



Chapter

1

Gaols



A Gaols are the importinist
Beacss they make sher the Packs

Dont Go in, this is why

I Like Gaols Becass it Fils GORD

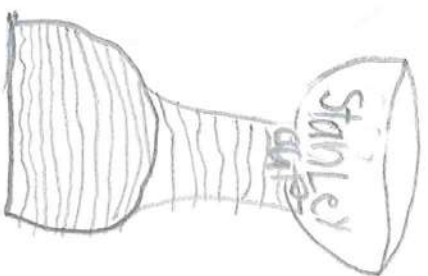
to scate wwith all the Gaol alwint
on And you Dont have to

to the Bangh for Line chanJis
and you Dont need to take

Paneltse

1

Chapter 2 Stanley cups

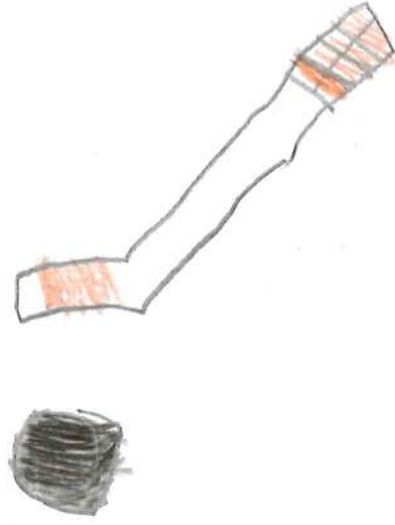


This is the way a team wins a Stanley cup. The teams are split up in two divisions the Eset and South then play off's half of Both Divisions the Esets half play another Eset team AND Houkter wins 4 games Eset agaa its almost the First Rand QCSAP Les teams as the South two Teams Left Hou over wins Gets the cup

Chapter

3

ways to shoot



there are three ways to shoot

Rist shot Bakward and slap shot,

the Rist shot is when you bring your
stick back with the stick
and flick it in front of you

the slap shot is when you put your stick up

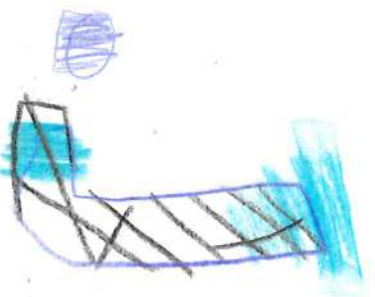
and slap it, the Bakward is when you a latty.

You shoot Risty and when you Risty you shoot Latty.

Chapter

4

WAYS to PAS



Pasing is they CAS the other Team
set intersapt the PAS. intersapt means

BLOcking a Pas from Going to the

PLase You want it to Go, this is

the Proper way to PAS.

Stic Balk and SLID it.

