



# HARDING COUNTY SCHOOL DISTRICT 31-1

## HOME OF THE RANCHERS



### YOU NEED TO STAY HOME OR GO HOME IF YOU HAVE:

# 2

Of the following:

- HEADACHE
- CHILLS
- SORE THROAT (no fever)
- BODY ACHES

LESS COMMON

# OR

# 1

MORE COMMON

Of the following:

- FEVER OF 100.4 OR HIGHER WITH NEW ONSET SEVERE HEADACHE
- NEW UNCONTROLLED COUGH THAT CAUSES DIFFICULTY BREATHING (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
- SHORTNESS OF BREATH
- LOSS OF TASTE OR SMELL
- VOMITTING, DIARRHEA, OR ABDOMINAL PAIN
- SORE THROAT (w /fever/cough)

### WHEN CAN I COME BACK TO SCHOOL?

#### POSITIVE COVID-19 TEST

May return after 10 FULL days

AND

At least 24 hours **NO** fever without taking medication

#### NO COVID-19 TEST/w symptoms

(Contact School for Guidance)

24 hours **NO** fever without taking medication

AND

All symptoms have improved

OR

Doctor's note indicating alternative diagnosis

#### NO COVID-19 TEST/w Exposure & Symptoms

(MORE COMMON SYMPTOMS)

May return before or after 10 FULL days (Contact school for return plan/guidance)

AND

24 hours **NO** fever without taking medication

AND

All symptoms have improved

OR

Doctor's note indicating alternative diagnosis

#### NEGATIVE COVID-19 TEST

24 hours **NO** fever without taking medication

AND

Respiratory Symptoms have improved

#### EXPOSURE COVID-19

If you have been notified by the Department of Health, School District, or local health officials that your child is a close contact of an individual with COVID-19 you need to:

- \*Stay at home
- \*Inform the school
- \*Follow instructions given by health/school officials
- \*Obtain a clearance letter stating when you can return to school.

\*\*\*\* IF FEVER IS THE **ONLY** SYMPTOM, MAY RETURN AFTER 24 HOURS WITHOUT TAKING MEDICATION\*\*\*\*