



Quiz Answer Key

1. The four major types of germs are bacteria, viruses, fungi, protozoa.
2. True or false: Some bacteria are not harmful to people; some are even helpful.
3. The single best way to protect yourself from germs, and to avoid spreading germs to other people, is to wash your hands.
4. Name four times when it's important to wash your hands: (any three of the following: when your hands are dirty, before eating, before cooking or preparing food, after using the bathroom, after handling money, after blowing your nose or coughing, after playing outside or with a pet, after changing a diaper, after being with someone who's sick)
5. True or false: It's OK to eat food if it's on the floor for less than 5 seconds.
6. If you have to cough or sneeze, you should cover your mouth and nose with either a tissue or your elbow.
7. The best way to clean your hands is to wash them with soap and water for 20 seconds.
8. Which body system is responsible for fighting germs?
 - a) cardiovascular
 - b) digestive
 - c) endocrine
 - d) immune
 - e) nervous
 - f) respiratory
9. True or false: Athlete's foot is a kind of fungus.
10. True or false: Most viruses can't survive very long if they're not inside a host, such as the living cells of things like plants and animals (and people).