Rule Your

Chapter 5

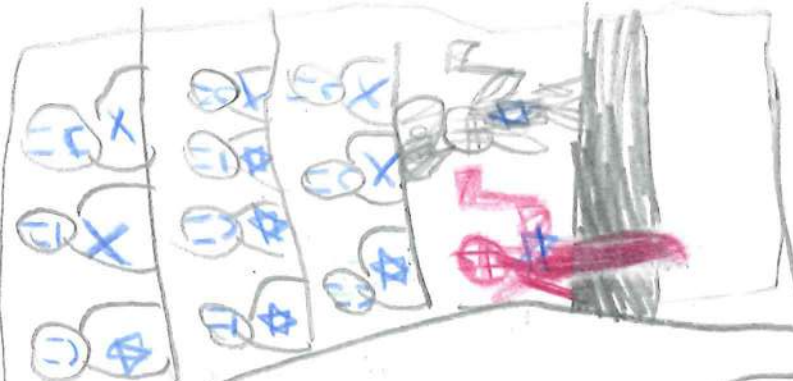
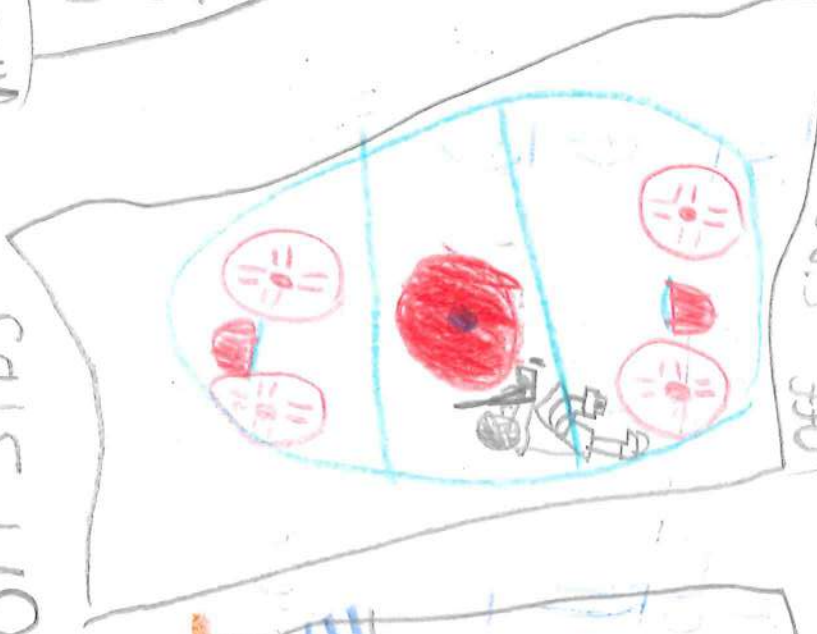
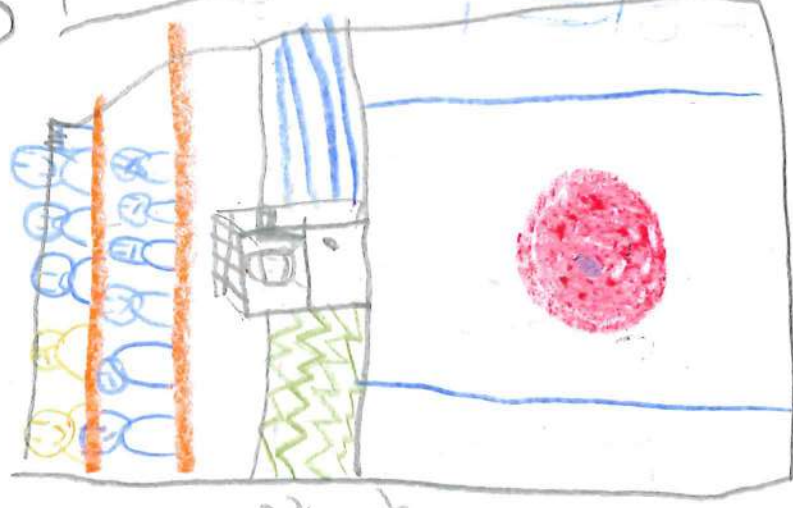
Penalties

