

UBD Unit Design Template

Time Frame: 4 Classes	Unit Title: Healthy Relationships	Course Name: Health 6th
Stage 1: Desired Results		
Established Goal(s)	Transferable Skills	
<p>National Health Standards</p> <p>2. There are medically accurate and reliable sources of information related to human growth and development. Health Education Standard 2</p> <p>6. The importance of showing and promoting dignity and respect for themselves and others. Health Education Standard 7</p> <p>9. How to respond to uncomfortable/unsafe situations. Health Education Standard 5</p> <p>10. How to identify trusted adults to promote safety. Health Education Standard 5</p> <p>11. The characteristics of healthy relationships and effective ways to maintain positive relationships. Health Education Standard 1</p>	<p><i>Students will be able to independently use their learning to...</i></p> <p><i>Use the skill learned to make the best decision about the short/long term over health and wellbeing for themselves as well as understand the risks and consequences that come from those choices.</i></p>	
	Meaning	
	<p><u>Understandings</u></p> <p><i>I can identify age appropriate social interactions and behaviors between male and female peers.</i></p> <p><i>I can analyze the similarities and differences between friendships and romantic relationships.</i></p> <p><i>I can compare and contrast the characteristics of healthy and unhealthy relationships.</i></p> <p><i>I can explain the criteria for evaluating the health of a relationship.</i></p> <p><i>I can describe the advantages and disadvantages of communicating using technology and social media.</i></p> <p><i>I can identify positive and negative impacts of technology on friendships and relationships.</i></p>	<p><u>Essential Questions</u></p> <p>2. Where can I find accurate and reliable information about my development of friendships and relationships?</p> <p>3. What do I need to understand about my growth and development to support my physical, social, and emotional health?</p> <p>4. How do I make decisions regarding my relationships</p> <p>6. In what ways do I show respect and dignity for myself and to others?</p> <p>9. How do I keep myself safe in uncomfortable/unsafe situations?</p> <p>10. How do I identify trusted adults that I can talk to promote my safety and well being?</p> <p>11. What are the characteristics of healthy relationships and effective ways to maintain positive relationships?</p> <p>12. Who are sources of support and trusted adults to help with uncomfortable or unsafe situations?</p>
	Acquisition	
	<p><i>Students will know...</i></p> <p>Friendship Relationship Consent Permission Boyfriend Girlfriend Platonic</p>	<p><i>Students will be able to...</i></p> <p>Key skills students will acquire from the lesson, unit, or course.</p> <p>Student will be able to recognize healthy and unhealthy relationships</p>

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	<p>Abuse</p> <p>Communication</p> <p>Cooperation</p> <p>Compromise</p> <p>Respect</p> <p>Honesty</p> <p>Acceptance</p> <p>Dependability</p> <p>Loyalty</p> <p>I Message</p> <p>Active listening</p> <p>Body Language</p>	<p>Students will be able to identify the difference between a friendship and a relationships</p> <p>Students will be able to determine components of an abusive or controlling relationship</p> <p>Students will understand how communication plays a key roll in a healthy relationship</p> <p>Students will learn to identify friendship values, what makes a strong friendship and come up with positive strategies to develop these friendships.</p> <p>Students will understand the dangers of meeting and starting "relationships" with members of a social media community.</p>
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Stage 2: Evidence & Assessment

Evaluative Criteria	Assessment Evidence
	<p><u>Summative Assessment(s):</u></p> <p>Healthy Relationship Test</p>
	<p><u>Formative Assessment(s):</u></p> <ul style="list-style-type: none"> ● Exit and entrance tickets ● Discussion Questions ● Interview Worksheet.

Stage 3: Learning Overview

A suggested abbreviated progression of learning activities/timeline of the unit.

Ex:

- Day 1: Introduction, Get the giggles out, healthy relationship lecture, Questions, Exit ticket
- Day 2: Entry Ticket, Questions Jar, Social Media Safety, Discussion, Questions, Review
- Day 3: Entry Ticket, Abusive relationships, Discussion, Review.
- Day 4: Test
- Communication
- Human Reproduction
- Personal Safety
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