



RSU 57

- Waterboro
- Alfred
- Lyman
- Line
- Shapleigh
- Massabesic Middle
- Massabesic High

Continuous Learning **LEARNING MENUS**

MATH

LITERACY

SPECIALS

Printables

Week 4



RSU 57

- Waterboro
- Alfred
- Lyman
- Line
- Shapleigh
- Massabesic Middle
- Massabesic High

MATH

LEARNING MENU

MATH & STEM

GRADE 1

★ = EVERYDAY ITEMS

1 ★

Geometry - Shape Hunt: Go on a shape hunt in your house or outside and complete the activity sent to you on Seesaw.



2 ★

IXL - Re-do Diagnostic: Access the diagnostic via the diagnostic tab with the flag icon at the bottom of the screen. Work for 15 minutes.



3

Fact fluency with flashcards (addition and subtraction to 20)

4

Geometry - 2D Shapes Detective: Look for the 'Sides and Vertices Detective' activity on your Seesaw.



5

Geometry - I Can Sort 3-D Shapes: Look for Seesaw for an activity to sort the 3D Shapes.



6

Operations and Algebraic Thinking: Play Egg Carton Addition. Record your equations. For Ex.- If you shake a 5 and 8 then you would write $5+8=13$. Directions: bit.ly/3aqLLfX Challenge activity: Try subtraction! For Ex.- If you shake a 5 and 8 then you would write $8-5=3$.

7

Measurement, Time and Data: Find the graphing activity in your Seesaw.



8

Spring is a great time to see turtles in our area again. Did you know that Maine has 8 different kinds of turtles? What special body parts or structures do turtles have to help them stay safe? [Click for more instructions.](#)



9

Lots of different animals have shells. An armadillo is an animal that has a hard protective shell like a turtle. [Learn more about the armadillo here.](#)





WE ♥

& MISS


YOU!

Name: _____




John D


09:41
100%
All



Interpret a scatter plot

Try something new


Math | Algebra 1



Count objects - up to 3

Next up


Math | Pre-K



Choose the picture that rhymes with the word

Try something new

Language Arts | Pre-K



How many shapes are there?

1 2 3

Count shapes - up to 3

Next up

Math | Pre-K

Solve for r .


$$r + 4 = 97$$

$r =$

Solve one-step linear equations

Try something new

Math | Algebra 1



Which word matches the picture?

Practice

Recommended for You

Because you excelled in A.1 on October 7

Because you excelled in A.1 on October 7

Because you excelled in A.1 on October 7

Because you excelled in A.1 on October 7

Because you excelled in A.1 on October 7

Recommendations

Awards

Practice

1. Select "Recommendations" at the bottom of the screen.
2. Then select "Math" at the right hand top of the screen.

change to math

Name: _____

Spring is a great time to see turtles in our area again. Did you know that Maine has 8 different kinds of turtles? What special body parts or structures do turtles have to help them stay safe? Hard shells are one special body part turtles use for protection. What are some others? Make a list of all of the different body parts you can think of that help to protect turtles. Draw or describe how the part helps keep them safe. If you need some help to get started, observe the Maine turtles featured in this [1-minute clip](#). When you're done making your list, watch this [3-minute video](#). How was your list the same and how was it different from what you saw in the video? What surprised you? What new questions do you have?

1-minute clip: bit.ly/2ztrwl1

3-minute video: safeYouTube.net/w/2708

Name: _____

Lots of different animals have shells. An armadillo is an animal that has a hard protective shell like a turtle. Armadillos don't live in Maine but maybe you've seen one? Take a [look at this picture](#) (coloring page) of an armadillo or watch this [30-second video clip](#) of an armadillo playing. What human inventions can you think of that may have been inspired by an animal's shell? How could studying how armadillos use their shells to protect themselves help us solve a human problem?

Coloring Page: [Color the Armadillo](#)Video: bit.ly/2VzDrX9

Name: _____



Fishing for 10



NAME

DATE

Materials 4 sets of number cards (0–10), *Fishing for 10* Record Sheet (*Math Masters*, page G33)

Players 2–4

Skill Practicing combinations of 10

Object of the Game To collect as many combinations of 10 as you can

Directions

- ① Shuffle the cards and put them number-side down in a pile.
- ② Each player takes 5 cards.
 - Remove pairs of cards that add to 10 from your hand.
 - Place them number-side up on the table.
- ③ Draw cards from the pile so you have 5 cards again.
- ④ Take turns. When it is your turn:
 - *Fish* by asking another player for a card you need to make a combination of 10.
 - If that player does not have the card you need, *go fish*, or draw a card from the pile.
 - Place any combinations of 10 in your hand number-side up on the table.
- ⑤ Make sure everyone's cards add to 10.
- ⑥ Play until there are no more cards in the pile and nobody can make another combination of 10.
- ⑦ Record 6 of your combinations of 10 on your *Fishing for 10* Record Sheet.

Fishing for 10 Record Sheet

1	2
4	3

NAME

DATE

Write number sentences to show combinations of 10.

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$



Fishing for 10 Record Sheet

1	2
4	3

NAME

DATE

Write number sentences to show combinations of 10.

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

$$\underline{\quad\quad} + \underline{\quad\quad} = 10$$

Number Cards 0-15



15

14

13

12

11

10

9

8

7

6

5

4

3

2

1

0

Play Egg Carton Addition

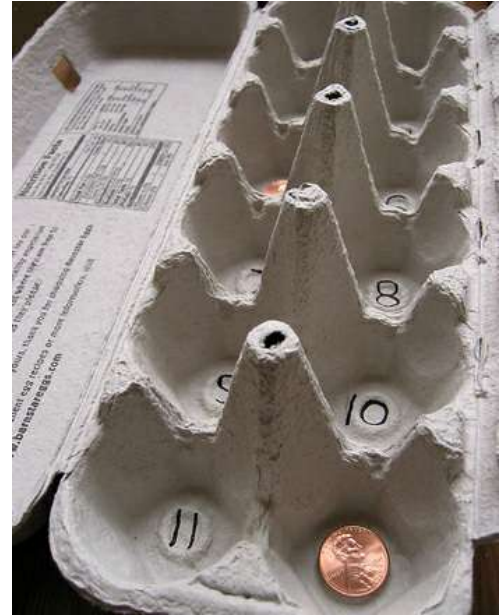
Math facts are a fundamental part of first grade math, and it's almost impossible to get too much practice with them. You can always buy expensive flashcard sets, but there's no need when you've got household stuff and a little imagination. Here's a way for two kids—or a kid with a grownup helper—to have a blast with nothing more than an egg carton and some small beans or pennies lying around the house!

What You Need:

- Empty egg carton
- 2 “game tokens” (pennies, chips, or beans work well)
- Marker
- 2 pieces of white paper
- Pencils

What You Do:

1. Use your marker to put a number in the bottom of each egg cup in the carton. (If you have a math beginner, start by cutting your carton in half, so you only have six cups; if you've got a kid who's surging ahead, go ahead and use all twelve!)
2. Put a bowl of game tokens (pennies, marbles or beans) in the center of your table or play area and place two pieces into the egg carton.
3. Each player takes turns shaking the carton and then writing an addition problem on their paper using the two number sections the pieces landed in. Let's say, for example, that the two pieces landed in 4 and 6. The addition problem would then be $4+6$.
4. The person with the highest sum after each player has had a turn would then take a token from the bowl in the center of the table. If a wrong answer is given, a token is returned to the bowl. In case of a tie, each child takes a token.
5. Continue playing until each player has collected five tokens. Do this a few times, and be prepared to see steady gains in your young mathematician's adding confidence!





