



RSU 57

- Waterboro
- Alfred
- Lyman
- Line
- Shapleigh
- Massabesic Middle
- Massabesic High

Continuous Learning LEARNING MENUS

MATH

LITERACY

SPECIALS

Printables
Week 5



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MATH

Name: _____

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Name: _____

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Name: _____

Spring is a great time to see turtles in our area again. Did you know that Maine has 8 different kinds of turtles? What special body parts or structures do turtles have to help them stay safe? Hard shells are one special body part turtles use for protection. What are some others? Make a list of all of the different body parts you can think of that help to protect turtles. Draw or describe how the part helps keep them safe. If you need some help to get started, observe the Maine turtles featured in this [1-minute clip](#). When you're done making your list, watch this [3-minute video](#). How was your list the same and how was it different from what you saw in the video? What surprised you? What new questions do you have?

1-minute clip: bit.ly/2ztrwl1

3-minute video: safeYouTube.net/w/2708

Name: _____

Lots of different animals have shells. An armadillo is an animal that has a hard protective shell like a turtle. Armadillos don't live in Maine but maybe you've seen one? Take a [look at this picture](#) (coloring page) of an armadillo or watch this [30-second video clip](#) of an armadillo playing. What human inventions can you think of that may have been inspired by an animal's shell? How could studying how armadillos use their shells to protect themselves help us solve a human problem?

Coloring Page: [Color the Armadillo](#)Video: bit.ly/2VzDrX9

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E LITERAC
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Name: _____

Name: _____

Name: _____

Help!

I was stuck in the shower
and I began to howl.

“Mom and Dad please help me.

I forgot to get a towel.”

“I will come and help you,”

my dad said with a scowl.

‘You always forget to grab one,’

he said with a bit of a growl.



Name: _____

No Toast

I wanted toast for breakfast,
but I didn't have any bread.

So I took my car out on the road
to get a loaf and some spread.
The store was out, but they had oats.
So I bought those instead.



OA
family

Name: _____

-ED

Add -ED to the base word, write the new word and a sentence.


Base word	+		=	New word	Sentence
work	+	ed	=	worked	We worked on our spelling words.
type	+		=		
look	+		=		
want	+		=		
joke	+		=		
like	+		=		

