



Vision Board, SMART Goals, & Growth Mindset



Jeremiah 29:11

Psalms 37:4-5

Psalms 33:11

Proverbs 3:5-6

VISION BOARDS



Step 1: Brainstorm

-Think about and define **where** you want to be by the end of the 2021 school year.

- Choose your **word** for this school year.

-Think of **one new thing** you want to try, but don't know where to start.

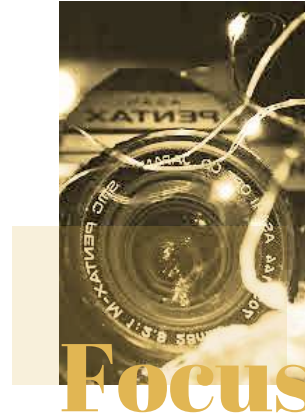
VISION BOARD --Guiding Principles



the ability to think about or
plan the future with
imagination or wisdom.

Desire

to long or hope for
something.



to concentrate on
something and pay
particular attention to it.



“When an individual has no vision; he has no focus or direction.”

—Bishop T. Bismark

How to write SMART Goals:

Use this video and provided worksheet as a guideline for setting SMART goals



SMART GOALS

- **Specific**-clearly defined
- **Measurable**-does it answer the questions how many, how much and/or how often.
- **Achievable**-is it realistically achievable within your time frame.
- **Relevant**-does it make a difference in your life, education, family, etc?
- **Time-bound**- does it state a clear and specific completion date?



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02

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Specific



Measurable



Attainable



Relevant



Time Based

Step 2: SMART Goals

Create SMART goals in the following 5 areas.

- Time
- Faith/Purpose
- Relationships
- Education
-

Career/College

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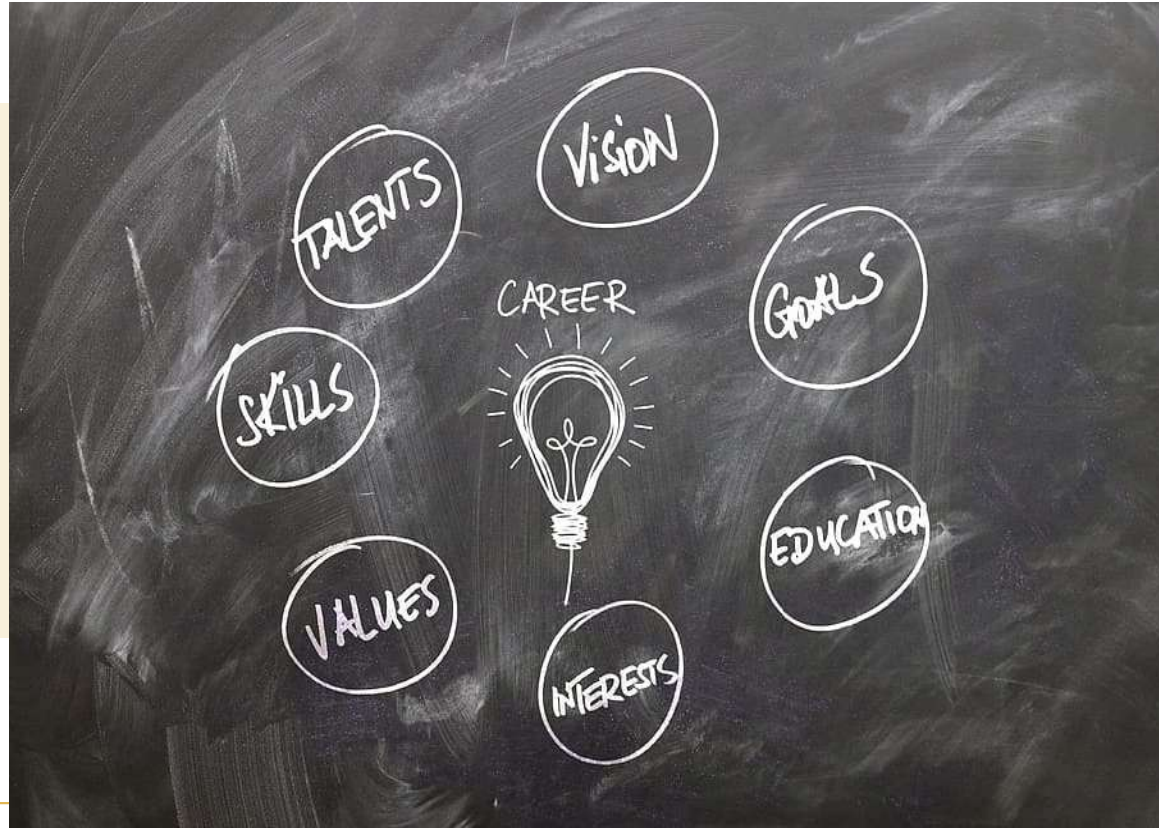


