varsity game at approximately 7:30 pm. We anticipate a big crowd! We hope you can join us for this event!

Most importantly, we encourage all our adults & students to be positive fans watching the game and cheering on our teams from the stands.

Thank you in advance for your support of our programs.

GO LIONS!

Sincerely,

David Brown, Athletic Director
Tonya Moe, Associate Athletic Director
Dr. Jeff Gustason, High School Principal
Shannon Bisgard, Superintendent



Linn-Mar Community Schools 2019-20 Elementary Cycle Menu

Breakfast (includes cereal, milk, juice and posted entrée): Student 1.60

Adult: \$2.00

Lunch: (Includes choice of entrée, milk and sides):

Student \$2.70

Adult: \$3.75

A la carte milk \$0.50

August

M	T	W	T	F
				23
26	27	28	29	30

September

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

October

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

Elementary school not in session

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Cereal bar	Mini Pancakes	Pancake on a stick*	Waffle sticks	Toast/hard boiled egg
<ul style="list-style-type: none"> • Personal pan pizza (Cheese) • Hamburger Broccoli & cheese Fresh veggie cup Applesauce 	<ul style="list-style-type: none"> • French toast sticks with egg omelet • Stuffed cheese sticks Tater tots Fresh veggie cup Strawberry cup 	<ul style="list-style-type: none"> • Chicken strips with fresh baked roll • Hot Dog Baked beans Fresh veggie cup Apple slices 	<ul style="list-style-type: none"> • Rotini & meat sauce w/stuffed cheese stick • Chicken Patty Romaine blend lettuce & tomato salad Fresh veggie cup Fresh fruit cup 	<ul style="list-style-type: none"> • Mandarin orange chicken w/rice • Garlic cheese bread Stir fry vegetables Fresh veggie cup Mandarin oranges
• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Sunbutter & jelly sandwich w/string cheese & pretzels
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Long john	Bagel/hard-boiled egg	Muffin w/yogurt	French toast sticks	Toast w/string cheese
<ul style="list-style-type: none"> • Popcorn chicken w/b&b sandwich • Hamburger Baked French fries Fresh veggie cup Pineapple chunks 	<ul style="list-style-type: none"> • Taco w/ tortilla chips • Stuffed cheese sticks Lettuce & tomato Refried beans Juicy orange wedges 	<ul style="list-style-type: none"> • Meatball Sub SW • Hot Dog Mixed vegetables Fresh veggie cup Grapes Sugar cookie 	<ul style="list-style-type: none"> • Pancakes and Little smokies* • Chicken Patty Potato triangle Fresh veggie cup Fresh fruit cup 	<ul style="list-style-type: none"> • Mini corn dogs • Garlic cheese bread Green Beans Fresh veggie cup Peaches
• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Sunbutter & jelly sandwich w/string cheese & pretzels
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: WG Poptart	Mini WG donuts	Frudel pastry	Breakfast burrito	Toast/hard boiled egg
<ul style="list-style-type: none"> • Pizza Crunchers • Hamburger Sweet potato fries Fresh veggie cup Apple slices 	<ul style="list-style-type: none"> • Hot ham and cheese on a pretzel roll • Stuffed cheese sticks Baked beans Fresh veggie cup Mandarin oranges 	<ul style="list-style-type: none"> • Macaroni and cheese • Hot Dog Corn Fresh veggie cup Fresh fruit slushie 	<ul style="list-style-type: none"> • Yogurt parfait with fruit & granola • Chicken Patty Romaine blend lettuce & tomato salad Fresh veggie cup Fresh fruit cup Chocolate chip muffin 	<ul style="list-style-type: none"> • Chicken nuggets w/b&b sandwich • Garlic cheese bread Mashed potatoes & gravy Fresh veggie cup Fruit cocktail
• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Lion Cub Meal	• Sunbutter & jelly sandwich w/string cheese & pretzels

Entrée Choice

Lion Cub Meal

Fruit, yogurt, cheese, crackers and a veggie (including beans when menued)

Sunbutter & jelly sandwich Peanut free option made with sunflower seeds

Menu subject to change without notice

*May contain pork

This institution is an equal opportunity provider

Lunch menus can be found on the Linn-Mar website

Link: <https://www.linnmar.k12.ia.us/district/departments/nutrition/menus-allergies/>