



Name: _____

Date: _____

QUIZ

1. The four major types of germs are _____.
2. True or false: Some bacteria are not harmful to people; some are even helpful.
3. The single best way to protect yourself from germs, and to avoid spreading germs to other people, is to _____.
4. Name four times when it's important to wash your hands:
5. True or false: It's OK to eat food if it's on the floor for less than 5 seconds.
6. If you have to cough or sneeze, you should cover your mouth and nose with either a _____ or your _____.
7. The best way to clean your hands is to wash them with soap and water for ____ seconds.
8. Which body system is responsible for fighting germs?
 - a) cardiovascular
 - b) digestive
 - c) endocrine
 - d) immune
 - e) nervous
 - f) respiratory
9. True or false: Athlete's foot is a kind of fungus.
10. True or false: Most viruses can't survive very long if they're not inside a host, such as the living cells of things like plants and animals (and people).