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LITERACY

LEARNING MENU LITERACY

GRADE 1

★ = EVERYDAY ITEMS

** Reminder Use CLEVER to get to login to SeeSaw. See notes below.

1 ★

Read Aloud: Choose a book and read it to yourself, a family member, a pet, or stuffed animal.



2 ★

Listen to a Story: Hear a story read by your teacher, family member, or librarian.



3

Phonics Practice: See your teacher for specific lessons



4

Phonics Practice: See your teacher for specific lessons



5

IXL Language Arts: Complete 2 categories from the recommendations.

[How to Access IXL Recommendations](#)



6

Kids A-Z/Raz Kids:

- Choose a story
- Listen to it
- Read it to yourself and make a recording
- Answer the questions after you read



7

Word Work: Choose 10 sight words and choose a sight word activity.

1. Rainbow Writing
- or-
2. Write 3x each
- or-
3. Write a sentence using each of your 10 sight words



8

Writing prompt: Take a picture of a living thing in your house. Label the details in the picture. In 3-5 sentences, write about the picture. Make sure to use capital letters to start your sentences and punctuation to end your sentences

[Ways to Describe](#)



9

Writing prompt: Make yourself something to eat with permission from your family. Take a picture or draw what you made. Write your steps on how you made it using transitional words in sentences. Describe how it tasted. ["How To" Sequence](#)



WE ♥ &
MISS
YOU!

** Reminder:

Update Seesaw!

bit.ly/rsu57updateapps

Please log in to Seesaw using "Clever". This helps your child to view videos seamlessly! For more info:

safeYouTube.net/w/l8o6



Name: _____

Help!

I was stuck in the shower
and I began to howl.

“Mom and Dad please help me.

I forgot to get a towel.”

“I will come and help you,”

my dad said with a scowl.

‘You always forget to grab one,’

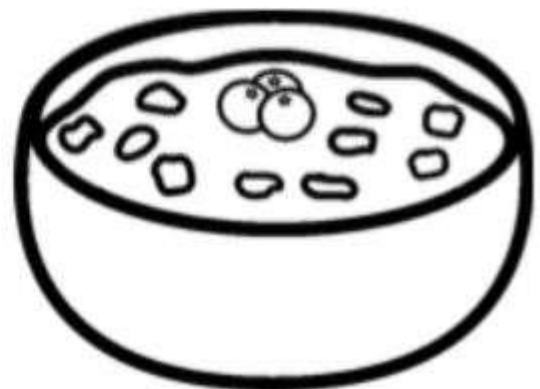
he said with a bit of a growl.



Name: _____

No Toast

I wanted toast for breakfast,
but I didn't have any bread.
So I took my car out on the road
to get a loaf and some spread.
The store was out, but they had oats.
So I bought those instead.



Name: _____

-ED

Add **-ED** to the base word, write the new word and a sentence.

Base word	+		=	New word	Sentence
work	+	ed	=	worked	We worked on our spelling words.
type	+		=		
look	+		=		
want	+		=		
joke	+		=		
like	+		=		

Name: _____

Name: _____

Digraph Word Sort

sh	ch	th

ship	thin	chug	shut	thank	chum
chat	thick	shag	thorn	chin	shed

Name: _____



fi



pit



ba



ben



fla



ma



cou



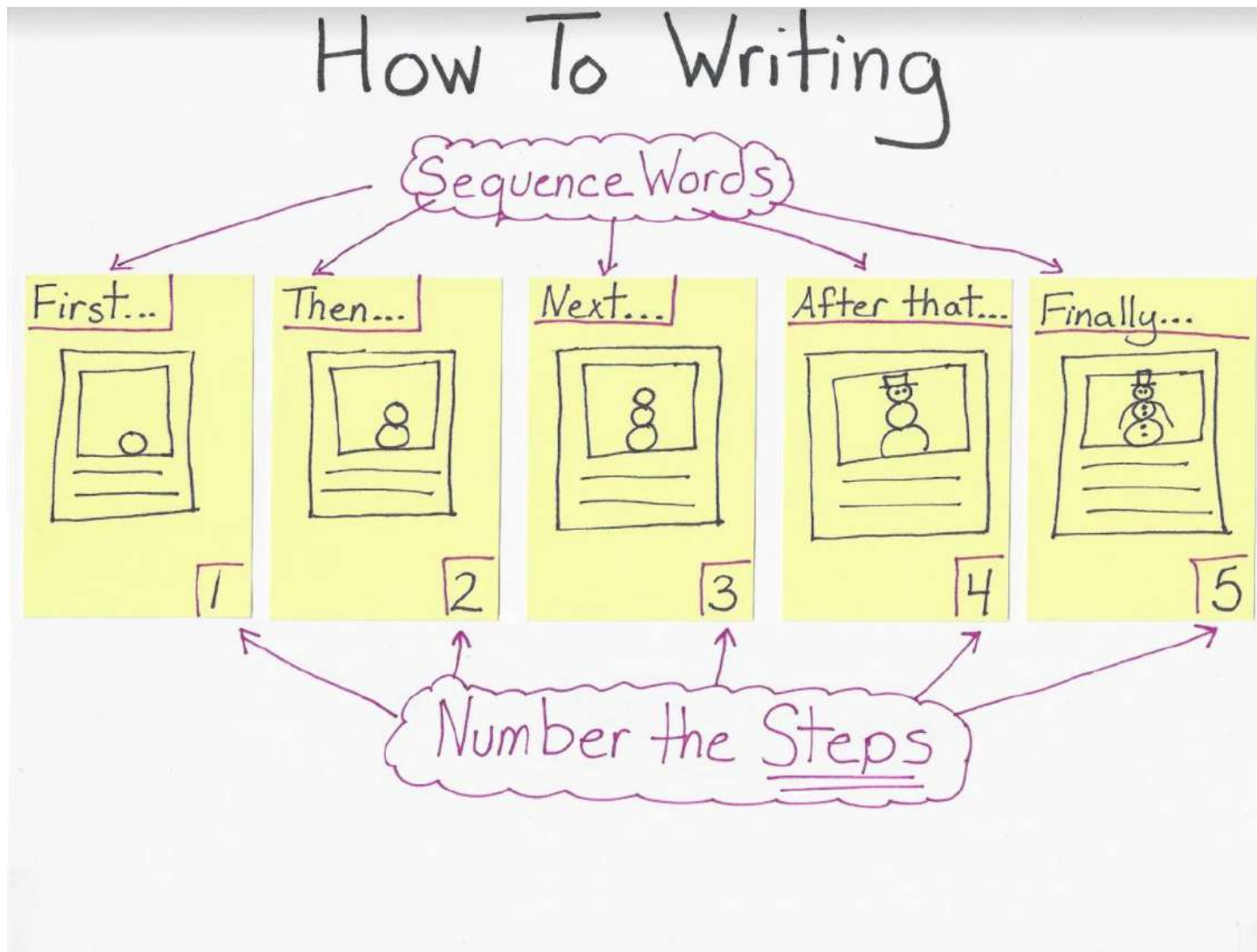
tra

sh

ch

th

Name: _____



100 High Frequency Words, **page 1**

Read the words:

List 1	List 2	List 3
than	have	over
about	there	ride
back	any	don't
after	into	said
I'm	just	that
been	little	one
big	make	with
came	before	five
away	two	their
your	four	what
who	mother	but
when	where	here
them	very	going
because	could	our
from	were	three

100 High Frequency Words, **page 2**

Read the words:

List 4

want

able

bad

give

today

week

something

bus

year

can't

tell

across

world

cat

take

dad

hide

almost

dog

anything

home

down

become

end

behind

fish

why

car

List 5

books

good

help

city

write

top

room

under

fast

hill

know

use

let

place

sleep

love

much

stay

name

new

paper

rain

door

fun

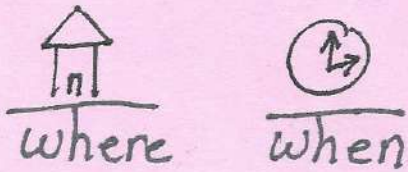
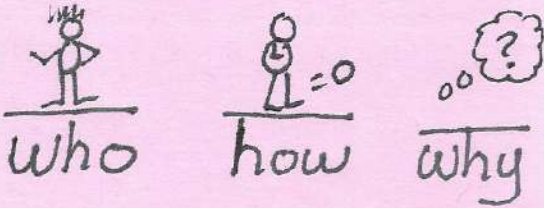
sky

both

time

Ways to Describe

Think about...

