



Name: _____

Date: _____

Quiz

Instructions: Answer each question.

1. List three things you can do to get along better with friends or family:

2. True or false: Getting along with teachers can help you do better in school.
3. When you've hurt someone's feelings, what's the best thing you can do?

4. A good first step to getting over a problem with a friend would be to:
 - a) yell about how you feel
 - b) say it was your fault, even if it wasn't
 - c) get other friends to take your side
 - d) communicate calmly with each other
5. No matter how angry or upset you are, it's never OK to use _____ when trying to solve an argument.
6. True or false: When you're in an argument, you should try to stay focused on your own point of view.
7. Sibling rivalry (fighting between brothers and sisters):
 - a) is common
 - b) is normal
 - c) can occur at any age
 - d) all of the above
8. True or false: Adults never have to apologize.
9. During an argument, it's just as important to _____ as it is to speak.
10. If you want to have an important conversation with someone, it's best to do it:
 - a) while he or she is working on something important
 - b) during an argument
 - c) when the person is calm and can give you his or her full attention
 - d) when the person seems really stressed out