



George Washington Middle School Department of School Counseling

Your school counselor works to ensure a holistic educational experience and provides academic and social/emotional support to your child through their middle school journey. We are champions for ALL of our students! Please contact your school counselor should you need any academic and/or social/emotional support.

Individual Counseling: Academic Support, Social Skills, Stress Management, Self-Esteem, Grief/Loss, and more

Classroom Lessons: Emotional Literacy & Regulation, Empathy & Resiliency Skills, Interpersonal Skills, Understanding Healthy vs. Destructive Relationships, Coping Skills, Mental Health Awareness, Suicide Prevention

Individual Career & Academic Plans (ICAPs):

Post-Secondary Six-Year Course Sequencing Plans, College Readiness, Career Exploration, Goal Setting

Small Group Counseling, Crisis Response Counseling, Student Support Team Collaboration

Student Leadership, Orientation/Transition Programming with 5th and 9th Grades

Class Scheduling, Registering New Students, State Standardized Testing, Community Resources for Families

Mr. Gregory Forbes
Director of Counseling

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Mr. Joshua Savoy
Registrar

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6th Grade Team	7th Grade Team	8th Grade Team
Ms. LaShawn Ricks Professional School Counselor <i>Students with last names A-L</i> 703-706-4515 lashawn.ricks@acps.k12.va.us	Ms. Amanda Najjar Professional School Counselor <i>Students with last names A-L</i> 703-706-4534 amanda.najjar@acps.k12.va.us	Ms. Ansley Shackelford Professional School Counselor <i>Students with last names A-L</i> 703-706-4518 ansley.shackelford@acps.k12.va.us
Ms. Verline Jackson Professional School Counselor <i>Students with last names M-Z</i> 703-706-4515 verline.jackson@acps.k12.va.us	Ms. Stacey Thomas Professional School Counselor <i>Student with last names M-Z</i> 703-706-4534 stthomas@acps.k12.va.us	Ms. Doreen Boateng Professional School Counselor <i>Students with last names M-Z</i> 703-706-4518 doreen.boateng@acps.k12.va.us