No Credit Example Essay

Student's Name

Mentor's Name

Graduation Project Reflection Essay

Date

Matchmaker Reflection

After taking the matchmaker quiz on career cruising I was presented with many career options. I did like the options that came up for my results. I feel as though the careers fit me very well and I would be happy doing most of them. The careers presented were all very hands on, fun, and interesting jobs. Some had to do with working with children and many types of art.

Proficient Example Essay

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Reflection Paper

After completing the Career Matchmaker Quiz, I was given a list of possible careers that may fit my interests. After looking over the list given, I noticed that all of the options were in the Health Science or Human Service fields. This fit my interests very well. I already was looking for a career as a nurse in some sort of medical field, and this reassured me. The number one career identified in the Matchmaker survey that best fits my interests is a pediatrician. A pediatrician could be a good possibility because I do want to work in the medical field, and I really do enjoy helping children. The next choice that caught my eye was a neurologist. I do not think that this is as a good of a match because I do not think I am that interested in the brain or how to fix it. The last few choices were all in the fields of a surgeon. I may like these choices because I do enjoy helping people and fixing their health problems. But, I do not know if I could feel completely comfortable operating on a person. I usually do very well with blood, needles and other things of that nature, but I am not sure how controlling a surgery would go. Overall these options, given by the Career Matchmaker, suit me extremely well because I am looking for a career in the medical field for the future.

Exceptional Example Essay

Student's Name Mentor's Name Graduation Project Reflection Essay Date

Matchmaker Quiz Reflection

Throughout my high school experience I have received many opportunities to explore possible career options. Searching for my perfect career using Career Matchmaker has been an eye-opening experience for me. Taking the Career Matchmaker Quiz has guided me in narrowing down the countless options available for my future career. Although I did not initially believe that the quiz would be a helpful resource, it proved to be a substantial guide, and the results confirmed my interests. After finishing the quiz, a list of possible fields that corresponded with my answers was provided. Some careers that first grabbed my attention include: optometry, anesthesiology, and dermatology.

Most of the careers identified through my Matchmaker Quiz results are located in the medical field, which is the area of study that I am most interested in pursuing in college. Because I do well in my high school biology, chemistry, and other science classes, I believe that I will enjoy further investigating these medical careers. Optometry, anesthesiology, and dermatology seem interesting careers to me because I enjoy working with and helping people. I like the fact that these career choices combine hands on work with the skill set that I have in science. The Matchmaker Quiz results also mentioned other careers that fit my interests that I had never considered before, such as pharmaceutical research and pharmaceutical sales.

I realize that time spent investigating careers is crucial for my future, but the process can be overwhelming. Thankfully, I will have other opportunities to explore possible career options, such as attending a future career fair at Mt. Lebanon High School. I look forward to learning more about careers in the medical field through meeting with professionals at the fair. The Matchmaker Quiz results combined with my experience at the career fair will hopefully help me stay focused when I look at colleges.