Introduction to Heroe's, History, and Hope-This is the 3rd complete unit that I have put together. The first 2 Social Justice and Athletics as well as The Power of Sports were both great successes during e learning.

The events of 2020 – COVID-19, the social justice and Black Lives Matter movements, the tragic death of Kobe Bryant and more – have had an unprecedented impact on the world of sports. The changes and challenges have been historic," said Andy Tennant, executive producer. "We will be looking back and reliving the unforgettable moments of 2020 in sports, but this is not a conventional year-in-review. This will be a storytelling unit. I am confident my students will be inspired by what they see when they watch these programs and be reminded of who our heroes have been as they look toward 2021 with hope.

This unit is not a time line. We will focus on different stories each period. As Kobe Bryant states in the introduction of Heroes, History and Hope...How do we take sport and tell a beautiful story. Stories that connect human nature. Sports as a whole connect people, worldwide.

The first story that we are going to hear is about Alex Smith of the Washington Football Team. On Nov. 18, 2018, Washington Redskins quarterback Alex Smith was injured in the third quarter of a Week 11 game against the Houston Texans. The injury was severe. The leg injury wasn't routine by any means, but the real story is what happens after shortly after surgery and rehabilitation.

Today's Exit Question: People these days spend a lot of time talking about hope. It seems however, that recently more people than ever are hoping in humankind,(i.e. science/technology, the economy, democracy, etc…) to solve the world's problems. With that in mind, in 4 to 5 sentences,How could hope be shared to individuals seem to be broken. How did hope help Alex Smith and salvage his health and his career in the NFL?

Transition into our Movement Section: Map My Fitness Introduction

Map my fitness Powerpoint Presentation

Daily Checklist

Done