

Gearing up for fall sports?

Ridgeview Delano Clinic is offering FREE Minnesota State High School League (MSHSL) Qualifying Sports Physicals to students entering grades 7-12.

Call to schedule your physical: 952-442-7800.

Ridgeview Delano clinic

Saturday, July 27 8:30 - Noon Limited space. Preregistration required.

Ridgeview Delano Clinic 916 St. Peter Avenue, Delano

Also offered at Ridgeview Belle Plaine Clinic, Saturday, Aug. 3, 8:30 a.m. - Noon

These physicals are pre-participation exams (PPE) strictly intended to meet MSHSL requirements. These are used to screen for physical or medical conditions that might put the student athlete at risk for participation. The PPE does NOT replace your annual checkup or child wellness exam with your primary care provider for immunizations and important age appropriate health guidance. If the student athlete is currently under medical care or requires further follow-up prior to clearance for athletic participation, the student athlete will be referred to the appropriate medical provider.