

Name: _____
Teacher's Name: _____

Date: _____
Grade: _____

Grade 3
Baseline Data Assessment
Physical Education

1. What muscle is used in doing a push-up?
 - a. calves
 - b. bicep
 - c. back
 - d. quad
2. Which exercise improves cardio?
 - a. push-ups
 - b. crunches
 - c. jumping jacks
 - d. toe-touches
3. The part of the foot used to dribble a soccer ball is called _____.
 - a. outside
 - b. toe
 - c. inside
 - d. A and C
4. This is a soccer penalty ball is called _____.
 - a. handball
 - b. goal
 - c. passing
 - d. kicking
5. In floor hockey, the blade cannot come up past this part of the players body ball is called _____.
 - a. head
 - b. shoulder
 - c. chest
 - d. waist
6. What is the most important skill in basketball?
 - a. Shooting
 - b. Dribbling
 - c. Swiping
 - d. Passing

7. This part of the body is used to set the volleyball ball is called _____.
- a. feet
 - b. forearms
 - c. fingers
 - d. knee

8. A baseball team switches from offense to defense after this many outs.
- a. 1
 - b. 2
 - c. 3
 - d. 4

9. Name the most important muscle in the body, and explain why?

10. In a football game, the quarterback throws a pass, and the defense catches the ball. The play is called _____
- a. fumble
 - b. interception
 - c. touchdown
 - d. field goal

Grade 3 Physical Education Baseline Data Assessment Answer Key

1. B (2.6)
2. C (2.5)
3. D (2.5)
4. A (2.6)
5. D (2.5)
6. B (2.5)
7. C (2.6)
8. C (2.5)

9. The heart. It supplies the body with oxygen to move, and it's the only muscle that never stops working. (2.5)

10. B (2.5)