

Welcome to Lowell High School!



The purpose of this presentation is to...

- learn important information that you will need to have a successful start to high school.
- ask questions related to life as a Lowell High School student.
- ensure that you feel comfortable and prepared for your first year at Lowell High School's Freshman Academy.

Freshman Academy Administration

Ms. Gobbi - Assistant Principal

Last Names A-G

Ms. Durbrow - Student Support
Specialist

Last names H-O

Mr. Tzelias -Student Support
Specialist

Last Names P-Z



Freshman Academy Social Workers

Mrs. Martel

Last names A-L

Ms. Sylvain

Last Names M-Z

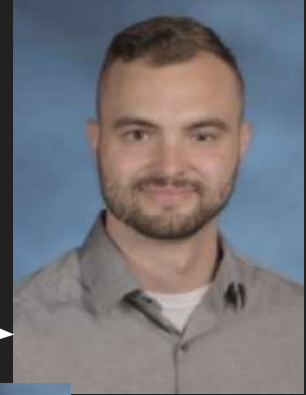
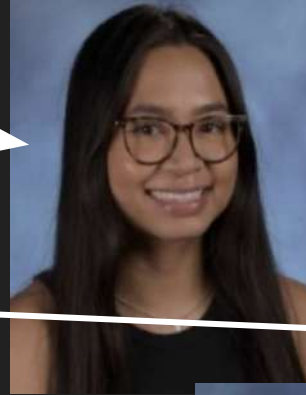


Freshman Academy School Counselors

Ms. Tamayo -
Last Names A-G

Mr. Ploof -
Last Names H-O

Ms. Enright -
Last Names P-Z



How do I get to school?

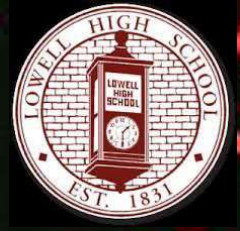
- LRTA City Bus, walk or ride a bike
- Bus passes are \$25 per month and can be purchased at the Kennedy Center Booth 145 Thorndike Street 8a.m.-4 p.m, or 100 Hal Street 7 a.m.-7 p.m.
- Or you can pay \$1.25 by the day on the bus.
- LRTA also comes to LHS once a month, starting August 28th, to sell bus passes in the FA Cafeteria.
- **You must show your school ID or LHS Schedule to get a student pass.**

How do I get to school?

- ➔ Morning & Afternoon LRTA Routes [Linked here](#)
- ◆ Review the morning bus routes in your neighborhood.
- ◆ Find the bus stop in your neighborhood.
- ◆ Tip: Practice taking the bus in your neighborhood before the first day of school.

What time do I need to be in school?

- The Paige Street entrance of the FA opens at 7:15 each day for entry into cafe for breakfast.
- Transition to Advisory begins at 7:40.
- All students must be in Advisory by 7:55.
 - ◆ AFTER 7:55 You will be marked tardy
- First period begins at 8:15.



What are the main
rules and policies at
Lowell High School
and the Freshman
Academy?

Lowell High School Attendance Policy

- 8 Unexcused daily absences
Semester 1 = Absence
Failure
- 8 Unexcused daily absences
Semester 2 = Absence
Failure
- 8 Unexcused class absences -
No credit for the course

