

HEATH MIDDLE SCHOOL 2024–2025 Lunch Menu

MENU #1

MONDAY

Zoo Crew Chicken
Nuggets
Waffle Fries
Fruit Cup
Milk



TUESDAY

Italian Pasta
w/Meat Sauce
Bread Stick
Romaine Salad
w/Dressing
Diced Peaches
Milk



WEDNESDAY

French Bread Pizza
Cheese or Pepperoni
Romaine Salad
w/Dressing
Cucumbers
Fresh Fruit
Milk



THURSDAY

Cheeseburger or
Hamburger on Bun
Baked Beans
Pickles
Carrot Sticks
Pineapple Chunks
Milk

FRIDAY

Boneless Chicken Wings
Onion Rings
Celery Sticks
Chilled Pears
Friday Treat
Milk

MENU #2

MONDAY

Popcorn Chicken
w/General Tso Sauce
Steamed Rice
Mixed Vegetables
Mandarin Oranges
Fortune Cookie
Milk

TUESDAY

Bosco Cheese Sticks
w/Marinara Sauce
Romaine Salad
w/Dressing
Choice of Fruit
Milk



WEDNESDAY

Specialty Pizza Day
Cheese or Pepperoni
Romaine Salad
w/Dressing
Cherry Tomatoes
Malibu Fruit Salad
Milk

THURSDAY

Taco Bar
Taco or Chicken Fajita
Meat in a Tortilla Bowl
Black Beans
Shredded Lettuce,
Shredded Cheese,
Salsa, Sour Cream
Fruit Cup/Milk



FRIDAY

Chicken Nuggets
Baked Fries
Carrot Sticks
Mixed Fruit
Friday Treat
Milk

MENU #3

MONDAY

Chicken & Waffles
w/Sauce
Regular or Spicy
Curly Fries
Flavored Applesauce
Milk



TUESDAY

Corn Dogs
Mac & Cheese
Steamed Peas
Chilled Fruit
Milk

WEDNESDAY

Stuffed Crust Pizza
Cheese or Pepperoni
Romaine Salad
w/Dressing
Carrot Sticks
Fresh Fruit
Milk



THURSDAY

Brunch for Lunch
French Toast Sticks
Sausage
Hashbrown
Choice of Juice
Milk

FRIDAY

Chicken Drumstick
Romaine Salad
w/Dressing
Green Beans
Sliced Peaches
Friday Treat
Milk

MENU #4

MONDAY

Popcorn Chicken
Mashed Potato Bowl
w/Gravy
Buttered Corn
Mixed Fruit
Milk

TUESDAY

Nacho Bar
Taco or Chicken Fajita
Meat on Tortilla Chips
Nacho Cheese
Refried Beans
Shredded Lettuce,
Salsa, Sour Cream
Sidekick Icee, Milk

WEDNESDAY

Specialty Pizza Day
Cheese or Pepperoni
Romaine Salad
w/Dressing
Fresh Broccoli
Fresh Fruit
Milk

THURSDAY

Grilled Cheese Sandwich
or Hot Dog on Bun
Tomato Soup
Choice of Fruit
Milk



FRIDAY

Bosco Cheese Sticks
w/Marinara Sauce
California Blend
Vegetables
Flavored Applesauce
Milk



PRICES:

Lunch	\$2.90
Reduced Lunches	\$.40
Ala Carte Entrée	\$2.40
Milk	\$.50
Breakfast	FREE

DAILY ALTERNATIVE LUNCHES:

- Fresh Salad Bar
- Yogurt Parfait
- PB&J Uncrustable
- Yogurt Pack w/Cheese Stick & Banana Bread or Chocolate Bread

To receive Low Balance Alerts, make prepayments or to check on your child's account, please use myschoolbucks.com.

No charging allowed

Menu is subject to change

Follow the menu with its calendar day. Each week is represented by a color and represents a 4-week cycle menu.

This Institution is an equal opportunity provider.

AUGUST 2024	SEPTEMBER 2024	OCTOBER 2024	NOVEMBER 2024	DECEMBER 2024	JANUARY 2025	FEBRUARY 2025	MARCH 2025	APRIL 2025	MAY 2025
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3	1 2 3 4 5 6 7	1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4	1	2 3 4 5 6 7 8	1 2 3 4 5	1 2 3
4 5 6 7 8 9 10	8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	2 3 4 5 6 7 8	9 10 11 12 13 14 15	6 7 8 9 10 11 12	4 5 6 7 8 9 10
11 12 13 14 15 16 17	15 16 17 18 19 20 21	13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	9 10 11 12 13 14 15	16 17 18 19 20 21 22	13 14 15 16 17 18 19	11 12 13 14 15 16 17
18 19 20 21 22 23 24	22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	16 17 18 19 20 21 22	23 24 25 26 27 28 29	20 21 22 23 24 25 26	18 19 20 21 22 23 24
25 26 27 28 29 30 31	29 30	27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30 31	23 24 25 26 27 28	30 31	27 28 29 30	25 26 27 28 29 30 31