Step 3: Create your Product

**Create a vision
board using
Padlet with
provided
rubric/
specifications**

Padlet Tutorial

Vision Board Rubric



VISION/GOAL AREAS:

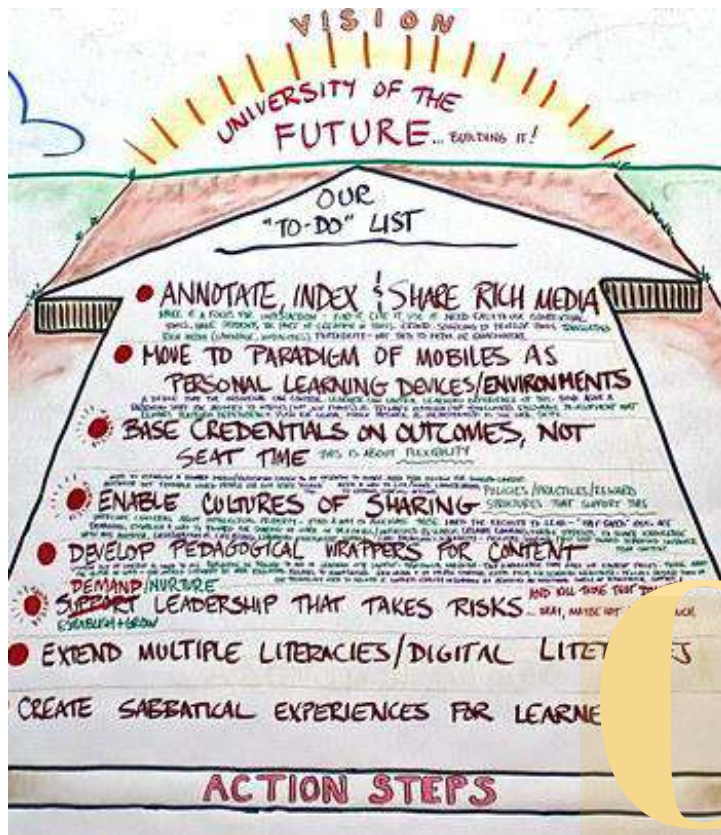
Faith/Purpose		5
College/Career		4
Education		3
Relationships		2
Time		1



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Step 4: Action Items

Add Action Items to your goals to keep you on track



04

How to Determine Action Items

(Small Steps toward the goal)

What am I doing daily, weekly, and monthly to achieve my goals?

(Example Action items: Weekly: In order to achieve one of my fitness goals, I am going to pack my workout gear three days a week to run or walk around the campus)

Monthly: Chart my mileage on my Yes.fit app to make sure I am on track

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
January							
February							
March							

VISION BOARDS

Step 5: Create, Proof & Submit

What:

Develop SMART Goals for each area defined in rubric and create a Vision Board using Padlet and rubric categories. (Tier 2 assignment)

When: Due by Tuesday, August 24th at the beginning of class



How do we make our goals achievable?



Please take notes
on key points as
we will discuss as
a large group.

TAKEAWAYS?

(IN YOUR SMALL GROUPS, ANSWER THESE QUESTIONS)

- HOW CAN WE BEST ACHIEVE OUR GOALS?
- WHAT OFTEN STOPS US FROM ACHIEVING OUR GOALS?
 - WHAT ARE SOME AREAS WE NEED TO CHANGE OR RE-EVALUATE IN ORDER TO SEE SUCCESS?

Credits!

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