

Sensitive Human Sexuality Topics

2016 NJAHPERD Conference

Presenters

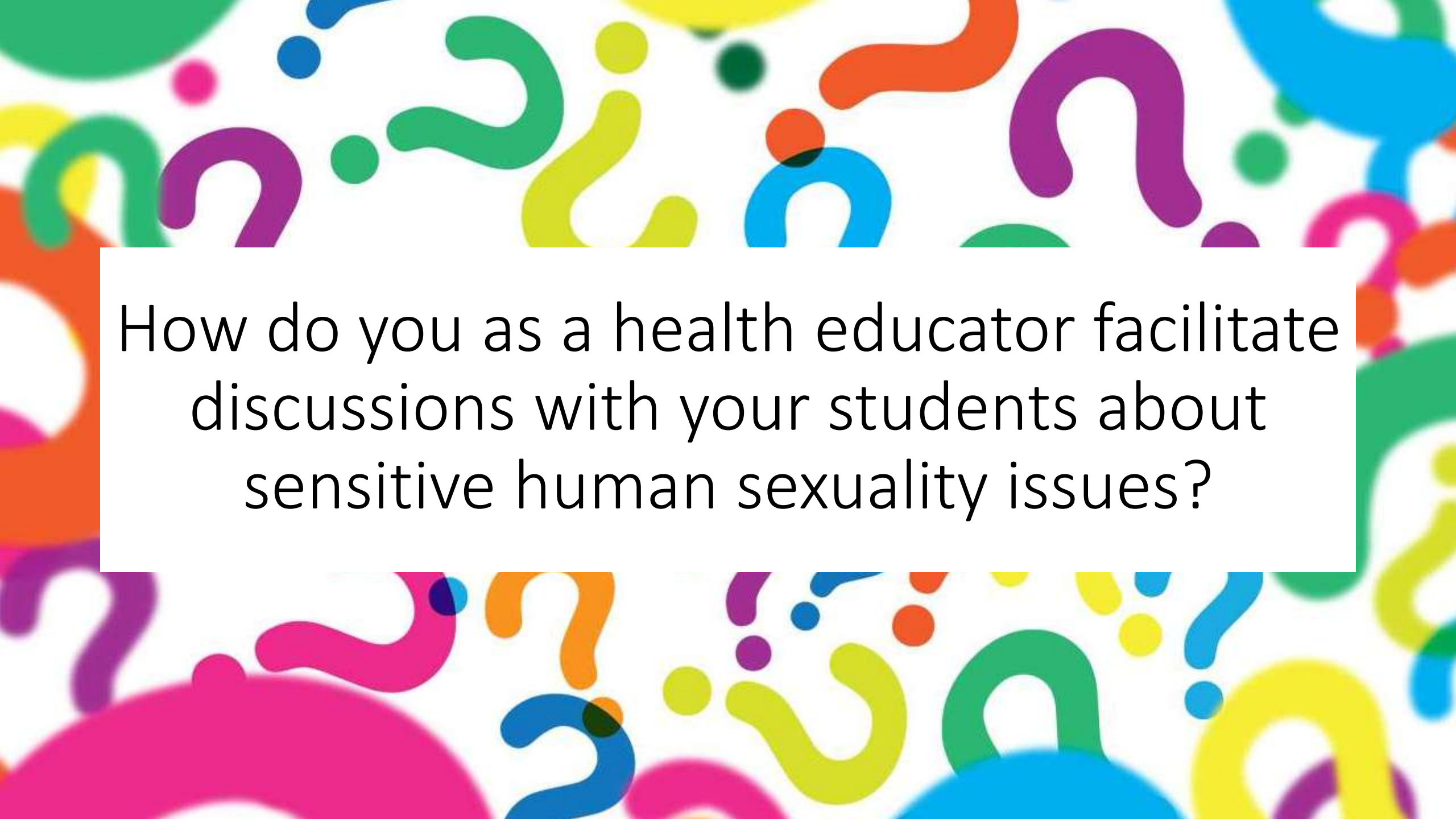
Tracy Berge	Pat Hardin	
Health/PE Educator Vernon Twp. High School tberge@vtsd.com	Adjunct Health Professor William Paterson University hardinp@wpunj.edu	

WELCOME





Icebreaker Time!



How do you as a health educator facilitate discussions with your students about sensitive human sexuality issues?

