

## **GSL GBB Winter Coaches Meeting for players in 9<sup>th</sup> – 12<sup>th</sup> grade**

- 1. Please sign up online and pay before our 1<sup>st</sup> practice (Nov. 15<sup>th</sup>).**
  - a. [www.gsl.k12.mn.us](http://www.gsl.k12.mn.us)
  - b. Athletics/Activities → 7-12 online activities registration
  - c. A participant may have a reduced activity fee if they receive free or reduced lunch. Please check with Lori Harms in the Activity office.
- 2. Sports Physical**
  - a. Must have a valid sports physical on file. These are good for 3 years. So, 10<sup>th</sup> graders not in a fall sport. Please check with Lori Harms if you need a sports physical.
- 3. Practice starts on Nov. 15<sup>th</sup>**
  - a. Practice will be 3:30 – 5:30
  - b. We will be in the Black gym week 1 and Purple gym week 2.
  - c. Scrimmage @ Waconia on Sat Nov. 20<sup>th</sup> (I believe we will start at 9am)
    - i. 9-12 will attend scrimmage and should be done around 11:30am.
- 4. Games**
  - a. Home games
    - i. We want the JV players dressed and ready to go 30 minutes before the scheduled start time.
  - b. Away games
    - i. We will provide the bus depart times to the team at practice.
    - ii. We will load the bus outside the main FH entrance.
    - iii. At this time MASK are required on the bus for away games.
    - iv. Please email your coach if you plan on not riding the bus home from away games.
    - v. You will also need to sign your daughter out at the away game location with the coach.
- 5. Grade Expectations at GSL (as of 10/15/2021)**
  - a. If a student is at a D grade, Pass or below at **mid-tri**, he/she will be ineligible for one (1) event. The student will practice but will not participate in any events if the grade has not been improved to a D+ or higher.
  - b. If a student received a D, D-, and/or F in one or more classes at the **end of the trimester**, the student will be ineligible to compete in any events for a period of two (2) weeks or two (2) events whichever is longer. These two (2) weeks will be carried over to the next season if it is not completed during the season in progress, i.e. spring grades carry over to fall sports. If a contest or activity takes place during the student contact day, any ineligible student is required to be in school. All decisions concerning academic eligibility are subject to final administration approval.
- 6. Students that are in a winter activity can purchase a field house membership for \$5 for the season of their activity.**
  - a. It starts the first day of their activity and ends the last day of the varsity season.
  - b. This is a great option for our students.

**7. Coaches (as of 10/15/2021)**

- a. Head Coach Jeff Monahan C 612-619-1997 [jeffrey.L.monahan@gmail.com](mailto:jeffrey.L.monahan@gmail.com)
- b. Assistant Coach Mary Lemke C 320-510-1532 [mlemke@gsl.k12.mn.us](mailto:mlemke@gsl.k12.mn.us)
- c. Assistant Coach Dave Wendlandt

Any questions please let me know

Thanks

Coach Monahan

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C 612-619-1997