



RSU 57

- Waterboro
- Alfred
- Lyman
- Line
- Shapleigh
- Massabesic Middle
- Massabesic High

Continuous Learning **LEARNING MENUS**

MATH

LITERACY

SPECIALS

Printables
Week 3



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MATH

LEARNING MENU MATH & STEM

GRADE 2

★ = EVERYDAY ITEMS ** Reminder Use CLEVER to get to login to SeeSaw. See notes below.

1 ★

Addition/Subtraction Practice: XtraMath, Prodigy, ConnectEd - Beat the Computer, Timed Test app, or worksheet:

tinyurl.com/RSU572MSF



2 Virtual Field Trip

kids.sandiegozoo.org/

Which animal did you see was the heaviest? Which animal was the lightest? Which animal was the tallest? Which animal was the shortest? Include the unit of measurement in your answer (pounds, feet, etc.)



3

Geometry Skill Box: Create 2D and 3D shapes out of materials from inside or outside of your house. Examples: Playdough & Toothpicks, Sticks & Mud. Take a picture and put it on Seesaw.



4

New Skill Challenge: Fractions – Parts of a Whole

What do you already know about fractions? What do you now know about fractions after watching the video?

bit.ly/2421box4



5

Seesaw Activity

Outdoor Scavenger Hunt

This activity will be assigned by your teacher in Seesaw so you can see your list of items to look for, listen to, and feel.



6

Engineering and Design

Gather items outside and create a fairy or toad house. Take a picture for Seesaw. Tally up how many of each object (twigs, acorns, pinecones) you use.



7

Real-Life Application: Baking or Cooking? (Using fractions)

Cut your sandwich into halves, thirds or fourths. Take a picture and put on Seesaw.



8

Math Online Games (EDM, Prodigy, Zearn, ConnectEd)

Math Card Game: Addition Battle Cards

tinyurl.com/u7acvv5



9

Active Math:

Set a marker at your starting point, jump and measure how far away you landed. Repeat 5 times and try to increase your length each time. Have fun!



WE ♥ &
MISS
YOU!

**** Reminder:**

Please log in to Seesaw using "Clever". This helps your child to view videos seamlessly! For more info: safeYouTube.net/w/l8o6



2

MATH-DRILLS.COM MATH-DRILLS.COM MATH-DRILLS.COM MATH-D

Name: _____

Outdoor Scavenger Hunt

TO LOOK FOR

- ☐ Something Purple
- ☐ A Pinecone
- ☐ 3 different kinds of rocks
- ☐ Something Round
- ☐ 2 Kinds of flowers
- ☐ Something that starts with the letter G
- ☐ Something Very Tall
- ☐ Something Green
- ☐ 2 Different kinds of leaves
- ☐ 1 Stick
- ☐ 2 Different types of trees
- ☐ Something prickly
- ☐ Something that smells good
- ☐ Something that starts with the letter B
- ☐ 1 Spiderweb
- ☐ Something orange
- ☐ 1 Bug
- ☐ 1 Squirrel
- ☐ Something Blue
- ☐ 1 Worm
- ☐ Something that starts with the letter P
- ☐ Something Smooth
- ☐ An Ant Hill
- ☐ 1 Bird
- ☐ Something Yellow
- ☐ 1 Butterfly
- ☐ 2 Clouds



TO LISTEN FOR

- ☐ Wind through the trees
- ☐ Leaves under your feet
- ☐ Birds Singing
- ☐ An animal moving in the trees



TO FEEL

- ☐ Rough Tree Bark
- ☐ The Sun on your face
- ☐ The Wind in your hair
- ☐ A Smooth rock
- ☐ Something Wet



Name: _____



Jack is worth 11, Queen is worth 12, King is worth 13 and Ace is worth 14. Split the deck between 2 players. Each player flips over the top three cards and lays them in row. Each player finds the sum of the 3 cards. The highest sum wins all 6 cards. Continue playing until all cards are used. This game can also be played by flipping over cards. The highest sum wins all 8 cards.



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LITERACY

LEARNING MENU LITERACY

GRADE 2

★ = EVERYDAY ITEMS ** Reminder Use CLEVER to get to login to SeeSaw. See notes below.

