

The Woodridge Wrestling program began in 1963 when teacher and Coach Stan Stammen decided to start a wrestling team. Coach Stammen at the time also coached football and track and field. Two years later, Coach Stammen would create the cross country program. Both programs became very successful and continue to be today. Coach Stammen held the head wrestling coach position at Woodridge High School from 1963 until his retirement from teaching and coaching in 1997. He was also the head cross country coach from 1965 to 1997.

During Stammen's 35 years as head wrestling coach, he coached 20 league champions, 20 sectional champions, 5 district champions, 25 state qualifiers, 9 All-Ohioans and 3 state champions!

More important than Stammen's record was his coaching philosophy that athletics were simply a means of developing young men. Sportsmanship, hard work, self-discipline, commitment and academics were all more important than winning wrestling matches. Coach would never allow any of his athletes to embarrass themselves, their team or their school. He insisted that they represent themselves in a positive manner. At the same time, Coach Stammen never gave up on the athlete that struggled in any of these areas. We strive hard today to uphold this philosophy.

In 1997, Mike Massey was named Head Coach to replace Coach Stammen. A 1985 Woodridge graduate, Massey wrestled for Coach Stammen and later served as Stammen's assistant. Now in his 12th season as head coach, Massey is only the second head coach in the 47 year history of the program! We believe that this consistency is the reason that the program continues to thrive today. All of Massey's assistant coaches are Woodridge graduates and understand the philosophy of the program.

Over the past 47 seasons, Woodridge Wrestling has had a great deal of success which includes:

- ***37 individual league champions***
- ***37 individual sectional champions***
- ***8 individual district champions***
- ***43 state qualifiers***
- ***16 All-Ohioans***
- ***4 State champions***
- ***Team Sectional Champions 2002***
- ***PTC Team League Champions 06, 07, 08...***

Today, the program consists of a youth program now in its 16th year, a middle school program and a high school varsity program. This past year, we saw nearly 100 boys involved in wrestling grades 2-12.