



Shandrai Silva, School Counselor

February 2018

Happy February! The school counseling program is looking forward to a great second half of the school year.

In January, the school counseling program continued with classroom guidance lessons, small group counseling and individual meetings with students. We recognized No Name- Calling Week which included Student Council sharing a skit and facilitating discussions with some of the lower grade students. Students also had an opportunity to participate in the Great Kindness Challenge Week by completing a kindness challenge and participating in kindness lessons.

See what's happening in February.
It's going to be another great month at
the Nest!

Classroom guidance classes are weekly based on grade level specials schedule. Small group counseling and individual counseling by self-referral, parent referral, teacher referral, administrator referral or counselor initiated.

A word cloud in the shape of a heart, filled with various adjectives and nouns describing qualities of good teachers. The words are arranged in different sizes and colors (red, green, blue, yellow) to fit the heart shape. Some prominent words include "Good Listeners", "Professional", "Helpful", "Teachers", "Patient", "Caring", "Leaders", "Advocates", "Kind", "Humble", "Resourceful", "Skilled", "Compassionate", "Non-judgmental", "Smiling", "Empathetic", "Balanced", "Responsible", "Academic", "Passionate", "Dedicated", "Creative", "Flexible", "Collaborative", "Innovative", "Organized", "Communicative", "Supportive", "Encouraging", "Motivating", "Inspiring", "Mentoring", "Coaching", "Facilitating", "Observing", "Reflecting", "Evaluating", "Assessing", "Monitoring", "Tracking", "Recording", "Reporting", "Documenting", "Sharing", "Networking", "Partnering", "Engaging", "Connecting", "Relating", "Interacting", "Communicating", "Expressing", "Experiencing", "Exploring", "Experimenting", "Examining", "Evaluating", "Estimating", "Establishing", "Endorsing", "Enjoying", "Embracing", "Emulating", "Empowering", "Enriching", "Enhancing", "Enlightening", "Entertaining", "Enticing", "Entrusting", "Escorting", "Essentializing", "Establishing", "Endorsing", "Enjoying", "Embracing", "Emulating", "Empowering", "Enriching", "Enhancing", "Enlightening", "Entertaining", "Enticing", "Entrusting".



Home of the Hawks



National School Counseling Week
CELEBRATE SCHOOL COUNSELING 

February 5 - 9, 2018



**NATIONAL RANDOM ACTS OF
KINDNESS DAY – February 17**

celebrate
BLACK
history **MONTH**

Character Education

“We’re Soaring with Good Character”

The character trait of the month is **Self-discipline**. **Self-discipline** means being responsible for your actions; being in charge of the things you say and do and making choices that are healthy, safe, kind and respectful to others.

Self-Discipline



- *I will be thoughtful with my words and actions.
- *I will monitor and take ownership of my actions.

Effective

Communicators

- *I will listen more than I speak.
- *I will communicate clearly, to both adults and students.

Willing

Collaborators

***I will be willing to work with and listen to the ideas of others.**

Intrinsically Motivated

*I will work hard for me and do my personal best to be successful.

Growth Mind Set

***I will learn,
reflect, and grow
from my mistakes
and challenges.**

http://www.edgebrookschoolorg/apps/pages/index.jsp?uREC_ID=205243&type=d&pREC_ID=405995

“Intelligence plus character- that is the goal of true education.”

Dr. Martin L. King, Jr.