1 ★

Read to self or a family member for 20 minutes or more. (every day)



2 Listen to a Story read by your teacher or librarian.

Read Aloud:
Stella Star of The Sea
safeyoutube.net/w/HhL5

[Click here for 5 Finger Retell Picture](#)



3 Aquarium Field Trip
Choose an Aquarium to visit:

- [National Aquarium](#)
- [Seattle Aquarium](#)

Then complete the SeeSaw activity showing what you learned and saw on your Aquarium visit – OR – Draw a picture of your favorite field trip or family trip.



4

Word Work:
Noun, Verb, Adjective, and Adverb Color sheet SeeSaw Activity assigned by your teacher.

tinyurl.com/vhq6dt4



5

Practice reading a story.
Make a video of you reading it and share the video with family living away or send it to your teacher in Seesaw. *(once a week)



6

Main Idea and Details:
All About Sloths SeeSaw Activity assigned by your teacher.

tinyurl.com/w385t98



7

Writing Prompt: Write a story about spending a day at the beach. What do you see, hear and smell?

[Writing Paper](#)



8

Writing prompt: Imagine that a famous celebrity lends you a jet for a week. Where do you go and what happens?

[Writing Paper](#)



9

Writing Prompt: Write a story about getting locked inside an amusement park or zoo overnight.

[Writing Paper](#)



WE ♥ &
MISS
YOU!

**** Reminder:**

Update Seesaw!
bit.ly/rsu57updateapps



Directions: Read the story. Identify the main idea and 3 important details.

Main Idea and Detail

The main idea tells what a paragraph is about.
Details are pieces of information that help tell about the main idea.

Sloths

The sloth is the slowest moving mammal in the world. Sloths live in the rainforest. They live in the trees and hang from the branches with the help of their powerful claws. Sloths are nocturnal. They are awake at night and sleep during the day. Sloths are herbivores. They eat leaves, shoots, and fruit from the trees. Sloths are very good swimmers. Sloths have been known to drop from a tree branch to swim in the river below. Sloths are solitary animals and only come together to mate. Sloths are known to have a loud call. They use their call to attract a mate. Female sloths give birth to one baby each year.