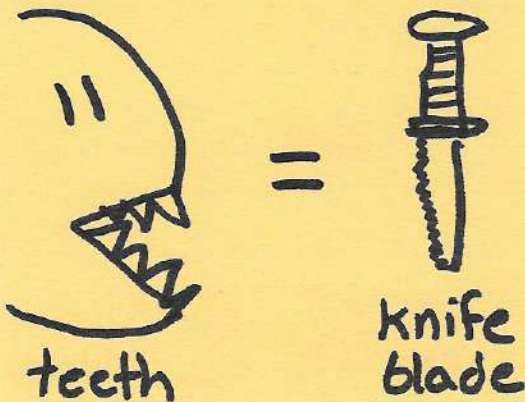


Size ○○○

shape □△○

Color 

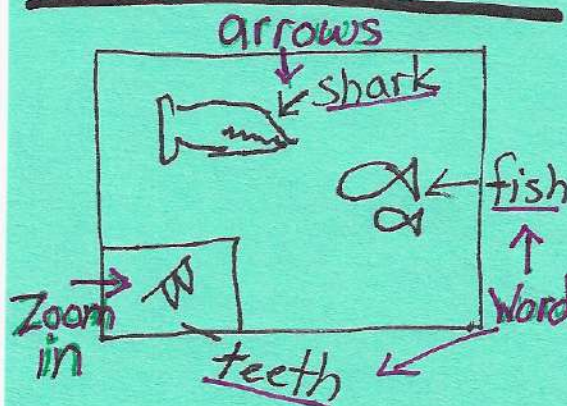
Make a Comparison



Use Exact Words

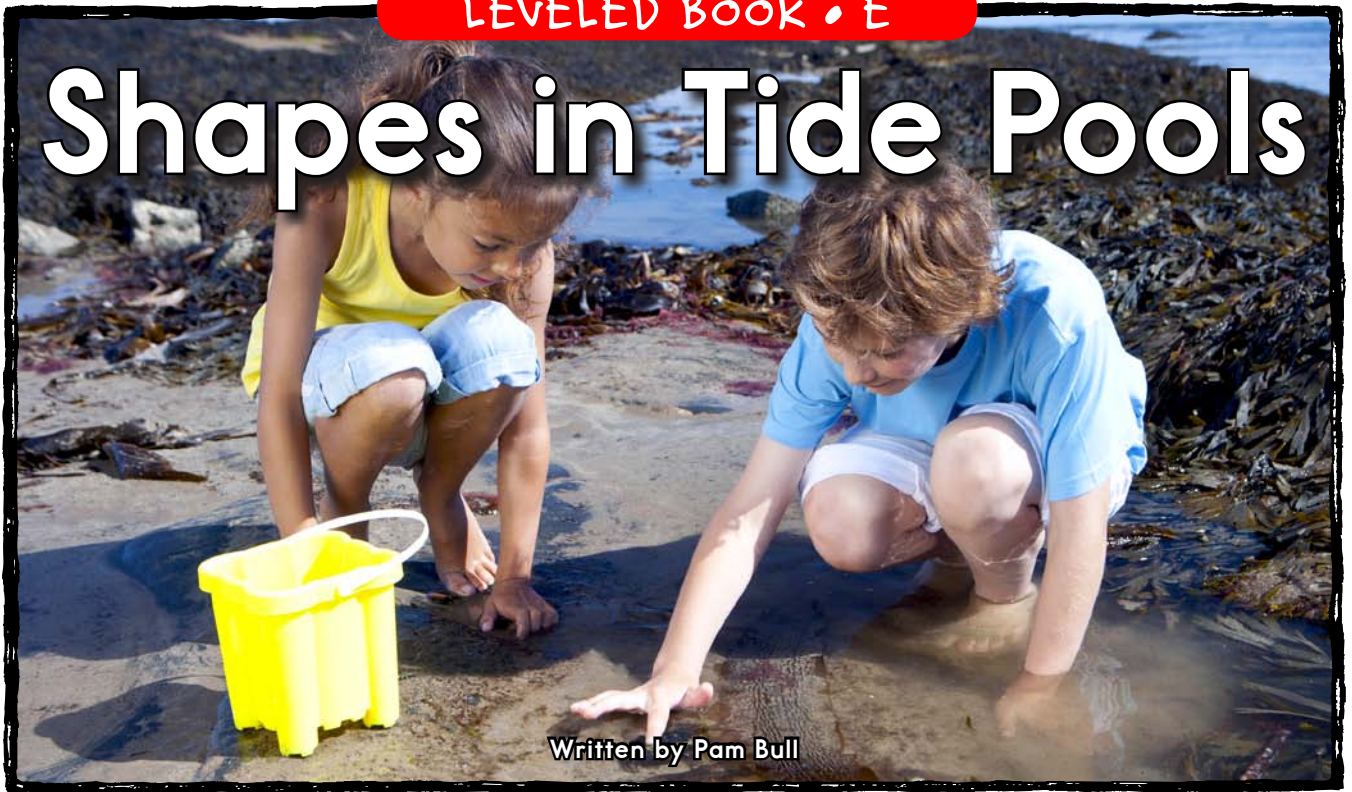
Tiger Shark
← bold

Pictures



LEVELED BOOK • E

Shapes in Tide Pools



Written by Pam Bull

www.readinga-z.com

Shapes in Tide Pools

A Reading A-Z Level E Leveled Book • Word Count: 108



Reading a-z

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Shapes in Tide Pools



Written by Pam Bull
www.readinga-z.com

Correlation	
LEVEL E	Fountas & Pinnell
E	7-8
8	DRA

Shapes in Tide Pools
Level E leveled book
© Learning A-Z
Written by Pam Bull
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www.readinga-z.com



There are pools of water on rocky shores.
They are called tide pools.

