



Quiz Answer Key

1. List three characteristics of a healthy relationship.

Any of the following: Mutual respect, trust, honesty, support, equality, good communication, physical safety, etc.

2. List three examples of emotional abuse.

Any of the following: Teasing, bullying, humiliation, threats, intimidation, putdowns, betrayal, etc.

3. List three examples of physical abuse.

Any of the following: Slapping, pushing, grabbing, shaking, smacking, kicking, punching, pulling hair, etc.

4. List three ways to support a friend who's being abused.

Any of the following: listen to him/her, believe him/her, don't judge him/her, tell him/her it's not his/her fault, don't talk badly about his/her partner, offer to help him/her get help, etc.

5. List three people or organizations you could turn to for help if you were in an abusive relationship.

Any of the following: parents, teachers, religious leaders, school nurses, teachers, school counselors, doctors, crisis centers, teen help lines, abuse hotlines, etc.