Main idea: _____

Detail: _____

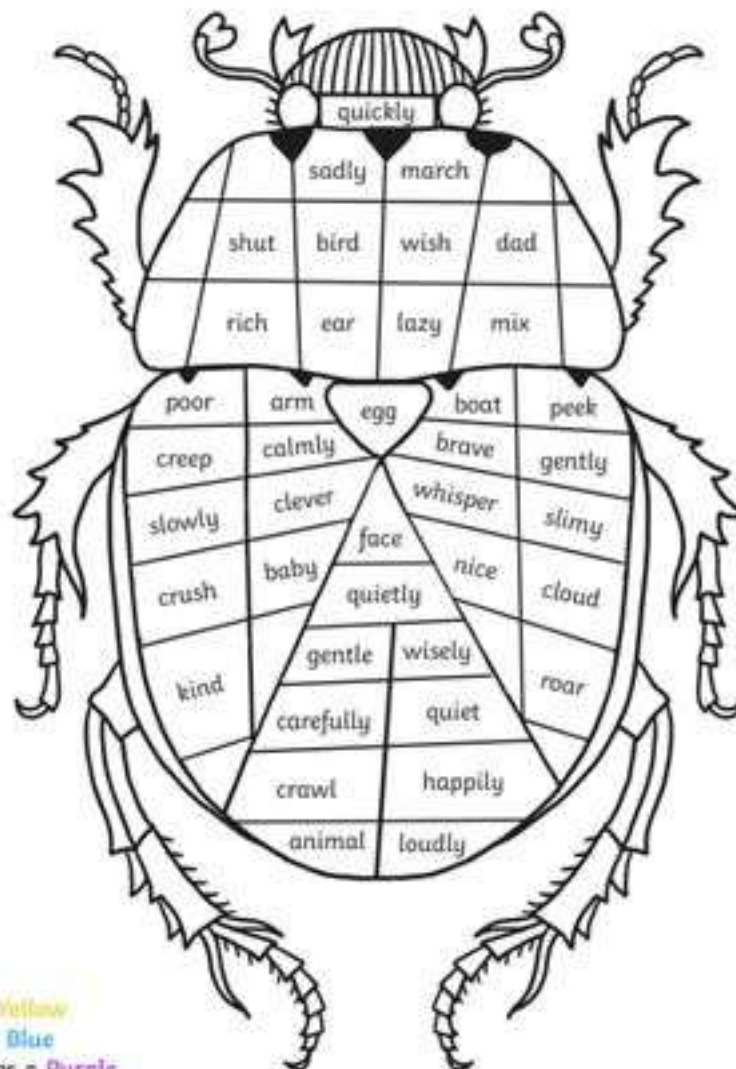
Detail: _____

Detail: _____

Colour by Word Class

I can recognise nouns, verbs, adjectives and adverbs.


Can you identify which of these words are nouns, verbs, adverbs or adjectives using a colour code?



Verbs = Yellow
Nouns = Blue
Adjectives = Purple
Adverbs = Green


Name _____

Date _____

[illegible]


Name _____

Date _____

[illegible]


Name _____

Date _____

[illegible]

Name _____

Date _____


[illegible]

Name _____

Date _____

Name _____

Date _____

[illegible]



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SPECIALS

LEARNING MENU *SPECIALS*

GRADE 2

1

PE: Luck of the Dice
bit.ly/3cqwLjD



2

PE: W.O.W (Workout of the Week): Wednesdays with Mrs. Person at 11:00:
rsu57.zoom.us/j/298414629



3

PE: Plank Tap Challenge, click this link
bit.ly/3bo0nvS



4

Art: Found Object Primary and Secondary Color Wheel
[Directions](#)



5

Art: Nature Art
[Directions](#)



6

Art: Explore the Tate Museum and play one of the games or take one of the quizzes.

www.tate.org.uk/kids/explore

[Directions](#)



7

Music: Make a pattern with the [Oscillator](#). Can you make your voice sound like that? Make sure you use a gentle, high, light voice. Try patterns with all of the different robots. Which one is your favorite?

bit.ly/2VrxXfG



8

Music: Steady Beat - Listen to a song, and march to the steady beat! Where else can you put the steady beat on your body? What song did you listen to?



9

Music: Found sounds - find something that normally isn't used as an instrument, and turn it into one! How many sounds can your new instrument make? Try tapping or scraping it with different objects.



10

Library: Take a Staycation with a book and Read or Listen to a story, then Draw/Share a picture of JUST the setting of the story.



11

SEL Digital Link: Coping with Social Distancing
bit.ly/2RH2CV4



12

SEL: Let's Take a Mindful Walk! bit.ly/2RCZ8ms



Check our website daily for additional remote learning supports: bit.ly/rsu57remote















2

Name: _____

**Directions:**

- Find a die or pair of dice. You can play with one die, just choose six of the below exercises. OR play with two dice, and use the entire table.
- Roll your dice, what did you roll? If it was a 2 and a 5, you can choose what to complete; find the number 2 row and match it up with the number 5 column, that box has 10 squats, or find the 5 row and the 2 column, that box has 20 mountain climbers, you get to choose!

	1	2	3	4	5	6
1	20 Jumping Jacks 	5 Push-ups	20 second plank 	5 Jump and turn 	10 tuck jumps 	Bear Crawl 12 "steps" 
2	20 alternating walking lunges 	20 sit ups 	20 second wall sit with knees at 90 degrees	5 burpees	10 squats 	10 second side plank-both sides 
3	30 seconds of high knees	20 seconds of arm circles (forward and back)	Reach for the sky and count to 20	10 Superman 	Sit and reach for your toes, hold for 20 seconds.	Butterfly stretch for 20 seconds
4	20 Soldier Walks 	30 seconds of flutter kicks (lay on back and "swimmer feet")	30 seconds of butt kicks	10 Star Jumps (Don't forget, "I'm a STAR")	20 sec. each side, arm across your chest (palm up)	10 hip bridges 
5	30 seconds jog in place	20 mountain climbers	20 skier jumps (side to side)	20 bell jumps (forward and back)	10 high knee skips	5 single leg jumps, both sides
6	30 seconds of invisible jump rope	10 sumo squats (toes out)	10 Frog jumps	Crab walk 10 steps forward and back	30 second wall sit with knees at 90 degrees	12 Burpees



Name: _____

Let's Take a Mindful Walk!

