

LEARNING MENU CHOICES

GRADE 1



MATH & STEM



MUSIC



LITERACY



LIBRARY

GRADE



ART



LITERACY



P.E.



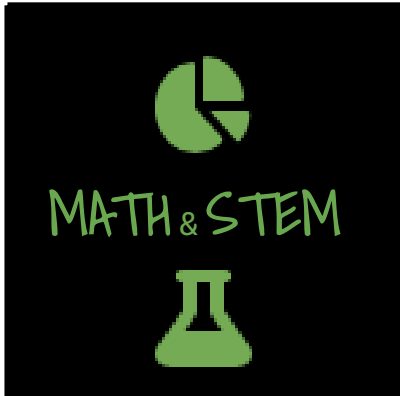
MATH & STEM



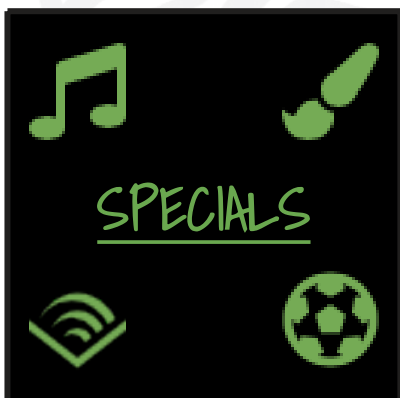
LEARNING MENU VOCAB

GRADE 1

New vocabulary will be added as needed.



View math dictionary:
mathsisfun.com/definitions/



LEARNING MENU MATH & STEM

GRADE 1

★ = EVERYDAY ITEMS

1 ★



IXL Skills Recommendations

2 ★



Fact fluency with flashcards
(addition to 20)

3



While hopping, jump roping,
or doing jumping jacks, skip
count by 2s, 5s and 10s.

4



Roll a die - write down the
number. What number do
you need to add to it to
make 10. Write a number
sentence.

5

Watch teacher video of
shape of the day (2D, 3D
shapes) in Seesaw. Try to
find an object in your home
that is that shape (or come
up with one if you can't find
it). Take pictures and send
them to your teacher.

6



Locate a set of coins.
Identify each coin by its
name and tell its value.
Challenge yourself to count
the groups of like coins (all
the pennies, nickels, dimes).

7



write a 2 digit number. Build
that number with small
objects (pennies, paper
clips, toothpicks or any
other object) showing the
groups of tens and ones.

8

Walk to your mailbox
(with a parent), count your
steps and mentally add or
subtract 10 to that number.
Walk from your bedroom to
your kitchen, count your
steps and mentally add or
subtract 10 to that number.

9

Go around your house and
find 5 objects of different
size. Order them by size
from smallest to largest.

10

Write the following
numbers: 12, 19, 23, 25, 38,
41, 42, 55, 57, 64, 67, 79, 80,
88, 93
*Bonus: 106, 212, 343
Circle each number in the
tens place.
Underline each number in
the ones place



11

Choose three animals to
study. You can study real
animals in your yard outside,
animals in videos or toy
animals you have in your
home. Your job is to...

[Click for more details.](#)

12

Take a close-up look at
the parts of a flower by
watching part of this clip
(2:30-3:44).

[Answer these questions.](#)

LEARNING MENU LITERACY

GRADE 1

★ = EVERYDAY ITEMS

1 ★

Read to self, to a family member, a pet or favorite stuffed animal:

- *Read the pictures
- *Read the words
- *Retell the story .

2

Listen, Read and Answer questions Kids A-Z (box 4)
Raz Kids - Choose a story and listen to it, read it yourself and record yourself, and then answer the questions after you read

3 ★

Listen to a story read by a teacher, sibling, librarian, or a parent (bedtime story).

4

Word Work: Phonics practice-see your teacher for specific lessons

5

Sight word practice.
Rainbow Words: Write each of these words in four different colors. Layer the colors to make them look like a rainbow.
both
from
are

6

IXL Language. Complete 2 categories

7

Writing prompt: Start a story with
Once upon a time.....Make sure you have a beginning, middle and end.

8

Writing Prompt: Do you like learning at home? Include 3 or more reasons why.

9

Go on a Scavenger Hunt. Search for Things that are: Brown, heavy, very light, need sun to live, smaller than your thumb, starts with an 'm', smells good" Write the list you find.

10

Phonics Practice-see your teacher for specific lesson

11

Word Work- choose five of your sight words to use in a sentence

12

Draw a picture of what you see outside your door. Write about what you see using at least 3 sentences that describe the scene.

LEARNING MENU SPECIALS

GRADE 1

Additional directions for Art Lessons (click here)

1

Draw yourself as a superhero. Add details to your costume. What is your superpower?



2

Listen to an audiobook on Audible or Epic. Take a picture of yourself reading your book and share it with your librarian or classroom teacher.



3

.Read or listen to a story and make a video of yourself acting out your favorite part of the book or story then share with your Librarian. Example: Goldilocks and the Three Bears-You could record yourself eating porridge or hot cereal just like Goldilocks.



4

Explore the Tate Museum and play one of the games or take one of the quizzes.



5

Take a walk, and notice what sounds you hear. You can write them out as a list, or draw a picture of the sounds you hear.



6

Use the letters of your name for a workout!

Name your workout (website)
Name Your workout doc



7

Read or listen to Karma Chameleon to learn about adapting to change! Do the worksheet at the end of the story and share how you are adapting.



8

Kandinsky Lab : Make your artwork come alive with sound! Draw high on screen, make a scribble, a low shape, try lots of ideas. Press play to hear your creation!



9

Create an obstacle course in your home or in your yard. How fast can you finish? How many pathways can you create, high, medium, low? Can you race another member of your family.



10

Learn about how deep breathing helps calm us down with Feeling Stressed? Take a Breath! Then check out this Deep Breathing video to practice with Mrs. Day. Finally, learn about making a Calm Down Corner in your own home!



11

Found sounds - find something that normally isn't used as an instrument, and turn it into one! How many sounds can your new instrument make? Try tapping or scraping it with different objects. You can also try making your own instrument as a craft! See your music teacher for examples.



12

Go onto Cosmic Kids' website and try one of the yoga stories.