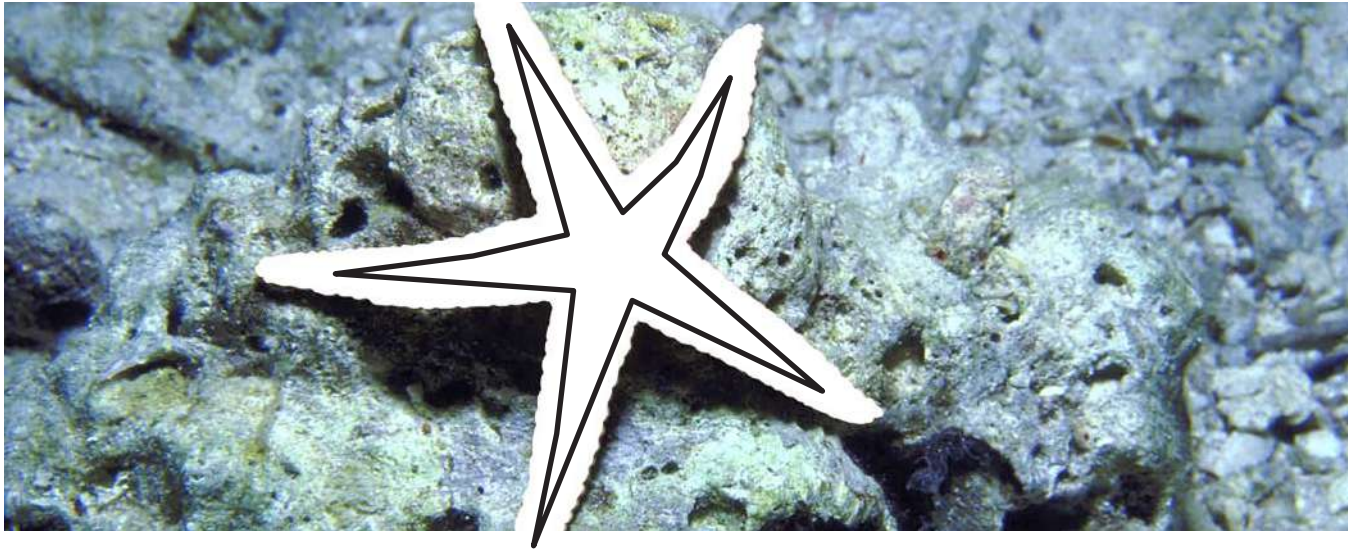
Shapes in Tide Pools • Level E

3

Many animals live in tide pools.

4





Can you name this animal?

This animal has five arms.

It is shaped like a star.

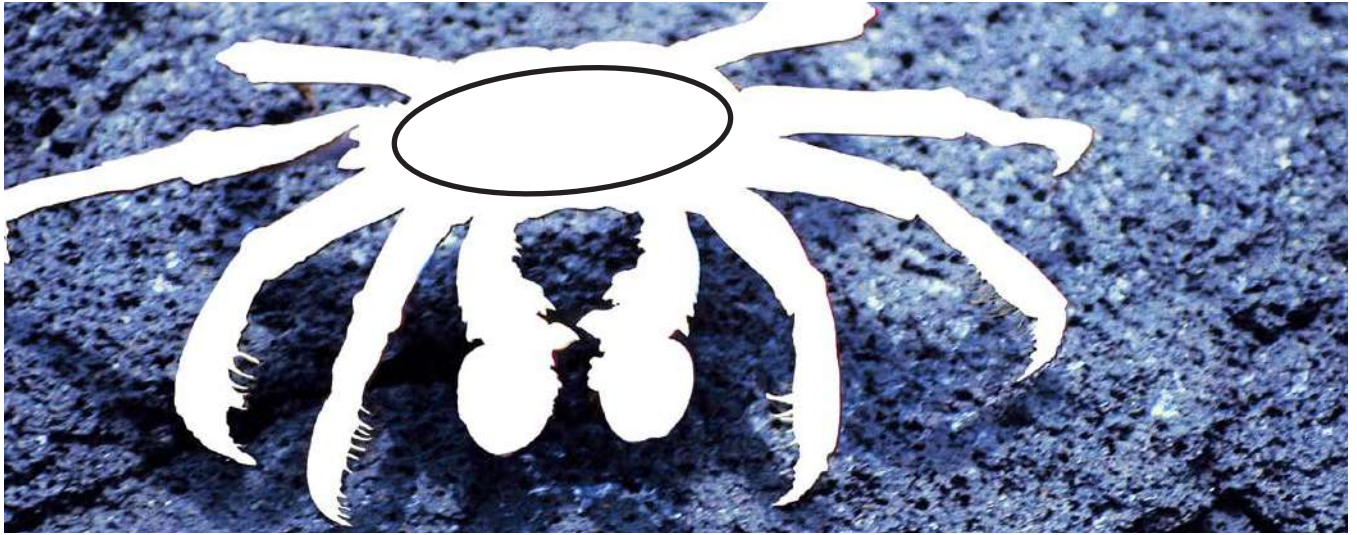
Shapes in Tide Pools • Level E

5

9

It is a starfish!





Can you name this animal?

This animal has eight legs and two claws.

Its body is shaped like an oval.

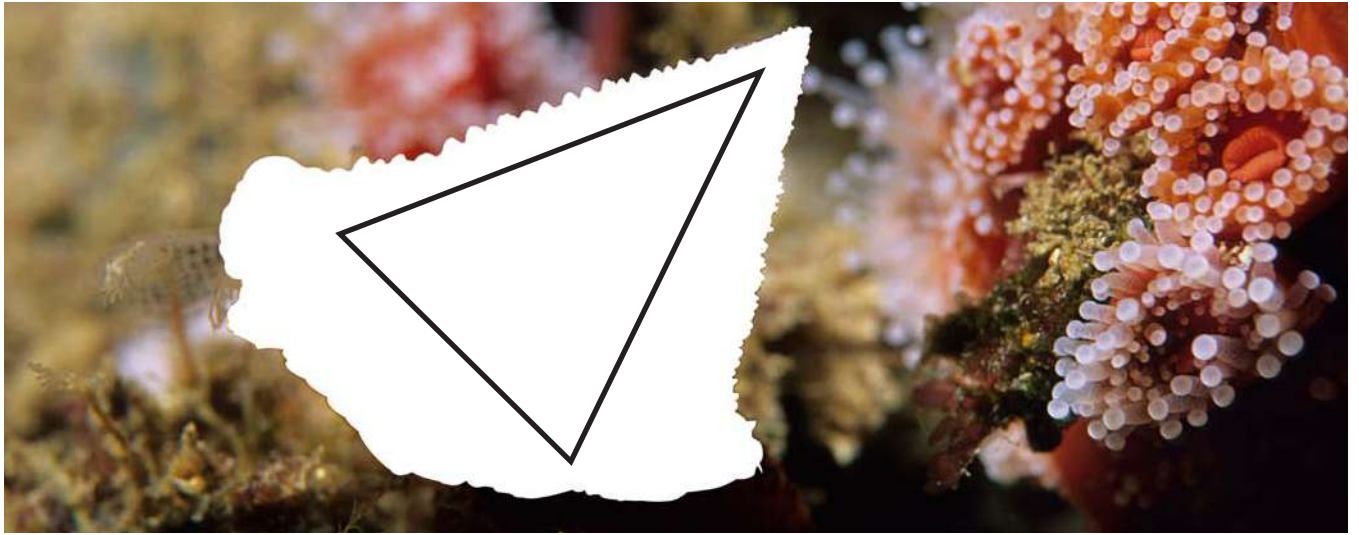
Shapes in Tide Pools • Level E

7

8

It is a crab!





Can you name this animal?

This animal has one foot.

It has a shell shaped like a triangle.