Mindful walks are good for our bodies and emotions. They are a great way to take a break from the screen and focus on the moment. Mindful walking is a great tool to have in your emotional tool kit. During a mindful walk we pay attention to what is going on around us, not the thoughts in your head. Mindful walking is great because you can do it inside, in nature, or in the city. Pick a day this week to take a mindful walk.

Start by noticing your body, use deep, calming breaths to focus your attention. Finish this sentence, "My body feels....."

Walk forward with slow, steady steps. Notice how your feet feel on the ground.

- What do you see as you walk? Can you name four things?
- What do you hear on your walk? Can you name three things?
- What do you feel on your walk? Can you name two things?
- What do you smell on your walk? Can you name one thing?



Please choose from **ONE** of the following lessons to work on over the course of two or three half-hour weekly sessions.

Primary, Secondary, Tertiary Collage

Week 1: Take photographs of objects in your house or outside that have primary, secondary, and tertiary colors.

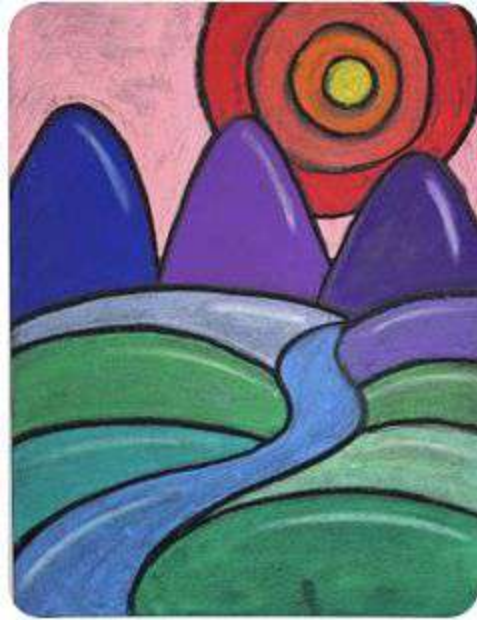
Week 2: Using the PicCollage app, place your photographs in order of the color wheel. If the use of the app is too stressful to navigate, simply re-create your unique color wheel with magazine, newspaper, photograph clippings. Submit to the Art google classroom platform. Here is the color wheel with an explanation of primary, secondary, tertiary colors.



Warm and Cool Landscape

Week 1: Create a sketch of the outdoors. Fill your space on your paper and make it interesting.

Week 2: Use both warm and cool colors. Add a chart on the back of your paper that lists the warm and cool colors. If possible, take a picture of your drawing and send it to your art teacher.



Superhero Design

Week 1: Brainstorm superpowers that you would like to have. Maybe you will be solving a problem, helping someone, or simply making a task a little bit easier. Sketch yourself as a superhero. Add details to your costume that help support your superpower.

Week 2: Create a background that supports your characters superpower.



Tate Museum Field Trip

Explore the Tate Museum and play one of the games or take one of the quizzes. <https://www.tate.org.uk/kids/explore>

Nature Art

Andy Goldsworthy is an artist who uses natural objects to make his art. He uses rocks, leaves, snow, sticks, pine needles, flowers, pine cones, twigs, boulders, essentially anything that he can find. His artwork is not meant to last, eventually it all is returned to the environment.

Week 1: One nice day this week, go outside and collect some objects and see what you can make. Create more than one design with a variety of materials. Take a picture of each design.

Week 2: Create a collage of all of your natural designs using PicCollage and turn into your art teacher.



Picasso Faces

Pablo Picasso is a famous abstract artist that created both paintings and sculptures. Abstract means that it is not meant to look realistic.

Week 1: Watch the video about Pablo Picasso's artwork:

<https://www.youtube.com/watch?v=RINf5XZDcQs>

Find a plate or a surface that you can use for a face! Make a collection of items such as small toys, kitchen supplies, even office supplies.

Week 2: Identify the different parts of a face, eyes, nose, mouth, hair, eyebrows, ears. Sort your objects and think about what parts of the face that they could be used for. Build a **few** different faces, take a photo and send it to your art teacher. If you can, create a collage using PicCollage to

put all of your faces into one picture. Here are some examples:





What is going on?

