

K-3 Physical Education

Grade 2 Physical Education

Grade 2 physical education will take previous learned skills and apply to a team and sport atmosphere. Students will be asked to perform skills within basic activities, game like situations, and within a group setting.

By the end of 2nd grade, students will be able to:

Team Skills:

- Understand basic teamwork and cooperation
- Display good sportsmanship

Manipulative Skills and Game Skills:

- Perform the skill of throwing and catching through varies activities
- Perform hand-eye/foot-eye skills through varies activities
- Perform striking skills through varies activities

Fitness and Relationship to Their Body:

- Understand the basic ideas behind fitness components (cardio, muscular strength, muscular endurance, flexibility)
- Perform fitness activities within each of the fitness components