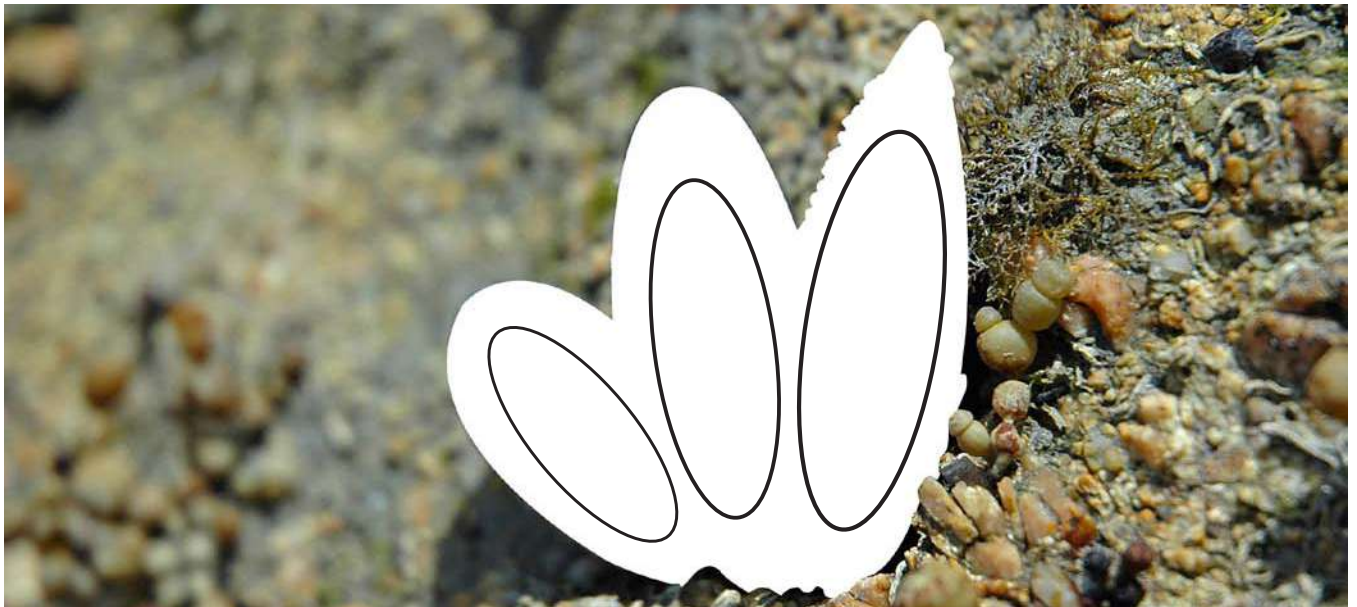
Shapes in Tide Pools • Level E

9

10

It is a snail!





Can you name this animal?
This animal lives in a group.
It has a shell shaped like an oval.

Shapes in Tide Pools • Level E

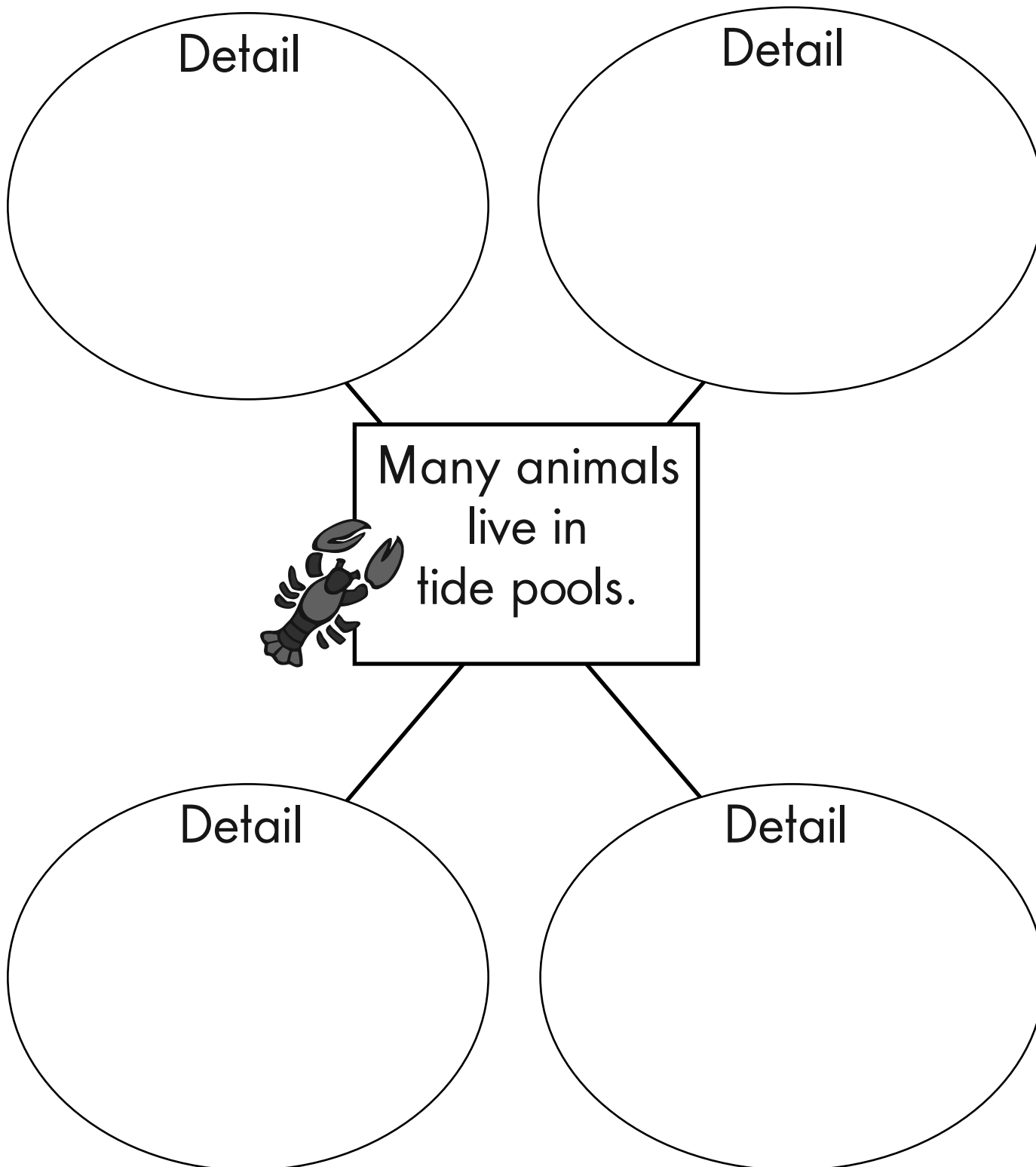
11

12

It is a mussel!

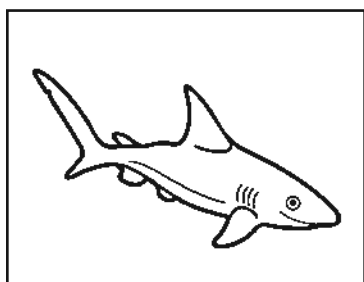
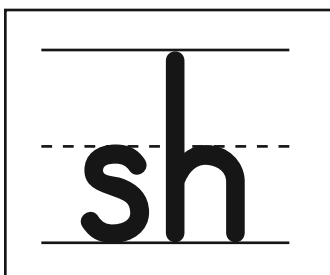


Name _____

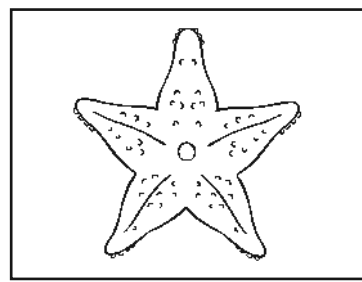


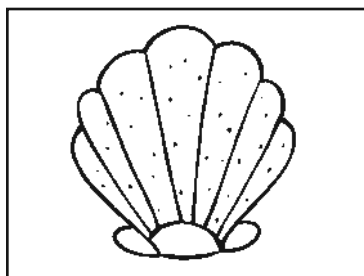
INSTRUCTIONS: Read the main idea with students. Have them draw and label details that support the main idea in each space in each oval.

