

**Academic/Career Development/ Personal/Social**  
**Unit 1: Social Transition to High School (Grade 8-9 Transition)**

<b>Essential Understandings</b>	Students will acquire the knowledge and information necessary and/or helpful to make a successful social and academic transition to high school
<b>Essential Questions</b>	What information and skills are needed to make successful transition from junior high to high school?
<b>Essential Knowledge</b>	Students will understand the behavioral and social expectations at the high school level including time management, study and organizational skills, following the block schedule, the importance of attendance and credits, using Family Link, balancing extra-curricular activities and academic eligibility.
<b>Vocabulary (examples)</b>	Time Management, Study Skills, Attendance, Credits, Add/Drop, Eligibility, Co and Extra-Curricular Activities, Excused/Unexcused Absences, Community Service
<b>Essential Skills</b>	<p>Students will recognize the behavioral and academic expectations at the high school level, the importance of time management and study skills, as well as involvement in extra-curricular activities</p> <ul style="list-style-type: none"> <li>○ Learn the goal-setting process</li> <li>○ Understand change is a part of growth</li> <li>○ Distinguish between appropriate and inappropriate behavior</li> <li>○ Identify and discuss changing personal and social roles</li> <li>○ Recognize that everyone has rights and responsibilities</li> <li>○ Identify personal strengths and assets</li> </ul>
<b>Related Maine Learning Results</b>	<p>Career and Education Development</p> <p>A. Learning about Self-Knowledge and Self-Concept</p> <p>B. Beliefs and Behaviors that Lead to Success</p> <p>C. Career and Life Roles</p>
<b>Sample Lessons And Activities</b>	Student visit to 8 <sup>th</sup> Grade Advisor Groups. 9 <sup>th</sup> Grade students (with high school counselor) visit advisor groups to discuss social and academic transition to high school. Topics include what 8 <sup>th</sup> grade students are most nervous about, earning credits, importance of attendance, time management, study skills, organization; block scheduling, extracurricular activities, eligibility
<b>Sample Classroom Assessment Methods</b>	Student feedback/evaluation
<b>Sample Resources</b>	Note cards with questions (from 8 <sup>th</sup> grade students ahead of time)