Name: _____

Name: _____


Digraph Word Sort

sh




sh - ship - ish

ch



ch - chin - ich

th



th - thumb - the

ship	thin	chug	shut	thank	chum
chat	thick	shag	thorn	chin	shed

Name: _____

fi pit ba ben fla ma cou tra

sh

ch

th

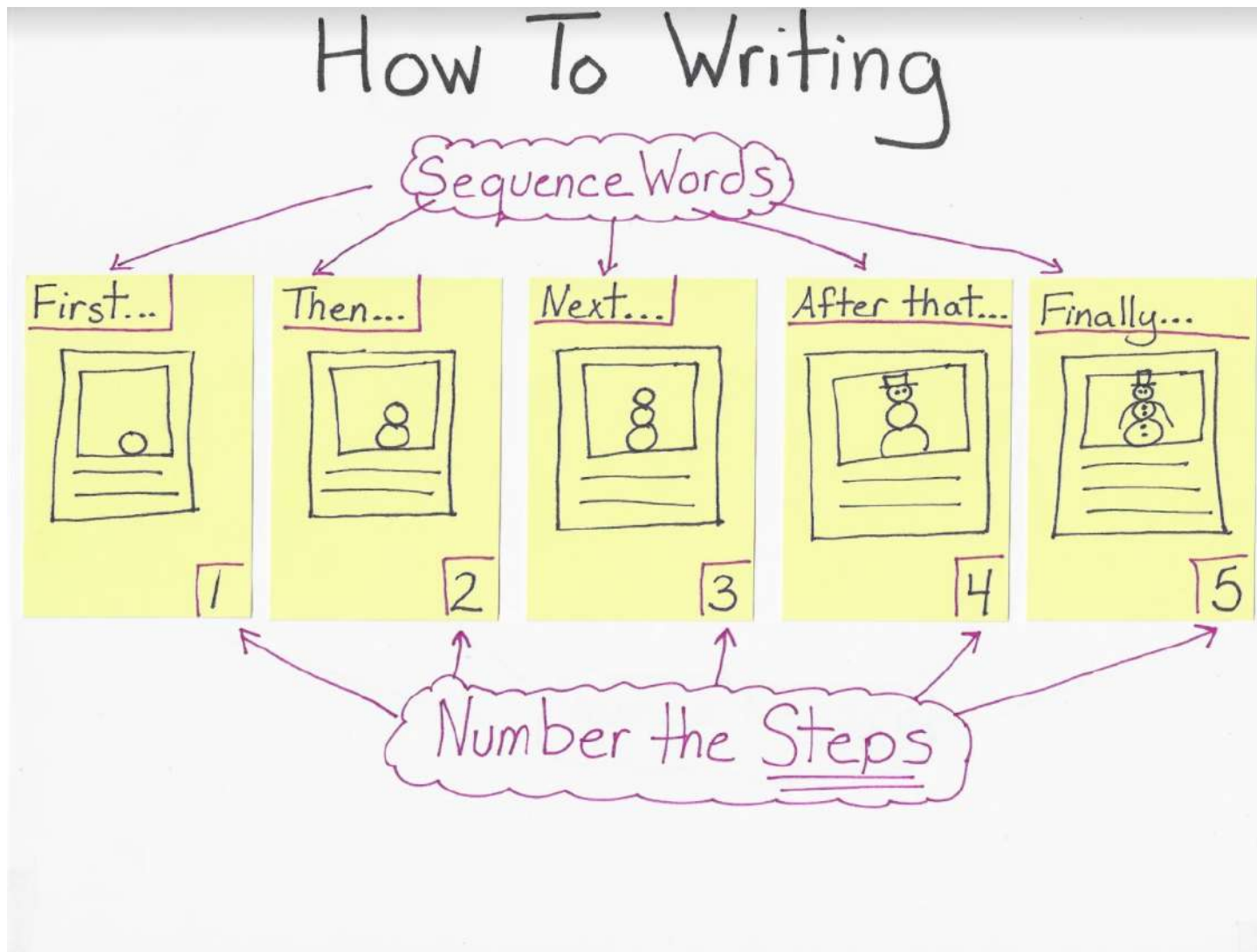
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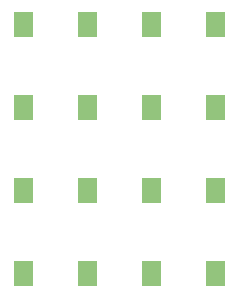
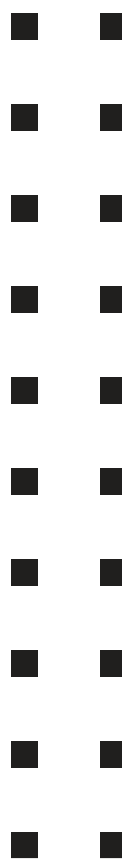




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E SPECIAL
S



Name: _____

Flip a Coin Workout

Directions: Find any coin, flip it in the air (with some flare), how does it land? Follow the chart to see which exercise you can complete!

Flip # 	Heads 	Tails 
1	Jog in Place: 1 minute	20 Jumping Jacks
2	Plank: 30 seconds	8 Push-ups
3	10 Squat Jumps	Wall Sit: 30 seconds
4	15 Crunches	10 Sit-ups
5	High Knees: 30 seconds	Invisible Jump Rope: 1 minute
6	20 Small Arm Circles (both ways)	20 BIG arm circles (both ways)
7	Mountain Climbers: 30 seconds	10 Burpees
8	20 Squat Jumps	20 Calf (heel) Raises
9	20 Sumo Squats	10 Plank Toe Touches
10	20 Plank Jacks	Butt Kicks: 30 seconds

Name: _____

Name: _____

Name: _____

Name: _____

Name: _____

Sound Walk

Take a walk outside, and notice what you hear. You can write them down, or draw pictures.

Have you done this activity already, but want to do it again? Here are some ways to make it a little different:

1. Take the same walk, but listen for different sounds.
2. Take the same walk, but at a different time of day. Do you hear other sounds?
3. Take a walk somewhere else. Do you hear the same sounds as the other walk you took? Do you hear any new sounds?

Don't forget to tell your music teacher all the sounds you heard!

Name: _____

Name: _____

Name: _____

Name: _____

Name: _____

Name: _____