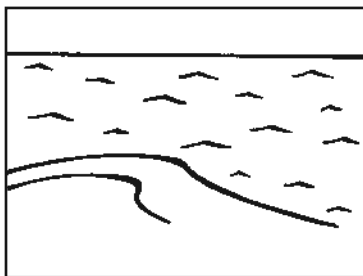
Name _____

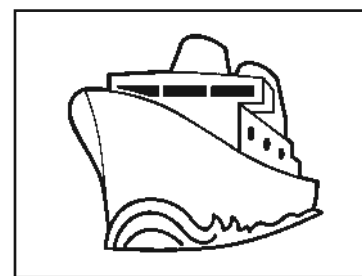












INSTRUCTIONS: Have students write the consonant digraph *sh* under the pictures that begin with the /sh/ sound.

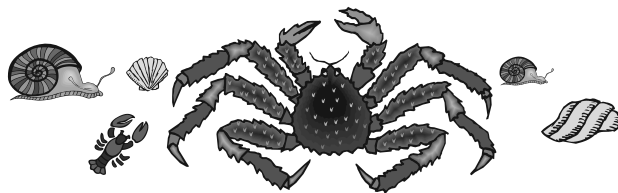
Name _____

!

.

?

1. Tide pools are found on rocky shores _____
2. Wow, I see a starfish _____
3. Can you see a mussel _____
4. Which animal has five arms _____
5. A mussel's shell has an oval shape _____
6. What shape is a snail's shell _____
7. Many animals live in tide pools _____
8. It is fun to look for animals in tide pools _____



INSTRUCTIONS: Read each sentence with students. Have them place either a period, question mark, or an exclamation mark at the end of each sentence. Then have students read each sentence to a partner.

Earth's Water

*A Reading A-Z Level H Leveled Book
Word Count: 240*

Connections

Writing

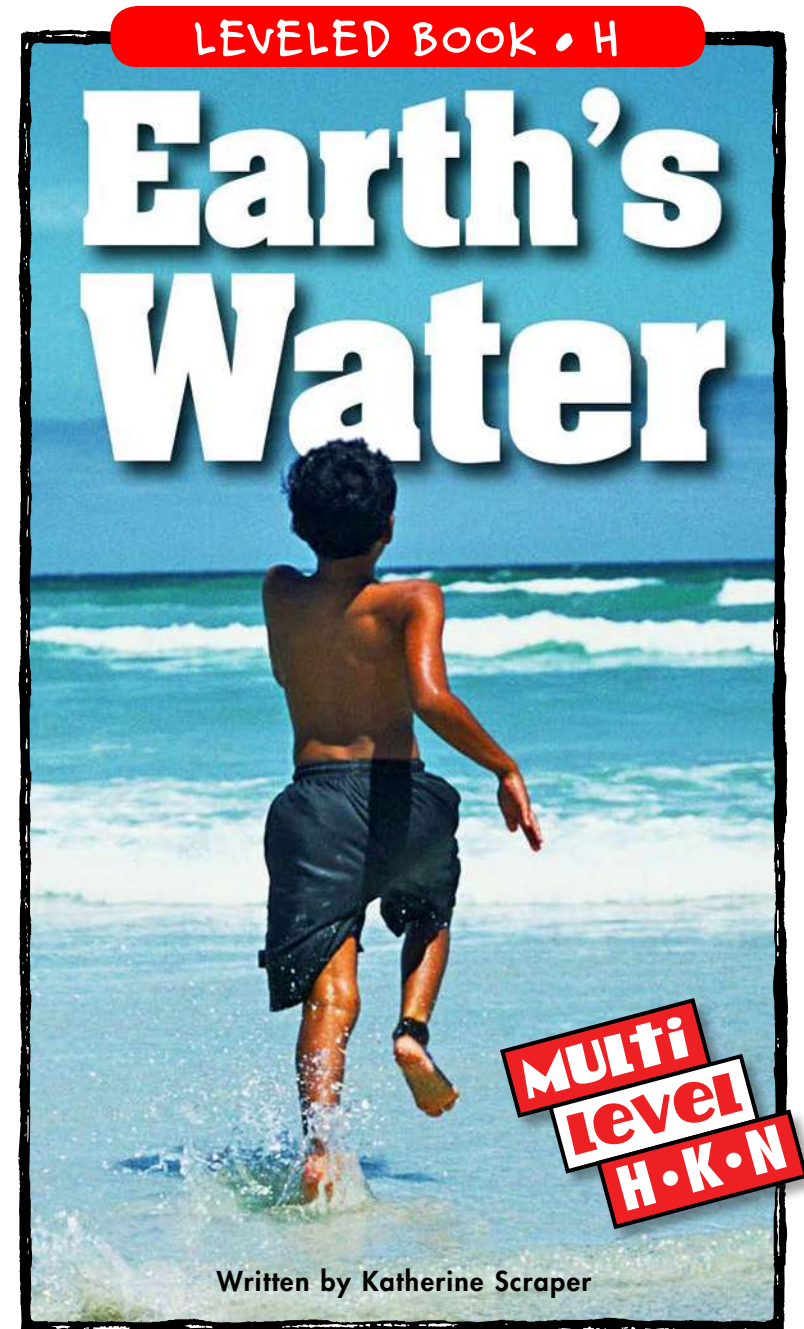
Write a speech telling your classmates why it is important to take care of Earth's water. Use the information from the book to help you. Present your speech to your class.

Science and Art

Draw and label a picture showing water in its three different states: liquid, solid, and gas. Include some vocabulary words from the book in your picture.

Reading A-Z

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www.readinga-z.com

Earth's Water



Written by Katherine Scrapper

www.readinga-z.com

Focus Question

Why is water important?

Words to Know

evaporation	liquid
gas	polluted
invisible	solid

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Earth's Water
Level H Leveled Book
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Written by Katherine Scrapper

