

Brunswick School Department  
Health Education  
Curriculum Alignment

Safety and Accident Prevention	Grade 7	Grade 8	Grade 10
A. Health Concepts Students will understand health promotion and disease prevention concepts.			
			<p><u>Safety</u></p> <p>Essential Skills:</p> <ul style="list-style-type: none"> <li>▪ There are many types of violence including: bullying, fighting, assault, homicide, suicide, sexual harassment, rape, and child abuse.</li> <li>▪ There are many self protection strategies that can be taken to prevent violence.</li> </ul> <p>Essential Skills:</p> <ul style="list-style-type: none"> <li>▪ Examine the cause of conflict.</li> <li>▪ Identify and analyze violence in the media.</li> <li>▪ Identify skills that can help prevent sexual abuse including date rape.</li> </ul>

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B. Health Information, Services and Products Students will know how to acquire valid information about health issues, services, and products.			
			<p><u>Injury Prevention</u></p> <p>Essential Knowledge:</p> <ul style="list-style-type: none"> <li>▪ Families should develop a plan to follow in the case of catastrophes such as: landslides, floods, earthquakes, tornados, hurricanes, forest fires, electrical storms, pandemic flu, terrorist attacks, and winter storms.</li> <li>▪ Many emergency situations require specific first aid care</li> <li>▪ It is important to identify emergency situations and provide appropriate first aid assistance after calling an ambulance and taking universal precautions.</li> </ul> <p>Essential Skills:</p> <ul style="list-style-type: none"> <li>▪ Describe safety guidelines for severe weather and natural disasters.</li> <li>▪ Demonstrate the ability to perform CPR and first aid.</li> </ul>

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C. Health Promotion and Risk Reduction Students will understand how to reduce their health risks through the practice of healthy behaviors.			
			<p><u>Safety</u> Essential Knowledge:</p> <ul style="list-style-type: none"> <li>There are many self protection strategies that can be taken to prevent violence.</li> </ul> <p>Essential Skills:</p> <ul style="list-style-type: none"> <li>Identify skills that can help prevent sexual abuse including date rape.</li> </ul> <p><u>Injury Prevention</u> Essential Knowledge:</p> <ul style="list-style-type: none"> <li>Accidents that cause unintentional injuries include: falls, fires, poisoning, suffocation, drowning, bicycle accidents, and vehicle accidents.</li> <li>Avoiding high risk driving, wearing a safety belt, avoiding drinking and driving, avoiding traffic violations, and holding a valid driver's license are all precautions that could prevent motor vehicle collisions.</li> </ul> <p>Essential Skills:</p> <ul style="list-style-type: none"> <li>Identify causes of unintentional injuries.</li> <li>Identify motor vehicle safety guidelines.</li> </ul>

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D. Influences on Health Students will understand how media techniques, cultural perspectives, technology, peers, and family influence behaviors that affect health.			

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E. Communication Skills Students will understand that skillful communication can contribute to better health for themselves, their families and the community.			
			<u>Safety</u> Essential Knowledge: <ul style="list-style-type: none"> <li>▪ Conflicts can be resolved non-violently by using effective communication skills.</li> <li>▪ It is important to be aware of communication skills that are effective and barriers to effective communication.</li> </ul> Essential Skills: <ul style="list-style-type: none"> <li>▪ Analyze effective ways to resolve conflict.</li> <li>▪ Analyze non-violent ways to resolve conflict.</li> <li>▪ Use active listening skills and “I” messages to resolve conflict.</li> </ul>

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F. Decision-Making and Goal Setting Students will learn how to set personal goals and make decisions that lead to better health.			