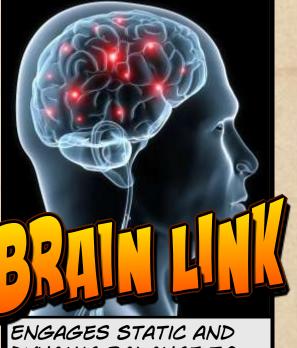


JUMPING AND LANDING



WITH HULA HOOPS, JUMP A HOPSCOTCH PATTERN ALTERNATING SINGLE LEG LANDING





ENGAGES STATIC AND DYNAMIC BALANCE TO PUT THE BRAIN AND BODY INTO FOCUS AND ATTENTION