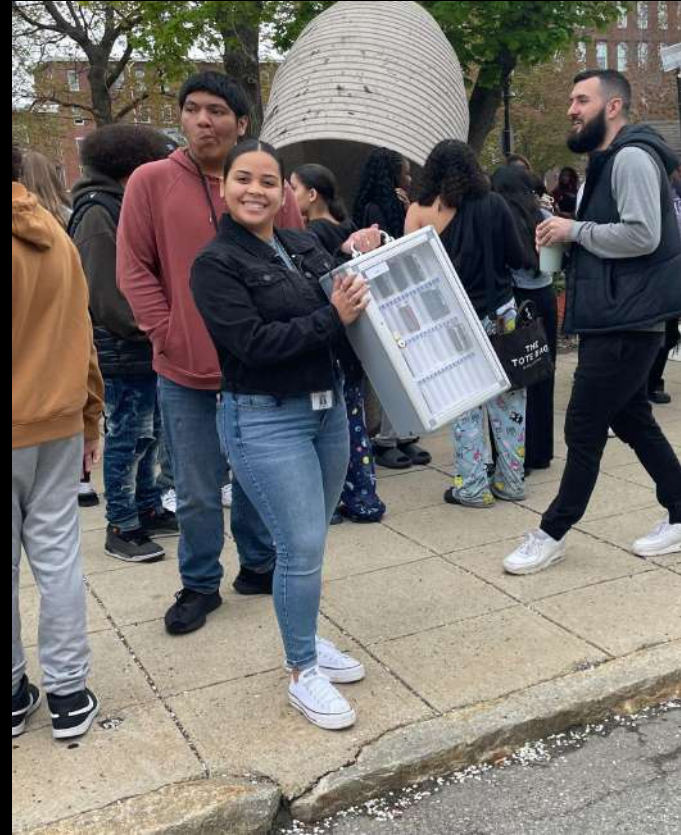


Reporting Absences and Dismissing Students

- In order for an absence to be excused you need to provide documentation, i.e. a doctors note, court document, etc.
- You do not need to email or call to report that your child will be out.
- In order for an adult to dismiss a student from LHS, they must be listed in Aspen as an authorized person to dismiss.
- Authorized adults dismissing students must provide a valid form of ID upon dismissal

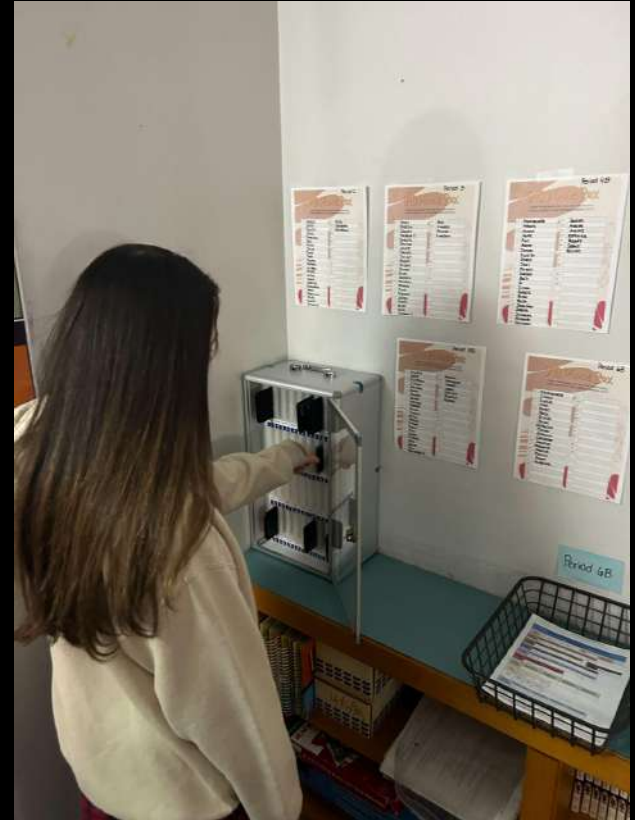
No Cell Phones or Earbuds During Academic Classes

- Cell Phones *are not* allowed in use during academic learning time.
- Cell phones *are* allowed during Advisory and passing time between classes and lunch.
- No ear buds are allowed during active learning.



Process for Turning In Phones

- Students put cell phones in a box as they enter the classroom.
- At the end of the period students take their phones back.
- If there is a safety drill teachers take box out with them.
- No ear buds are allowed during active learning.



Cell Phones Continued

- Videotaping is prohibited in school or on school grounds.
- The use of cell phones in unauthorized ways, including picture taking or filming, harassing, and/or bullying behavior could result in progressive disciplinary action, up to and including suspension.

School Safety

- Student IDs must be visible around necks at all times.
- If you lose your ID, you must purchase a new one for \$5
- Detentions will be issued for each day that you do not have an ID.
- Pro Tip: Buy your own lanyard and ID holder.



Dress Code

- No Hoods
- No Sunglasses
- Follow LPS school dress code at all times
- Dress appropriately for a school/professional setting.



Bathroom Use and Sign Out in the FA

- Students sign out of classrooms electronically, and must have a hallway pass.
- Abuse of bathroom use could result in parents being contacted progressive disciplinary action.
- Only 1 student per bathroom stall.





