

Standards	Standard 1		Standard 2	Standard 3				Standard 4	Standard 5
Rubrics	<b>S1.M21.7</b> <b>Catches with a mature pattern, from different trajectories using a variety of objects in a small-sided game play.</b>  <b>Catching:</b> 1.Focus on object 2.Visual target 3.Move to ball 4.Catch with hands 5.Absorb momentum of object	<b>S1.M5.7</b> <b>Throws while moving, a leading pass to a moving receiver.</b>  <b>Throwing:</b> 1) Side to target, 2)Step with opp. Foot, 3)Execution: weight transfer, rotation, elbow high, 4)Follow-through	<b>S2.M6.7</b> <b>Transitions</b>  <b>Transitions from offense to defense or defense to offense by recovering quickly and communicating with teammates.</b>  <b>Students will transition from offense to defense and defense to offense by recovering quickly and communicating with team mates. Observation with documentation.</b>	<b>S3.M6-14.7</b> <b>Fitness Knowledge</b>  <b>Physical Education Written Common Summative Assessment</b>	<b>S3. M16.7</b> <b>Maintains a physical activity and nutrition log for at least 2 weeks and reflects on activity levels and nutrition as documented in the log.</b>  <b>Use of the Nutrition and Activity Log (available as an IHT resource).</b>	<b>S3.M6.7</b> <b>Participates in moderate to vigorous aerobic physical activity that includes intermittent or continuous aerobic physical activity of both moderate and vigorous intensity for at least 90% or higher (yellow and blue activity zones) of the class time.</b>  <b>Use of the IHT Heart Rate Monitor</b>	<b>S3.M15.7</b> <b>Designs a program of remediation for 2 areas of weakness based on the results of health-related fitness assessment.</b>  <b>Fitnessgram Assessments</b>	<b>S4.M1 ,2, 4, 5, 6, &amp; 7.7</b> <b>Procedures and Personal Responsibility</b>  <b>Demonstrates self-control (e.g., conflict resolution, positive attitude, sportsmanship, etiquette) during physical activities.</b>	<b>S5.M6. 7</b> <b>Working with Others (Social responsibility)</b>  <b>Demonstrate appropriate conflict resolution skills, demonstrates cooperation skills, problem solves with a small group of classmates. (e.g. using "I" message, allowing the right to agree and disagree)</b>
<b>3-Applying</b>	The student can catch a variety of objects in motion from different trajectories at a distance greater than 10 yards in a small-sided game like situation.	The student can throw to partner in motion with force/speed and accuracy using a variety of objects. At a distance greater than 10 yards in a small game like situation.	The student transitioned from offense to defense and defense to offense by revering quickly and communicating with teammates 90% to 100% (4 out of 4 transitions) of the time during a small sided game like situation.	The student scores 15 out of 15 correct on the Physical Education Common Summative Assessment	The student maintains a physical activity and nutrition log for at least 2 weeks and reflects on activity levels and nutrition as documented in the log. The student used correct terminology and displays an in-depth understanding in the reflection where a strong main concept is given and complete sentences are used on the log.	The student participates in moderate to vigorous activity more than 90% of the total exercise time during class	The student designs and shows implementation of a program through logging from 2 areas of weakness based on the results of health-related fitness assessment.	The student has not had any behavior marks. The student listens & follows directions, shows self-control & personal responsibility, works & participates safely, displays proper etiquette, a positive attitude, and conflict resolution without teacher intervention.	The student has not had any behavior marks. The student is caring & helps others, is compassionate, cooperative, uses interpersonal skills and appropriate conflict resolution without rewards or teacher direction.
<b>2-Maturing</b>	The student can catch a variety of objects in a stationary position from different trajectories at a distance greater than 10 yards in a small-sided game like situation.	The student can throw to partner in motion with force/speed and accuracy using a variety of objects. At a distance of 6-9 yards in a small game like situation.	The student transitioned from offense to defense and defense to offense by revering quickly and communicating with teammates 51% to 89% (3 of the 4 transitions) of the time during a small sided game like situation.	The student scores 12-14 out of 15 correct on the Physical Education Common Summative Assessment	The student The student maintains a physical activity and nutrition log for at least 2 weeks and reflects on activity levels and nutrition as documented in the log. The student uses mostly (89% of the time) correct terminology and displays an understanding in the reflection where a strong main concept is given and complete sentences are used on the log.	The student participates in moderate to vigorous activity 80% to 89% of the total exercise time during class.	The student designs and shows implementation of a program through logging from 1 area of weakness based on the results of health-related fitness assessment.	The student has been given 1-3 behavior marks with teacher intervention. The student listens & follows directions, shows self-control & personal responsibility, works & participates safely, displays proper etiquette, a positive attitude, and conflict resolution without teacher intervention.	The student has been given 1- 3 behavior marks with teacher intervention. The student is caring & helps others, is compassionate, cooperative, uses interpersonal skills and appropriate conflict resolution with some teacher direction.
<b>1-Emerging</b>	The student can catch a variety of objects in a stationary position from different trajectories at a distance less than 10 yards in a small-sided game like situation.	The student can throw to partner in motion with force/speed and accuracy using a variety of objects. At a distance less than 5 yards in a small game like situation.	The student transitioned from offense to defense and defense to offense by revering quickly and communicating with teammates 50% or less of the time % (2 or less of the 4 transitions) of the time during a small sided game like situation.	The student scores 9-11 out of 15 correct on the Physical Education Common Summative Assessment.	The student The student maintains a physical activity and nutrition log for less than 2 weeks and reflects on activity levels and nutrition as documented in the log. The student uses some correct terminology (less than 79% of the time) and displays some understanding in the reflection where a strong main concept is given and incomplete sentences are used on the log.	The student participates in moderate to vigorous activity 79% or less of the total exercise time during class.	The student designs a program but does not complete the log on implementation from 1 or 2 areas of weakness based on the results of health-related fitness assessment.	The student has been given 4-6 behavior marks. The student has been given 1-3 behavior marks with teacher intervention. The student seldom listens & follows directions, shows self-control & personal responsibility. He/she does not work & participates safely, displays improper etiquette, attitude, teacher intervention.	The student has been given 4-6 behavior marks. Demonstrates limited self-control with peers, does not cooperative, does not use interpersonal skills and appropriate conflict resolution continuous teacher direction is needed.