

## Welcome to the Fred Factor! SCOH Book Study

### *Part 1: What's a Fred?*

#### **CHAPTER 1: THE FIRST FRED (PAGES 3–7)**

As you read over Chapter 1, please answer the following questions:

1. Fred's actions left an impression on the author. What's something about **Fred** that stands out to you?
2. Have you ever met a **Fred** and if so, what was it about this person that made them a **Fred**?
3. If we had a **Fred** award, who would you nominate and why? After all, anyone can be a **Fred**.