

# Friday Celebrity Newsletter

October 25, 2012



Vol.1

No. 7

## Best Practices at AES >>>>>>>>

Board essentials written in student friendly terms.

Teachers using videos to introduce new skills.

Students working together to complete vocabulary mapping.

Students taking Accelerated Reader Test.

Teachers collaborating about best practices.

Students working in learning teams.



## This Week's Shout Outs Goes To. .

- Mr. Warren for being the runner up for HGPS Principal of the Year Award.

- Ms. Anderson, Mr. Kenon, Ms. Roscoe, Mrs. Riddick, and Ms. Watford for presenting AES Best Practices at the Board Meeting on October 22, 2012.
- Mr. Pitpit's Robo Bears team for dedication in coming training for competition on November 10, 2012.
- Instructional Assistants for their dedication in covering classes and lunchroom duty.
- Teachers for submitting homework and student work to be posted on our webpage and creating their own websites.



### **Just for Thought: How can I help students with ADHD?**

The ADHD (Attention Deficient with Hyperactivity Disorder) population is rising at AES. Many times these students are being mislabeled as behavioral issues. Are they really a behavioral issue? Have we, as educators, put strategies in place to deal with them or have we just passed the buck on the parent because he/she did not or have chosen not to give the child medication? The fact is that ADHD students are smart and we have to make sure that we help them to feel safe and successful. Below are some interventions that you can use in the classroom:

- Set up predictable schedules and rules. All students need structure, but for those who have ADHD, schedules and rules are

essential as maps and roads for drivers. Without them, these kids can get completely lost.

- Have kids with ADHD sit near you. Being physically close to the teacher increases a student's level of attention. Being far away makes it easier to lose track of what's going on.
- Break down large tasks into small ones. A large task intimidates anyone, but it completely bamboozles and overwhelms the student with ADHD, which can lead him or her to give up or suffer a meltdown.
- Introduce new material in terms of old. For example, "Today we start studying fractions. Fractions are just division written differently, and you've already mastered division."
- Balance structure with novelty, so that when the class gets overstimulated you introduce structure, and when the class gets bored you introduce novelty. Too much new material gets confusing, and too much drill gets boring.
- Make sure the class gets recess, and provide frequent brain breaks (brief periods of exercise in which students stand near their desks or stations). Physical exercise, even for one minute, presses the reset button on the brain and refreshes students mentally.

Make sure students with ADHD know you like them and are on their side. These kids really need you. You can help them turn what could be disastrous outcomes into spectacular successes. Helping kids with ADHD excel takes a lot of time and energy is much better spent if you think of your work not as treating a disability, but as helping your students unwrap a gift. (Educational Leadership, October 2012)

Resources for Teaching ADHD Students

[http://www.vyvansekids.com/understanding-what-is-adhd-in-children.aspx?utm\\_source=google&utm\\_medium=cpc&utm\\_term=for+adhd&utm\\_campaign=adhd\\_noage\\_phrase&mid=V005287&wt.srch=1&wt.mc\\_id={for+adhd}&src=1](http://www.vyvansekids.com/understanding-what-is-adhd-in-children.aspx?utm_source=google&utm_medium=cpc&utm_term=for+adhd&utm_campaign=adhd_noage_phrase&mid=V005287&wt.srch=1&wt.mc_id={for+adhd}&src=1)

<http://www.additudemag.com/adhd/article/1664.html>

<http://www.nasponline.org/resources/handouts/revisedpdfs/adhd.pdf>

<https://www.teachingchannel.org/videos/teaching-adhd-students>

**I would like to thank all of you for your dedication and support at AES!!! We are in the business of educating students. Let's remember to keep student achievement at the focus of our conversations and actions. Our students are watching us. They hear everything we say, so be careful what you say in the presence of your students. Please refrain from discussing any behavioral or personal issues of your students or fellow staff members. We have to model desired behaviors that we want our students to follow. As we walk around AES, let's all remember to Be Responsible, Expect the Best, Always be Prepared, Respect Others, and Stay Safe!!! Let's make 2012-2013, a year in which AES shines all over Hertford County and North Carolina!!!!**

**Have a wonderful weekend!!!!!!**



Contact Information:

Ms. Kimberly Scott, Assistant Principal

252-705-9063-home

252-287-4127-cell