How to Cope with Social Distancing

Elizabeth Eisner OTR/L, Janelle Jarvis OTR/L and Samantha Ichikawa OTR/L



Adapted



Life is a little different right now. One day I was going to school and playing with my friends, and now I have to stay home all day because of this new virus that everyone is talking about! We're practicing something called "social distancing" which means I'm doing school at home and I don't get to go play with my friends as much as I used to.

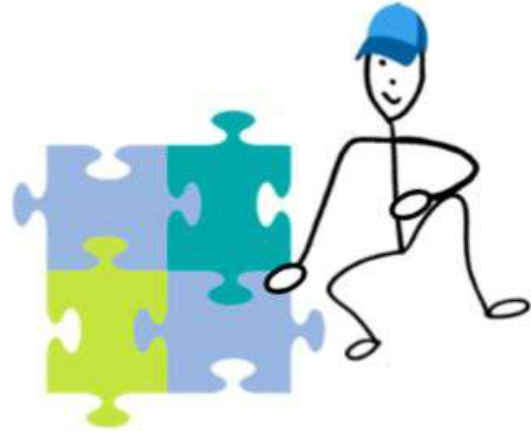
This is only temporary and I'll get to see my friends again soon.





When it's time to play and I can't go outside, here are some things I can do inside.

- Make an obstacle course
- Build a fort
- Create a skit/play dress up
- Do puzzles
- Make arts and crafts
- Have a spa day

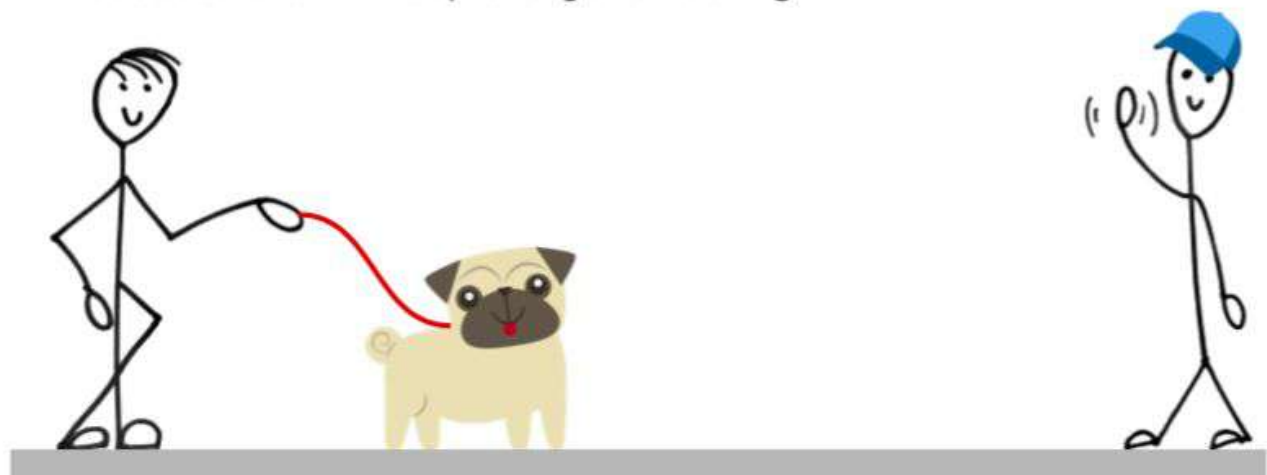


- _____
- _____
- _____
- _____



I still get to go outside, but now we have to stay farther away from other people. We can still smile, wave and say "Hello", but we need to stay a safe distance apart because we want everyone to stay healthy.

I want to run up and pet my neighbor's dog but for now I can wave from where I am. This will make my neighbor happy because this will keep everyone healthy.





My favorite park might be closed, but I can still play with my family. Here are some things we can do outside:

- Decorate my driveway or sidewalk with chalk
- Go on a neighborhood walk with family
- Go on a scavenger hunt
- Walk the dog
- Go on a bike/scooter ride
- Fly a kite

- _____

- _____

- _____