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www.readinga-z.com

Correlation

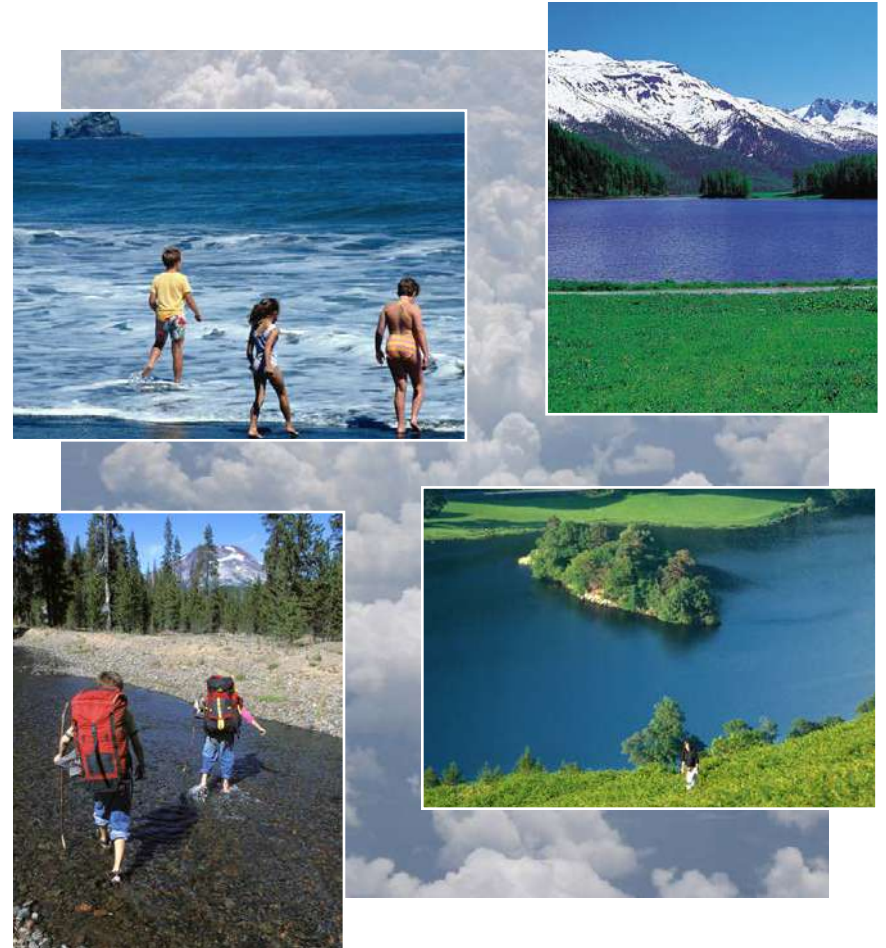
LEVEL H

Fountas & Pinnell	H
Reading Recovery	13-14
DRA	14



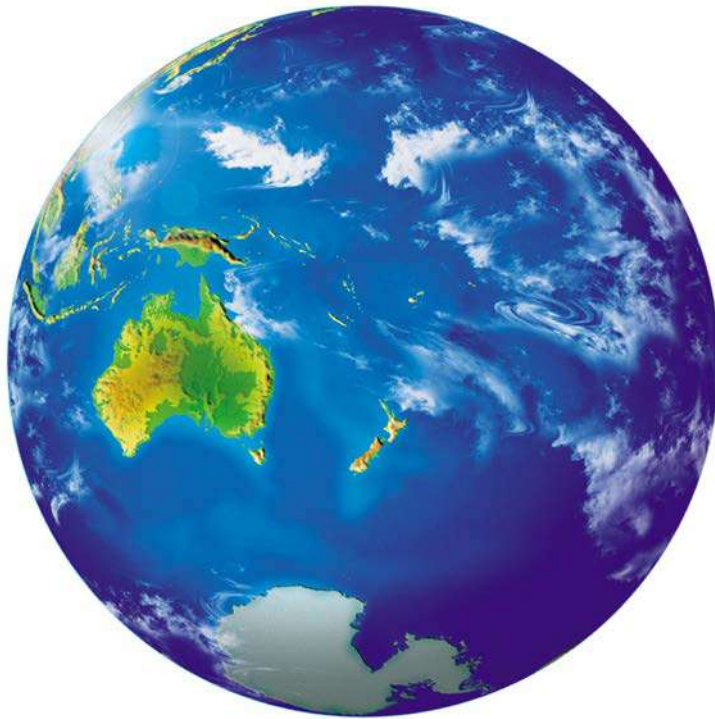
Table of Contents

Water Everywhere	4
Different Forms of Water	7
Changing Water	11
Water Is Important	14
Glossary	16



Water Everywhere

Water is in ponds, lakes, and oceans.
 It flows in rivers and streams.
 It is in the air and frozen as snow
 and ice.



The dark parts in this picture of Earth are water.

Most of Earth is covered with water.
Plants and animals need water
to live.



What are some ways you use
Earth's water?



Each of these containers holds four cups of water.

Different Forms of Water

Most of the water we see is a **liquid**.
Liquid water takes the shape of the
container it is in.



Ice can be carved into many shapes.

Not all water is liquid.
When water gets very cold, it freezes.
It becomes **solid**.
Solid water is called ice.



Sheets of ice cover Earth's South Pole.

Much of Earth's frozen water is at the North and South Poles.



What forms of water can you see in this picture?

Some of Earth's water is **invisible**.

It is in the air.

This water is a **gas**.



The sunlight heats up the snow, and the snowman melts.

Changing Water

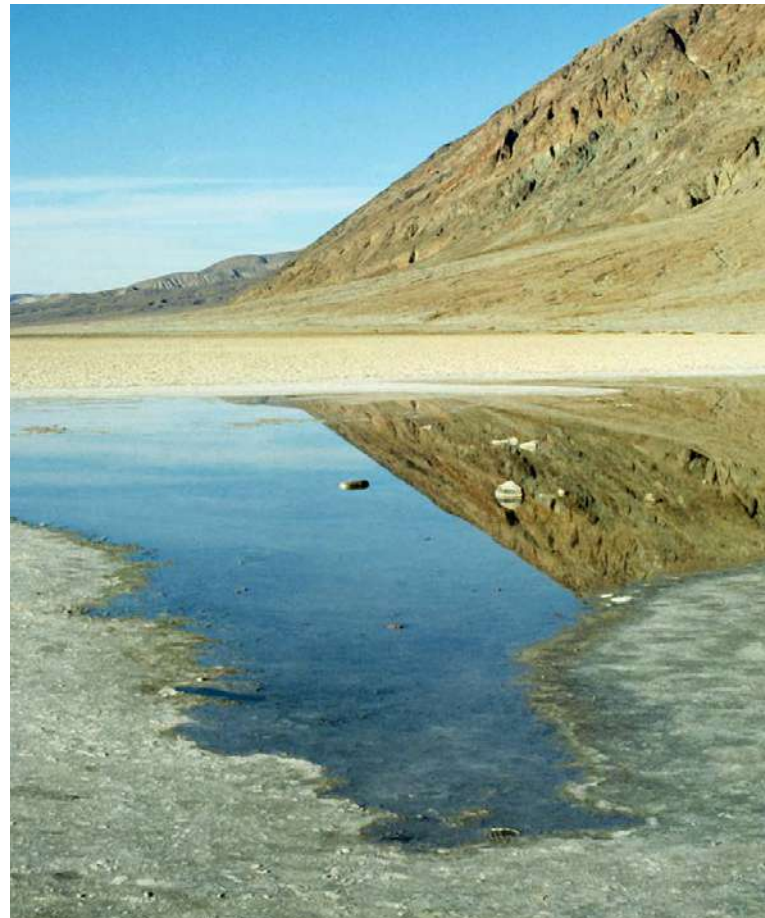
Water is always changing.

When frozen water is heated, it melts.

It changes to a liquid.

When liquid water gets cold, it freezes.

It changes to ice.



Energy from the Sun causes the water to evaporate.

Have you ever seen a puddle of water dry up on a hot day?

Energy from the Sun changed the liquid water into a gas.

This is called **evaporation**.



Clouds drop water on the desert as rain.

When invisible water in the air gets cold, it can make clouds. Clouds are tiny drops of liquid water. Those drops can get bigger. Then they fall as rain.



Water Is Important

Rain keeps plants alive.
We fight fires with water.
Animals take baths in water.



It is important to take care of Earth's water.

Polluted water makes people, plants, and animals sick.

Would you want to drink and play in polluted water?

Glossary

evaporation (n.) the change of water from a liquid to a gas as a result of getting warmer (p. 12)

gas (n.) matter that can freely change shape and size; often it can't be seen (p. 10)

invisible (adj.) unable to be seen (p. 10)

liquid (n.) matter that is able to flow and change shape while keeping its size (p. 7)

polluted (adj.) made dirty or harmful (p. 15)

solid (adj.) having a firm or hard form or shape (p. 8)

What's the Main Idea?