Academic Expectations

Credits Needed to Advance to 10th Grade

- Math, ELA, History, Science, Health/PE, Seminar, Elective
- 20 Credits must be obtained by the conclusion of 9th Grade.
- You MUST PASS ELA and Math in 9th Grade
 - Summer School is only offered for up to 2 courses
 - You must have at least a 55 average to go to Summer School

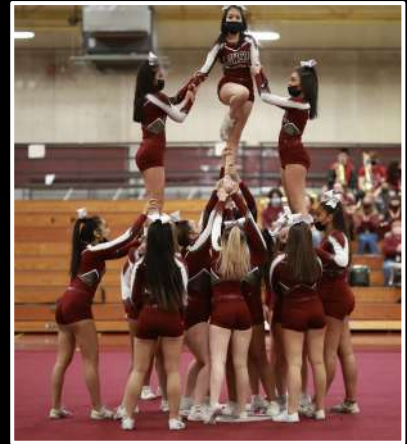





How do I get
involved in Lowell
High School
beyond academic
classes?

Get Involved: Sports

- Fall Sports: XC, Field Hockey, Football, Golf, Soccer, Girls Swimming, Girls Volleyball
- Winter Sports: Basketball, Cheerleading, Gymnastics, Ice Hockey, Indoor Track, Boys Swimming, Wrestling
- Spring Sports: Outdoor Track, Softball, Baseball, Tennis, Boys Volleyball, Lacrosse



Family ID/Physicals

**Lowell High School FALL 2023 Athletic Sport Registration**

Welcome to Lowell High School's online athletics registration!

Home of the Red Raiders!

Lowell High School Athletic Mission Statement: Lowell High School's athletic mission is to provide multiple educational athletic opportunities for students. As a school community we believe that participation in educational athletics provides students with a sense of connectedness to the school, supporting excellence in academics, activities and citizenship. We also believe that through participation in educational athletics students live the core values of responsibility, integrity, determination, engagement and respect.

Electronic Signatures: All parents/guardians must complete the following form to gain clearance for sports. Electronic signatures are considered legally binding and must be completed by a parent/guardian over the age of 18.

Physicals: Students must have a current physical turned in to the Athletic Department in order to participate in athletics. For your convenience students physicals may be uploaded on the FamilyID registration form.

Physicals expire 13 months after the date the exam was signed by the physician. A new physical will need to be uploaded to your registration.

Athletic Physicals will be held on @Cawley Stadium on TBD in the athletic trainer's office. These physicals are for returning student-athletes in grades 10-12. Athletic registration must be completed on FamilyID prior to receiving a physical from the Physician.

Spring Athletics: Lowell High School is pleased to offer the following sports for the Fall 2023 season:

- Cheerleading
- Boys Crew
- Girls Crew
- Field Hockey
- Football
- Golf
- Girls Soccer
- Boys Soccer
- Girls Swim
- Girls Volleyball
- Unified Basketball

For Important Information for Spring Sport Start Dates & Locations, visit [Lowell High Athletics](#)

- If you have any questions regarding the sports season, please contact the Lowell High School Director of Athletics, Scott Ouellet, or the teams Head Coach.

FamilyID Support: Should you require assistance with this form, please call FamilyID's help desk at 888-800-5583 ext. 1 or contact via email at support@familyid.com.

[Register Now](#)

Organization

Lowell High School
Commitment to excellence in everything we do: academics, activities and citizenship.

[Read More About Us](#)

Contact Us

Scott Ouellet
Director of Athletics
978-937-6951
souchet@lowell.k12.ma.us
Patti Crabtree
Administrative Assistant of Athletics
978-937-6951
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Kelsey Eyde
Head Athletic Trainer
koult@lowell.k12.ma.us
Kevin Durham
Assistant Athletic Trainer
kdurham@lowell.k12.ma.us

[Send Us a Message](#)

Locations

Lowell High School
50 Father Morissette Boulevard
Lowell, MA 01852
Cawley Stadium/Martin Athletic Complex
424 Douglas Road
Lowell, MA 01852
Sheld Park
453 Rogers Street
Lowell, MA 01852
Mount Pleasant Golf Club
141 Staples Street
Lowell, MA 01851
[View on Lowell Bellinapedia](#)

FYI



Lowell High School Sports Physical Form Date of Exam: _____

The front side of this form must be filled out by the parent/guardian with the student **BEFORE** coming in to get a physical from our team physician. Students who bring in an incomplete form will **NOT** receive a physical.

