



Welcome Back CES!
Grade 4 Instructional Activities for Day 1 of Remote
Instruction (Either Thursday 9/10 or Friday 9/11)

IMPORTANT: Your first remote day is an attendance and learning day.
Please follow the time frames to the best of your ability.

8:45-9:00	Google form: Required for attendance Mrs. Roe's Homeroom: https://forms.gle/JxTwRwDnNRc6gzu98 Mrs. Charsky's Homeroom: https://forms.gle/YJVKX1u2kedSuQaA6 Mr. Charlebois' Homeroom: https://forms.gle/ThGNVoURXpG35bpS6
9:00-9:30 Watch the back to school training videos for routines and health	Hand washing: <ul style="list-style-type: none">• Hamilton Health Sciences handwashing experiment video.• Hand Washing Video Social Distancing: <ul style="list-style-type: none">• Social Distancing Explained Respiratory Hygiene: <ul style="list-style-type: none">• Mr. Derby and Mrs. Rosher's Mask Video
9:00-9:45 Back to School Writing	Take a piece of paper and divide it in 4 sections/boxes. In each box write your answers to the following questions. Bring this in on your first in-person day! <ul style="list-style-type: none">• 3 Things you did over the summer• 3 Of your favorite things• 3 Things you are excited about for this school year• 2 Things that worry you about coming back to school
9:45-10:15	Snack and movement break!
10:15-11:00 ELA	<ul style="list-style-type: none">• Read for 20 to 30 minutes.• Find a reading nook in your home. Figure out how to make it a cozy place but also a productive place.

11:00-11:15 Movement and mindfulness break	<p>Everyone has different feelings about returning to school. Some people find mindfulness strategies helpful. Watch these videos and try a few strategies from our counselors:</p> <p>5 Finger Breathing Square Breathing Triangle Breathing 5 Senses Breathing Movement Break</p>
11:15-12:00 Science/SS	<p>Welcome to 4th Grade!</p> <p>Place your name at the top of a sheet of paper. Number your paper from 1-7 down the margin or left edge</p> <p>Neatly fill in the following information:</p> <ol style="list-style-type: none"> 1. Your Name (first and last) 2. Your street address 3. The village or town in which you live 4. Your state 5. Your country 6. Your continent 7. Your planet <p>Bring your work into school with you Friday, September 11! Welcome back everyone!</p>
12:00-1:00	Lunch/Recess
1:00-1:30 CHAT!	<p>Google Meet with Mrs. Rosher and Mr. Derby</p> <p>Type in Google code to join: CES2020</p>
1:30-2:15 Math	<p>Take a piece of paper and divide it into 8 sections or boxes (eighths). Write your name on the back.</p> <p>In each box, write an equation for each of the following. You may use addition, subtraction, multiplication or division (your choice).</p> <p><u>For example</u> if you have 5 brothers you could write $13-8=5$ OR $4+1=5$ OR $8+8-11=5$ OR $5 \times 1=5$.....</p> <ul style="list-style-type: none"> *Letters in your last name *Your birth month *Number of pets *Number of brothers

	<ul style="list-style-type: none"> *Your shoe size *Number of sisters *Favorite number *Number of states you have lived in
2:15-2:45 Art	Art activity Watch this video and make your own Masked Hero!