



Noodle Ball

STUDENT TARGETS

- ✓ **Skill:** Underhand Throwing for accuracy
- ✓ **Skill:** Striking with a long handled implement
- ✓ **Cognitive:** Understanding force, direction and speed
- ✓ **Personal & Social Responsibility:**

ACTIVITY SET-UP & PROCEDURE

Equipment:

- ✓ Gator skill balls
- ✓ Poly spots
- ✓ Noodles

Set-Up:

- Group students in 3's
- Pitcher
- Catcher Batter

Activity Procedures:

Level 1

1. Pitcher pitches the ball to the catcher.
2. The batter tries to hit the ball with the noodle.
3. Rotate players after a designated number of hits or pitches.

Level 2

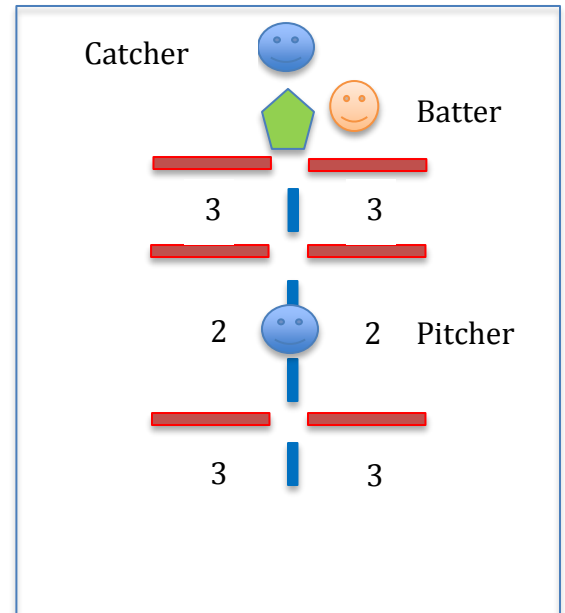
4. For each pitch, the batter chooses where he/she will attempt to land the ball.
5. The batter gets the score associated with where the ball **first** lands. The batter gets double if he/she landed the ball in the box that was chose.

Level 3

6. Add swinging strikes to the game. If the batter swings and misses 3 times, the players rotate.

Safety

- ✓ Stand a safe distance from the catcher



Noodle Ball

ACTIVITY NAME

CHALLENGE PROGRESSIONS

- ✓ Increase the number of grids to choose from.
- ✓ Use a smaller ball

MODIFICATIONS

- ✓ Use a beach ball
- ✓ Batter uses their hand instead of a noodle

ACADEMIC LANGUAGE

Academic Vocabulary Words
Pitcher Speed
Catcher
Force
Direction

STANDARDS & OUTCOMES ADDRESSED

- ✓ **Standard**

Skill

S1.E13 Manipulative Underhand throw

S1.E25 Manipulative Striking, long implement

Concept

S2.E3.5b Applies the concepts of direction and force to strike an object with a long handled implement.

DEBRIEF QUESTIONS

- ✓ **DOK 1:** Question- What are the cues for an underhand throw and/or striking with a bat?
- ✓ **DOK 2:** Question- What influences the flight of a hit ball?
- ✓ **DOK 3:** Question- What can you do to help determine where the ball lands when you are striking the ball?

TEACHING STRATEGY FOCUS

Strategy Focus: The first focus of the game is to practice throwing underhand for accuracy. The second focus of this lesson is to teach batting through the concepts of force and direction. By creating grids for the students to aim for, they will be analyzing how hard or soft they need to hit the ball. Additionally, they will learn how to change their body position and swing to influence direction.