



Monroe Township Schools  
**Oak Tree Elementary School**  
226 Applegarth Road  
Monroe Township, NJ 08831



Patricia J. Dinsmore  
Principal

Pamela Amendola  
Assistant Principal

I had a Guidance Lesson today on...  
**FRIENDSHIP!**

Dear Parents/Guardians,

Ms. Colflesh, our school guidance counselor came into our classroom today and taught us a guidance lesson on the value of FRIENDSHIP. Here are some things we did:

- Talked about what Friendship means: “Spending time, being kind, and sharing with others”
- Discussed the importance of learning about Friendship:
  - Friends make life even more fun and help us learn how to get along well with others
- In Kindergarten and 1<sup>st</sup> grades we:
  - Read a story about how to be a friend
  - Role-played:
    - How to join friends: “That looks like fun, can I play with you?”
    - Handle disagreements: Use “I” Messages
    - Stick up for each other
    - Sharing
    - Being friendly
    - Helping
    - Showing Compassion/Caring

Now, I will tell you one thing that I learned from the guidance lesson:

(Please ask your child to tell you one thing they learned today and discuss. Please keep at home as a reminder.)

On a learning scale of 1-3, I gave myself a \_\_\_\_ for how much I know about Friendship.

1 = I don’t know what Friendship means and need to learn more.

2 = I understand what Friendship means but need to learn more about how to show it.

3 = I understand what Friendship means and can be a good friend to others.

\*If your child reports that they do not know what Friendship means or how to show it please access the Guidance tab on Oak Tree’s home page for further review (books, lessons, etc.)

Ms. Colflesh and my teachers say to keep practicing friendship at school *and* at home. I can’t wait to show you what I know.

Love,

Your “friendly” student at Oak Tree Elementary School &  
Ms. Colflesh, School Guidance Counselor