

Brunswick School Department  
Health Education  
Curriculum Alignment

Environmental Health	Grade 7	Grade 8	Grade 10
<p>A. Health Concepts Students will understand health promotion and disease prevention concepts.</p>			
		<p><u>Substance Abuse Prevention</u> Essential Knowledge:</p> <ul style="list-style-type: none"> <li>▪ Maintaining a tobacco free environment (e.g., second-hand smoke) has health benefits.</li> </ul> <p>Essential Skills:</p> <ul style="list-style-type: none"> <li>▪ Explain the efforts of second-hand smoke.</li> </ul>	<p><u>Environmental Health</u> Essential Knowledge:</p> <ul style="list-style-type: none"> <li>▪ Knowing how to pre-cycle, recycle, and dispose of waste properly can reduce the impact of waste on the environment.</li> </ul> <p>Essential Skills:</p> <ul style="list-style-type: none"> <li>▪ Demonstrate the ability to pre-cycle, recycle, and dispose of waste properly.</li> </ul>

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<p>B. Health Information, Services and Products Students will know how to acquire valid information about health issues, services, and products.</p>			
			<p><u>Environmental Health</u> Essential Knowledge:</p> <ul style="list-style-type: none"> <li>▪ There are agencies that oversee environmental conservation.</li> </ul> <p>Essential Skills:</p> <ul style="list-style-type: none"> <li>▪ Identify strategies to help conserve energy and natural resources</li> </ul>

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C. Health Promotion and Risk Reduction Students will understand how to reduce their health risks through the practice of healthy behaviors.			

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<p>D. Influences on Health Students will understand how media techniques, cultural perspectives, technology, peers, and family influence behaviors that affect health.</p>			
			<p><u>Environmental Health</u> Essential Knowledge:</p> <ul style="list-style-type: none"> <li>▪ It is important to be aware of the many factors that impact the environment and the consequences of their impact both now and in the future.</li> <li>▪ There are actions that all individuals can take to protect the environment.</li> </ul> <p>Essential Skills:</p> <ul style="list-style-type: none"> <li>▪ Identify environmental issues.</li> <li>▪ Describe how individuals can play a role in preventing water and air pollution.</li> </ul>

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E. Communication Skills Students will understand that skillful communication can contribute to better health for themselves and the community.			

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F. Decision-Making and Goal Setting Students will learn how to set personal goals and make decisions that lead to better health.			