## FREE AND REDUCED PRICE MEALS

## Dear Parent/Guardian:

The Brunswick School Department offers a choice of healthy meals each day. Children may buy lunch for \$3.00 at the Jr. H.S. and High School, and breakfast for \$2.00. Children who qualify under U.S. Department of Agriculture guidelines may get meals free or for a reduced price of \$.40 for lunch and no charge for breakfast. All other elementary school lunches are \$2.90 for lunch and \$2.00 for breakfast. Reduced meals are \$.40 for breakfast and free for reduced students. Students may purchase a la carte milk for \$.50. All meals served must meet nutrition standards established by the U.S. Department of Agriculture. If a child has a disability, as determined by a licensed medical authority, and the disability prevents the child from eating the regular school meal, the school will make substitutions prescribed by a licensed medical authority. If a substitution is needed, there will be no extra charge for the meal. Please note, however, that the school is not required to make a substitution unless it meets the definition of disability. Please call the school for further information.

Your child can get free school meals if any member of the household receives SNAP, Temporary Assistance for Needy Families (TANF), or benefits from the Food Distribution Program on Indian Reservations (FDPIR). If your total household income is the same or below the amount on the income chart (see below), your child can get meals either free or at a reduced price. To apply, fill out the Free and Reduced Price Meal Application and return it to your child's school.

**Will the form be verified?** Your eligibility may be checked at any time during the school year. School officials may ask you to send written evidence that shows your child should get free or reduced price school meals.

**Can I appeal the school's decision?** You can talk to school officials if you do not agree with the school's decision on your form. You also may ask for a fair hearing by contacting: Shawn Lambert, Assistant Superintendent, Brunswick School Department, 46 Federal St., Brunswick ME (phone: 207-319-1900).

**Will information on my form be kept confidential?** We will use the information on your form to decide if your child should get free or reduced price meals. We may inform officials connected with other child nutrition, health and education programs of the information on your form to determined benefit for those programs or for funding and/or evaluation purposes.

Can I apply for free and reduced price meals later? You may apply for free and reduced price meals at any time during the school year. If you are not eligible now but have a change, like a decrease in household income, an increase in household size, become unemployed or get SNAP, TANF or benefits from FDPIR, complete a form then.

We will notify you if your application has been approved or denied.

Sincerely,

Scott J. Smith, Director of Facilities, Grounds, and Food Service

REDUCED INCOME-School Year 2019-2020	
Household Size	Monthly
1	1,926
2	2,607
3	3,289
4	3,970
5	4,652
6	5,333
7	6015
8	6,696
For each additional family	Member add: 681

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To file a program discrimination complaint, complete the "How to File a Program Discrimination" (USDA Program Discrimination Complaint Form, AD-3027 which can be found on line, or requested by calling 866-632-9992) and at any USDA office, or write a letter addressed to the USDA with all information requested to: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Ave., SW, Washington DC 20250-9410, or fax to (202) 690-7442, or email to: <a href="mailto:program.intake@usda.gov">program.intake@usda.gov</a>.

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The Maine Human Rights Act prohibits discrimination because of race, color, sex, sexual orientation, age, physical or mental disability, genetic information, religion, ancestry or national origin. If you're not sure how the Maine Human Rights Act may apply to you, review the publication "What It Is! How It Works! If you wish to file a discrimination complaint electronically, please go online to "How to File a Program Discrimination" and complete the intake questionnaire.