

Brunswick School Department
Grade 8
Unit: 4: Community Health

Essential Understandings	<ul style="list-style-type: none"> Communities work to protect the health of individuals, families, school and the environment
Essential Questions	<ul style="list-style-type: none"> What influences personal health? How can diseases be prevented? What influences the health of the community or environment? What are valid resources in the community? What organizations or businesses work to protect or promote health in the community?
Essential Knowledge	<ul style="list-style-type: none"> Both internal and external factors impact personal health. The environment and heredity affect your health. There are two types of diseases known as communicable and non-communicable diseases. There are many valid sources of health information in the community. There are many community health agencies and services available. Community health refers to the health status of a certain group of people.
Vocabulary	<u>Terms</u> <ul style="list-style-type: none"> Community health, public health, communicable disease, acute, chronic, pathogen, internal/external factors
Essential Skills	<ul style="list-style-type: none"> Define environment and discuss the influences on health. Define heredity and discuss the influences on health. Explain the differences between acute and chronic disease. Explain how health choices may be influenced by other external factors. Explain the difference between communicable and non-communicable disease. Understand the difference between person and community health. Discuss the role of government agencies in protecting community/public health. Locate and illustrate valid and reliable local health agencies and services in the greater Brunswick area.
Related Maine Learning Results	<p>A. Health Concepts Students comprehend concepts related to health promotion and disease prevention to enhance health. A4. Environmental and Personal Health</p>

	<p>a. Analyze how environment and other factors impact personal health.</p> <p>b. Describe how family history can impact personal health.</p> <p>c. Explain how appropriate health care can promote personal health.</p> <p>B2. Locating Health Resources</p> <p>Students locate valid and reliable health information, products and services.</p> <p>a. Explain situations requiring the use of valid and reliable health information, products, and services.</p> <p>b. Locate valid and reliable health information.</p> <p>c. Locate valid and reliable health products and services.</p> <p>D1. Influences on Health Practices/Behaviors</p> <p>Students explain and analyze influences on adolescent health behaviors.</p> <p>a. Examine how the family, school, and community influence the health behaviors of adolescents.</p> <p>E2. Students describe ways to influence and support others in making positive choices.</p> <p>c. Demonstrate an ability to work cooperatively as an advocate for healthy individuals, families and schools.</p>
Sample Lessons and Activities	<ul style="list-style-type: none"> • Begin with an overview of community health vocabulary by presenting a keynote presentation to students. • Discuss the history of community or public health and the improvements that have been made in the past century. • Group students together to define the terms acute, chronic, non-communicable, and communicable diseases. Then jigsaw the groups to report out to the class. • Discuss the different types of diseases as students present their findings and check for understanding. • Distribute the vocabulary list of specialists. Allow students to define terms on their own using a laptop or dictionary. (10-15 minutes) • Correct the definitions as a class, then collect the worksheet. • Introduce Community Map Project and distribute the project guidelines and rubric. The purpose of the project will be for students to locate valid and reliable health information, products and services in the community.

Sample Classroom Assessment Methods	<ul style="list-style-type: none">• Complete vocabulary worksheets.• Complete and present a community map of Brunswick.
Sample Resources	<u>Publications:</u> <ul style="list-style-type: none">○ United Way of Mid Coast Maine Community Quick Card○ United Way of Mid Coast Maine Directory of Commonly Requested Community Services○ Yellow pages of local phone book.