Off SIDS

AND Lin Changes

A Penalty is when a team has these

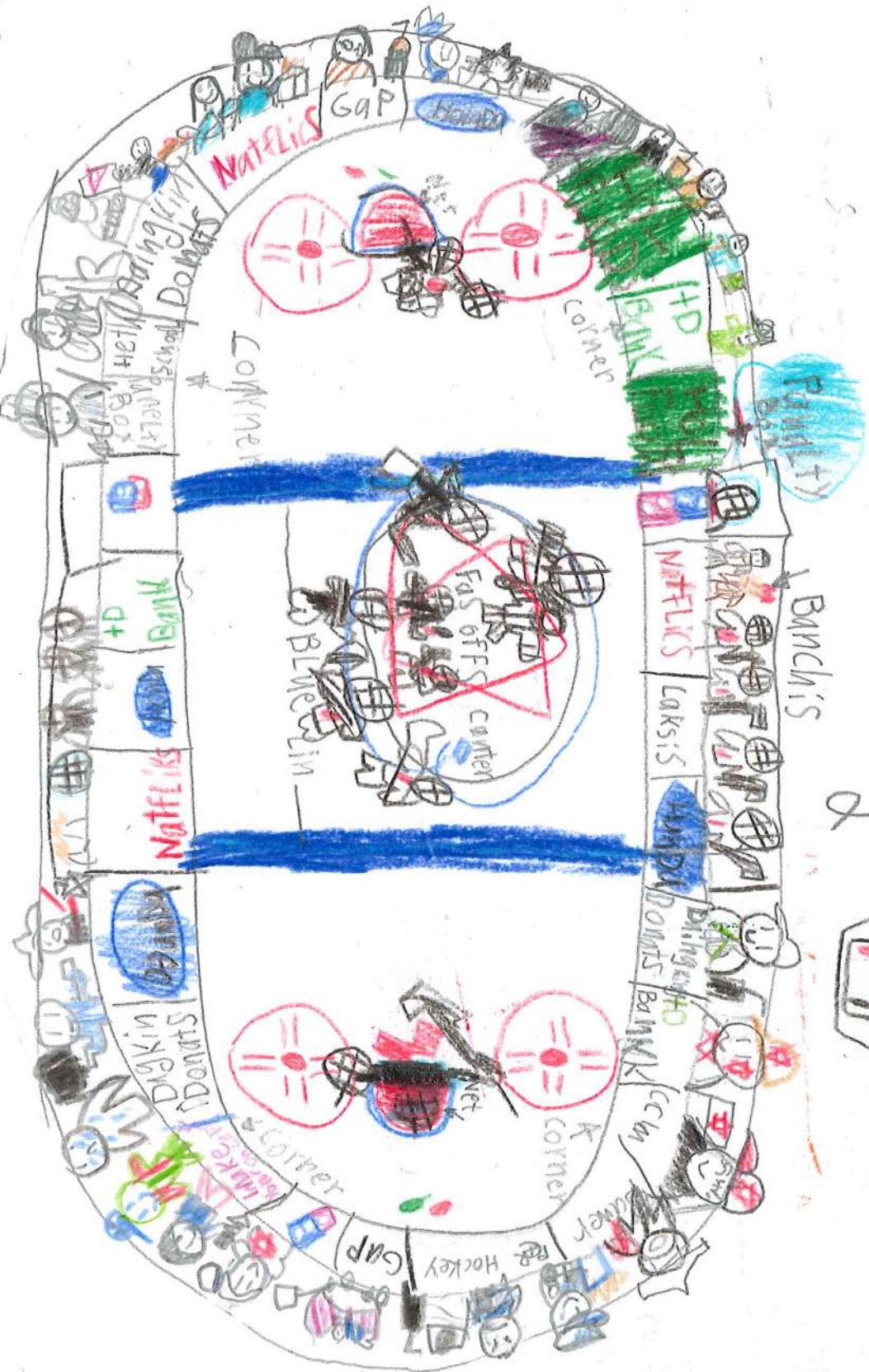
may stick cross check interfering, Fights, Punch, then they go to the Penalty-Box



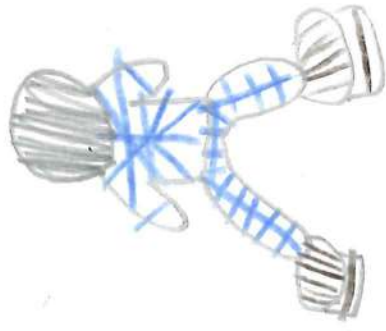
Off SIDS is when you wave the Pak and for Scot Gose over the Blue Lin ~~Before~~ Pak Bus Before

Lin changes are when you switch Lin

Parts of the ring



Chapter 7



Backwards Scating

Backwards Scating is the hardest Scating

the 1st thing you need to remember is keep your head up when you do

Backwards Scating you make C

Cuts with your scats then do

Cuts Backwards then do

Go Faster. Go Slow First then

Chapter

18

Stoing



Stoing

tacs

Practis

the

First

thing

is to

scrap the ice with

your scat.

then

scat

and

scrap the ice with you scat.

Chapter

9

Back always

a Back always is hard

cas they

can gate

You can f u s d

if

ever wake one

On the path to stay

if you don't

the goal

you

will go

to the side of the net

it's harder to get a goal



Chapter 10



Plasids to Shoot

if ^{you} Get a chans to get a goal you need
a chans to get one. you should find ~~a~~ a gate in
the net and shoot ther. dont shoot ~~take~~ a Random
shot. you should shoot the back at the Goals masc
Pratand to take a shot from One side of the
Net then Go to the #

