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# Grafton Spoiler Junior High Meet

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## SCHEDULE OF EVENTS

MONDAY APRIL 29<sup>TH</sup>, 2024

2:45 pm:           **Coaches Meeting**  
3:00 pm:           **Field Events**  
3:30 pm:           **Running Events**

### Track Events Schedule

**\*\*Boys will run first**

200 m. hurdles  
SM Relay (100-100-200-400)  
100 m. dash  
4 x 200 m. relay  
1600 m. run  
4 x 100 m. relay  
400 m. dash  
100 m. hurdles (G)  
110 m. hurdles (B)  
800 m. run  
200 m. dash  
4 x 400 m. relay

### Field Events

▪ 3 attempts -- ***no finals***

Triple Jump (B, G)  
Long Jump (G, B)  
High Jump (B, G)  
Shot Put (G, B)  
Discus (B, G)  
Pole Vault (G, B)

Please join us on Monday April 29th, for the Grafton Spoiler Junior High Meet. Competition will begin at 3:00 with field events and running events at 3:30 pm. We will have a brief coaches' meeting at 2:45 near the concession stand.

- **Entry Fee \$20/athlete up to a maximum of \$200 per school which covers both girls' and boys' teams.**
  - **Please bring a check with you or send in advance to Grafton Public School.**
  - **Please make the checks payable to: *Grafton Public School***
- **Busses should park in the gravel area next to the baseball field**
- The track events will be FAT.
- You must sign up on ATHLETIC.NET by 9:00 pm Sunday April 28th.
- Spikes allowed are 1/8 or 1/4 inch pyramid only.
- NO team camps OR food, beverage, gum and seeds on the Track or football field areas.
- Discus warmups will take place on the southeast corner of the football practice field.
- No tape will be allowed on the runways or track.
- Team camps will be located around the football field up against the fenced areas.
- The infield will be used for warm ups.
- Please police your camps and pick up all garbage and double check that you have all your equipment, uniforms, and gear.

Any questions, please contact:

Krysten Stutlien, Head Girls Coach  
Trevor Tompkins, Head Boys Coach  
Jon Koehmstedt, AD

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