Primary Objectives

- Provide students with medically accurate sexual health information and equip them with the skills they need to make healthy decisions
- Use hands-on activity based structure which provides students with opportunities for honest and open discussion and situations to practice skills

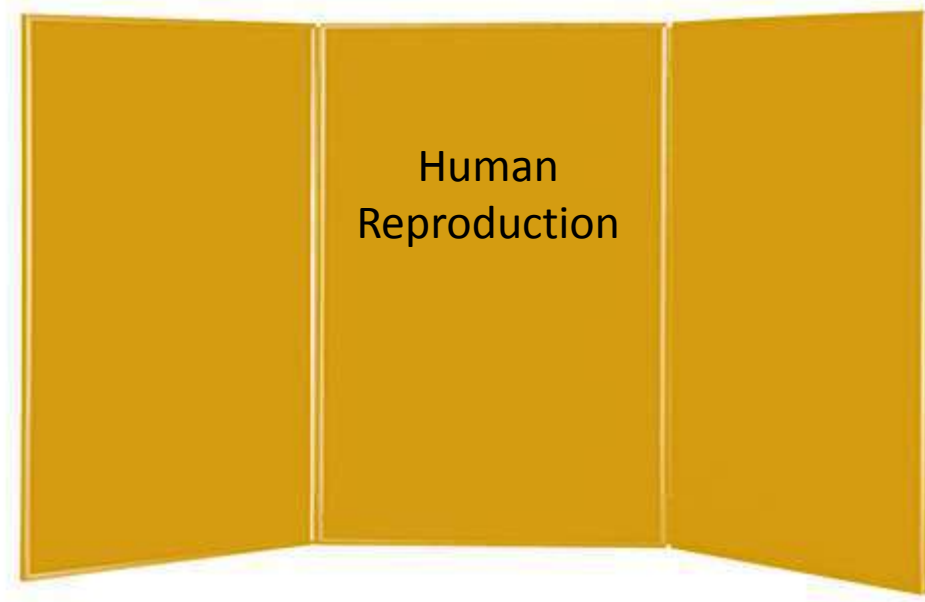
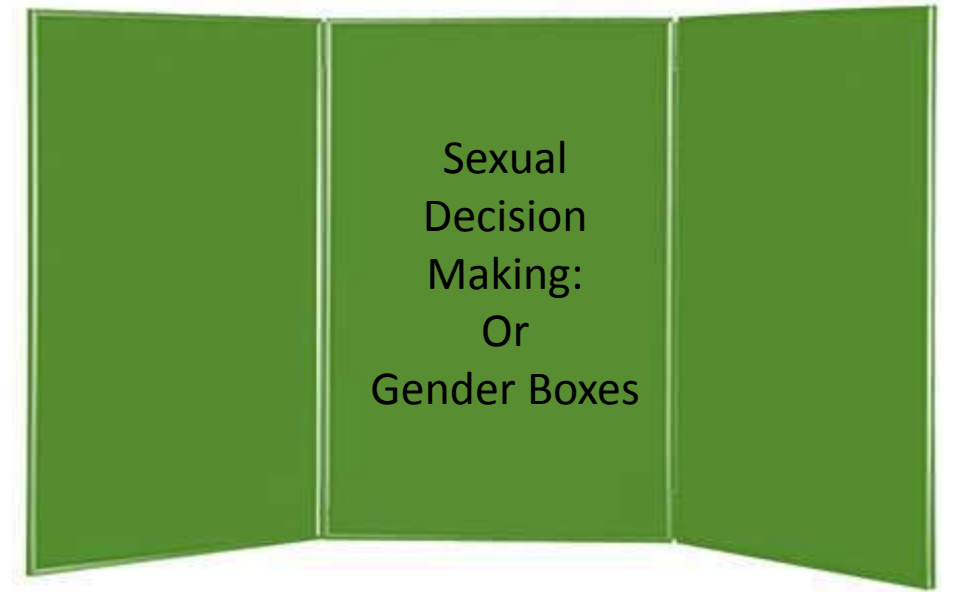


Essential Skills for Students

- Decision making
- Resisting peer pressure
- Communication with peers
- Communication with parents
- Communication with partners
- Problem-solving
- Negotiation and refusal skills
- Competence in interpersonal relationships
- Self-management



Small Group Cycles





THANK

YOU!