Detail: When frozen water is heated, it melts. It changes into a liquid.

Detail: When liquid water gets cold, it freezes. It changes into a solid.

Main Idea:

Detail: Rain keeps plants alive for us.

Detail: We fight fires with water.

Main Idea:

Instructions: Have students read each set of details and write a sentence that tells the main idea for that section of the book.

Name _____





liquid	firefighter	continent
ice	city	teacher
puddle	rain	scientist
classroom	country	student

Instructions: Read each common noun aloud with students. Then, have them cut out the nouns and paste them in the correct column.

Name _____


hard healthy hot liquid large stop
clean ill dirty move freezing small

Synonym	Word	Antonym
	flow	
	cold	
	tiny	
	sick	
	polluted	
	solid	

Instructions: Read each word in the chart aloud to students. Then, have them identify and record a synonym and antonym from the word bank.


Name _____

Date _____

[illegible]


Name _____

Date _____

[illegible]


Name _____

Date _____

[illegible]


Name _____

Date _____

[illegible]


Name _____

Date _____

[illegible]

Name _____

Date _____

[illegible]



RSU 57

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- Shapleigh
- Massabesic Middle
- Massabesic High

SPECIALS

LEARNING MENU SPECIALS

GRADE 1

1

PE - Flip A Coin Workout:
[Student copy of Flip a Coin Workout](#)



2

PE - W.O.W (Workout of the Week): Wednesdays with Mrs. Person at 11:00:
rsu57.zoom.us/j/298414629



3

PE - Head's, Shoulder's, Knees and Toes Challenge, click this link to try it: [Heads Shoulders Challenge.mp4](#)



4

Art - My Dream House:
[1st Grade Learning Boards Week of April 21, 28](#)



5

Art - Kandinsky Abstract Art
[1st Grade Learning Boards Week of April 21, 28](#)



6

Art - Thiebaud Cakes:
[1st Grade Learning Boards Week of April 21, 28](#)



7

Music: Make a pattern with the [Oscillator](#). Can you make your voice sound like that? Make sure you use a gentle, high, light voice. Try patterns with all of the different robots. Which one is your favorite?
musiclab.chromeexperiments.com/Oscillators/



8

Music - Steady Beat: Listen to a song, and march to the steady beat! Where else can you put the steady beat on your body? What song did you listen to?



9

Music - Sound Walk: Take a walk, and notice what sounds you hear. You can write them out as a list, or draw a picture of the sounds you hear.
[Sound Walk Directions and Extension](#)



10

Library: Choose a favorite story and create puppet characters (using spoons, popsicle sticks, socks, etc..) then act out a puppet show of the story. Make it digital: Record yourself acting out part of the story with your puppets and share with your librarian.



11

SEL - [The Invisible String](#): finding connection, even when we can not be together.
safeYouTube.net/w/MJY7



12


SEL - [Feelings Scavenger Hunt](#)



Name: _____

Flip a Coin Workout

Directions: Find any coin, flip it in the air (with some flare), how does it land? Follow the chart to see which exercise you can complete!

Flip # 	Heads 	Tails 
1	Jog in Place: 1 minute	20 Jumping Jacks
2	Plank: 30 seconds	8 Push-ups
3	10 Squat Jumps	Wall Sit: 30 seconds
4	15 Crunches	10 Sit-ups
5	High Knees: 30 seconds	Invisible Jump Rope: 1 minute
6	20 Small Arm Circles (both ways)	20 BIG arm circles (both ways)
7	Mountain Climbers: 30 seconds	10 Burpees
8	20 Squat Jumps	20 Calf (heel) Raises
9	20 Sumo Squats	10 Plank Toe Touches
10	20 Plank Jacks	Butt Kicks: 30 seconds

Name: _____

Sound Walk

Take a walk outside, and notice what you hear. You can write them down, or draw pictures.

Have you done this activity already, but want to do it again? Here are some ways to make it a little different:

1. Take the same walk, but listen for different sounds.
2. Take the same walk, but at a different time of day. Do you hear other sounds?
3. Take a walk somewhere else. Do you hear the same sounds as the other walk you took? Do you hear any new sounds?

Don't forget to tell your music teacher all the sounds you heard!

Virtual FEELINGS SCAVENGER HUNT

Self-Awareness Edition



Something that makes you feel happy



Something that you are proud of



Something you like to do when feeling silly



Something that reminds you of someone who makes you feel loved



Something you do or use to calm down when feeling mad



Something that tells about a time you were brave



Something or someone that you feel grateful for



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Virtual FEELINGS SCAVENGER HUNT



Social Awareness Edition



Something you can do or say to show friendly feelings



Something that would make a teacher, friend, or family member feel happy



Something you can do or say that would make others feel silly and laugh



Something to show something you've done or said to make friends or family feel loved



Something you've seen others do or use to calm down when feeling mad



Something you can share that will make someone else feel curious



Something you can say or do when you see others feeling sad



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Please choose from **ONE** of the following lessons to work on over the course of two or three half-hour weekly sessions.

My Dream House

Week 1: Collect your materials!

Materials:

- Small paper bag
- newspaper or scrap paper filling
- construction paper
- cardboard
- scissors
- glue
- stapler or tape
- crayons or markers

Watch the video about Ellery, a boy who wants to be an architect:

<https://safeYouTube.net/w/9ZS5>

Make a 3-Dimensional dream house! Use a piece of cardboard as your base. You can turn this base into your yard. Color the paper bag the color that you want your house to be. Fill the paper lunch bag with a wadded up newspaper about $\frac{2}{3}$ full, fold the top over and staple or tape closed. Glue or tape your house to your base.

Week 2: Cut and glue construction paper or cardboard scraps to the outside of the bag, add a roof, windows, a door and other details to make it look like your dream house



Wassily Kandinsky Abstract Art

Kandinsky was an artist who created abstract paintings often while listening to music. An abstract artwork is one in which the subject matter is not recognized immediately. Kandinsky used color, line, and shape in his work. Your abstract artwork will use color, line, and shape also.

Week 1 & 2: (This may take more than a half hour, which is your weekly expectation for time on Art. You can choose to stop after a half hour and continue to work on your art piece the following week.)

You may use crayons, markers, or paint for your colors.

1. On your paper either trace one geometric shape five times on your paper, the shapes can overlap, not touch, go off the paper partially, etc. It is your choice.
2. Add four lines that go across the paper, they can touch, overlap the shapes, but they must go across the paper. Remember all the line types that we have learned about in class: zig zag, curved, wavy, straight, spiral, curly, broken, thick, thin, jagged.
3. Outline the lines and shapes that you have drawn with a black marker or crayon.
4. Color in three shapes and leave two shapes white!
5. Add color to the background, think about soft and loud colors!



Wayne Thiebaud Inspired Cake Drawings!

Wayne Thiebaud, an artist from California, got his inspiration for some of his paintings from the luscious cakes, pies, and pastries in the windows of bakeries. He became famous for these paintings. Your cake drawing will look three dimensional if you follow the directions below.

Week 1 & 2: (This may take more than a half hour, which is your weekly expectation for time on Art. You can choose to stop after a half hour and continue to work on your art piece the following week.)

<https://safeYouTube.net/w/1xT5>

1. Sketch the cake with pencil
2. Add layers, details such as frosting, decorations, candles etc.,
3. Carefully add color, pay attention to detail and careful work! You may use markers, paint, crayons, colored pencils..your choice
4. Take a picture of your cake and post it for your art teacher to see!

