

Brunswick School Department
Health Education
Curriculum Alignment

Environmental Health	Grade 7	Grade 8	Grade 10
A. Health Concepts Students will understand health promotion and disease prevention concepts.			
		<u>Substance Abuse Prevention</u> Essential Knowledge: <ul style="list-style-type: none"> ▪ Maintaining a tobacco free environment (e.g., second-hand smoke) has health benefits. Essential Skills: <ul style="list-style-type: none"> ▪ Explain the efforts of second-hand smoke. 	<u>Environmental Health</u> Essential Knowledge: <ul style="list-style-type: none"> ▪ Knowing how to pre-cycle, recycle, and dispose of waste properly can reduce the impact of waste on the environment. Essential Skills: <ul style="list-style-type: none"> ▪ Demonstrate the ability to pre-cycle, recycle, and dispose of waste properly.

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B. Health Information, Services and Products Students will know how to acquire valid information about health issues, services, and products.			
			<u>Environmental Health</u> Essential Knowledge: <ul style="list-style-type: none"> ▪ There are agencies that oversee environmental conservation. Essential Skills: <ul style="list-style-type: none"> ▪ Identify strategies to help conserve energy and natural resources

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C. Health Promotion and Risk Reduction Students will understand how to reduce their health risks through the practice of healthy behaviors.			

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D. Influences on Health Students will understand how media techniques, cultural perspectives, technology, peers, and family influence behaviors that affect health.			
			<u>Environmental Health</u> Essential Knowledge: <ul style="list-style-type: none"> ▪ It is important to be aware of the many factors that impact the environment and the consequences of their impact both now and in the future. ▪ There are actions that all individuals can take to protect the environment. Essential Skills: <ul style="list-style-type: none"> ▪ Identify environmental issues. ▪ Describe how individuals can play a role in preventing water and air pollution.

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E. Communication Skills Students will understand that skillful communication can contribute to better health for themselves and the community.			

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F. Decision-Making and Goal Setting Students will learn how to set personal goals and make decisions that lead to better health.			