Student's name *(please print legibly)* _____ Date of Birth _____ Grade _____

Sport(s) _____ Home # () _____ Cell # () _____

Please completely answer and explain the following questions:

1. Has the student had a medical illness or injury since their last check up or sports physical? _____
2. Has the student ever had surgery? Explain: _____
3. Has the student ever taken any supplements or vitamins to help gain or lose weight or to improve performance? _____
4. Does the student have any allergies (list) or on any prescription medications? _____
5. Has the student ever had a rash or hives develop during or after exercise? _____
6. Has the student ever passed out due to exercising? _____
7. Has the student ever been told they had high blood pressure or high cholesterol? _____
8. Has the student ever been told they had a heart murmur? _____
9. Has any relative died of heart problems or sudden death before age 50? _____
10. Has a physician ever restricted or denied the student's participation in sports? If so, why? _____
11. Does the student currently have any skin problems (itching/rashes/acne/warts/fungus)? _____
12. Has the student ever had a head injury or concussion (date of last concussion)? _____
13. Has the student ever had a seizure (date)? _____
14. Does the student have frequent or severe headaches? _____
15. Has the student ever been told they had a stinger/burner or pinched nerve? _____
16. Does the student have asthma? _____
17. Does the student have any vision problems or use protective/corrective equipment for sports? _____
18. Has the student ever broken/fractured/dislocated any bones or joints? Explain: _____
19. Does the student ever feel unusually stressed or depressed? _____
20. Are the student's immunizations all up to date? _____
21. Are there any other medical issues not mentioned here? _____

I hereby state that my answers to the above questions are complete and correct to the best of my knowledge.

Signature of Parent-Guardian/Date _____ Signature of Athlete/Date _____

Fall Sports Sign Up

- How do I join a team?
 - Check the Lowell High School Athletics' webpage www.lowellathletics.org.
 - In order to expedite the registration process, please have the following information readily accessible:
 - -Copy of most recent physical examination
 - -Name/Address/Phone Number of Student-Athlete(s) and Parent(s)/Guardian(s)
 - -Pediatrician's Name and Phone Number
 - -Insurance information

Get Involved: LHS Clubs

- ★ Math Club,
- ★ LHS Film Club,
- ★ Mock Trial
- ★ Rainbow Connection/Gay-Straight Alliance
- ★ Environmental Club
- ★ Poetry Club (Through the COMPASS Program)

- ★ Black Unity Club,
- ★ Flags & Color Guard
- ★ Future Educators of America,
- ★ Gear Up,
- ★ Girls Who Code
- ★ Anime, Outdoor Adventure Club, Science/STEM Club and Science League

Get Involved: THE COMPASS PROGRAM

- ★ My Mind is Beautiful Art Class
- ★ Lowell Lookout Squad
- ★ Photography Club
- ★ LHS Knowledge Bowl Team
- ★ Environmental Adventures
- ★ Compass Poetry/Slam Team
- ★ Green Dragons: Archery, Martial Arts,
& Culinary
- ★ Coursera & Career Exploration

Monday - Friday Activities

2:30 - 5:00

Free of Charge

Field Trips

Snacks & small dinner provided.



Community School



COMMUNITY SCHOOLS

A whole-child, whole-school model for equitable school improvement



Expanded & Enriched
Learning Time &
Opportunities



After-school, weekend, and
summer programs



Integrated
Student
Supports



Mental/physical health
supports and social
services



Collaborative
Leadership and
Practices



A culture of professional
learning, trust, and
continuous improvement



Active Family and
Community
Engagement



Parents/caregivers in the
school as partners, leaders,
and learners

Community School

Community School



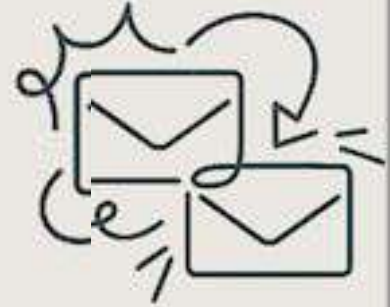
A community school connects students and families with resources and opportunities that support a positive student experience.

Community School

Community Schools
Manager:
Kate Keefe



Contact



Community School
Manager

KATE KEEFE

(781) 690 7414

kkeefe@lowell.k12.us



How do I get
involved in Lowell
High School as a
parent?

Get Involved: Family Engagement Opportunities



Become LHS Family Ambassador

Are you interested in becoming more involved in LHS. Choose a role that fits your schedule.



Questions?

